

McDowell Mountain Ranch Park and Aquatic Center

2025 Leisure Education Classes—June, July & August

For the most up-to-date class information and to register, please visit Recreation.ScottsdaleAZ.gov

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING 6 - 11 A.M.

AFTERNOON 12 - 4 P.M.

EVENING 5 - 9 P.M.

<p>Barre Express 6:10–7:00 a.m. #46800 (6/2–8/20)</p> <p>Strength Training 9:00–9:55 a.m. #46933 (6/2–8/21)</p> <p>Pilates 10:00–11:00 a.m. #46906 (6/2–8/18)</p>	<p>Zumba 9:15–10:15 a.m. #46995 (6/3–8/19)</p> <p>Zumba Toning 10:30–11:30 a.m. #47001 (6/3–8/19)</p>	<p>Barre Express 6:10–7:00 a.m. #46800 (6/2–8/20)</p> <p>Strength Training – Intermediate/Advanced 8:00–8:55 a.m. #47033 (6/4–8/22)</p> <p>Yoga All Levels 9:30–10:45 a.m. #46983 (7/30–8/27)</p> <p>Pilates Intermediate/Advanced 10:00–11:00 a.m. #46914 (6/4–8/20)</p> <p>Yoga Basics 11:00 a.m.–12:00 p.m. #46984 (7/30–8/27)</p>	<p>Strength Training 9:00–9:55 a.m. #46933 (6/2–8/21)</p>	<p>Strength Training – Intermediate/Advanced 8:00–8:55 a.m. #47033 (6/4–8/22)</p>
	<p>Tot Dance Stars 3:30–4:15 p.m. #49081 (6/3–7/8)</p> <p>Tot Dance Stars 3:30–4:15 p.m. #49092 (7/15–8/19)</p>			
<p>Barre Express 5:45–6:35 p.m. #46799 (6/2–8/18)</p> <p>Hatha Yoga 6:00–7:00 p.m. #47040 (6/2–7/28)</p>	<p>Youth Dance Stars 4:30–5:15 p.m. #49082 (6/3–7/8)</p> <p>Youth Dance Stars 4:30–5:15 p.m. #49093 (7/15–8/19)</p> <p>Totally Toning 5:30–6:30 p.m. #46964 (6/3–8/19)</p> <p>Tai Chi – Beginning 6:00–7:00 p.m. #46950 (6/3–8/19)</p>	<p>Superhero Training 5:00–5:40 p.m. #47960 (6/4–6/25)</p> <p>Superhero Training 5:00–5:40 p.m. #47961 (7/9–7/30)</p> <p>Multi-Sport & Fitness Fun 5:45–6:25 p.m. #47962 (6/4–6/25)</p> <p>Multi-Sport & Fitness Fun 5:45–6:25 p.m. #47963 (7/9–7/30)</p> <p>Yoga – All Levels 6:30–7:45 p.m. #47041 (6/4–7/30)</p>	<p>Core and More 5:30–6:30 p.m. #46829 (6/5–8/21)</p>	

** Class is available for drop-in



McDowell Mountain Ranch
Aquatic and Fitness Center
15525 N. Thompson Peak Pkwy.
Scottsdale, AZ 85260

