### October

### **ANNOUNCEMENTS:**

10/11: Last Day of Saturday Swim Lessons

10/26: Dunkin' for Pumpkins 1-5:30p.m.

10/27: November Water Aerobics Begins



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	2 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	3 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	4 Lap Swim & Gym 8 a.m.—2 p.m.
5	6	7	8	9	10	11*
Closed	Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m.  Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m.  Gym: 6 a.m.–8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
12	13	14	15	16	17	18
Closed	Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
19	20	21	22	23	24	25
Closed	Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
26*	27*	28	29	30	31	
Closed	Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	



# McDowell Mountain Ranch Aquatic & Fitness Center



## **November**

### **ANNOUNCEMENTS:**

11/10: Lifeguard certification class begins

11/11: Alternate hours due to holiday

11/24: Closed for pool resurfacing & facility maintenance projects. Aquatic programming moving to Chaparral Pool.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Lap Swim & Gym 8 a.m.—2 p.m.
2	3	4	5	6	7	8
Closed	Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m.  Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m1 p.m. & 6-8 p.m.  Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.—1 p.m. & 6-8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
9 Closed	10 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	11* Lap Swim & Gym 8 a.m.—1 p.m.	12 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	13 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	14  Lap Swim: 6 a.m1 p.m. & 6-8 p.m.  Gym: 6 a.m8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
16 Closed	Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	18  Lap Swim: 6 a.m1 p.m. & 6-8 p.m.  Gym: 6 a.m8 p.m.	19 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	20 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	21 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
23/30	24*	25	26	27	28	29
Closed	Closed	Closed	Closed	Closed	Closed	Closed



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