

# SCOTTSDALE

# life

YOUR GUIDE TO SCOTTSDALE'S COMMUNITY SERVICES

## FALL 2024

SEPT | OCT | NOV | DEC



*play*



*read*



*seniors*



*serve*



*explore*



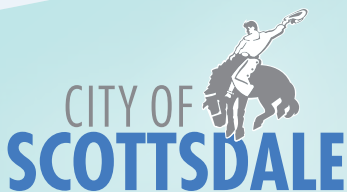
**Parks & Recreation Activities**  
pg. 5

**Library Programs & Info**  
pg. 31

**Senior Centers & Services**  
pg. 43

**Human Services & Resources**  
pg. 50

**McDowell Sonoran Preserve**  
pg. 54



**View this guide online!**

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Activity Guide"

## MAYOR AND COUNCIL

[ScottsdaleAZ.gov/council](http://ScottsdaleAZ.gov/council)

### MAYOR

David D. Ortega

### CITY COUNCIL

#### VICE MAYOR

Barry Graham

#### COUNCILWOMAN

Tammy Caputi

#### COUNCILMEMBER

Tom Durham

#### COUNCILWOMAN

Solange Whitehead

#### COUNCILWOMAN

Betty Janik

#### COUNCILWOMAN

Kathy Littlefield



**Nominate a Scottsdale veteran  
for the city's annual  
street banner recognition  
program held each November.**

**Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and  
search "Salutes" to learn more.**

## COMMUNITY SERVICES BOARDS & COMMISSIONS

[ScottsdaleAZ.gov/boards](http://ScottsdaleAZ.gov/boards)

These volunteer citizen advisory committees advise City Council on Community Services activities.

### PARKS & RECREATION COMMISSION MEMBERS:

Kristen Parrish – Chair  
Teresa Kim Quale – Vice Chair  
Amy Arnold  
Sandy Kull  
Eric Maschhaupt  
Susan McGarry  
Michael Vreeland

### LIBRARY BOARD MEMBERS:

Freda Hartman – Chair  
Enid Seiden – Vice Chair  
Sam Campana  
Natalee Esposito  
George Hartz  
Roselyn O'Connell  
Leslie Totten

### HUMAN SERVICES COMMISSION MEMBERS:

Neal Shearer – Chair  
Mary Jung – Vice Chair  
Patrick Dodds  
Jeff Jameson  
Roger Lurie  
Tricia Serlin  
Stuart Turgel

### MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:

Stephen Coluccio – Chair  
Kerry Olsson – Vice Chair  
Savannah Engelking  
Mark Hackbarth  
Robert Hallagan  
Susan Hirshman  
Ryan Rybarczyk

### SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:

Neal Shearer – Chair  
Mary Jung – Vice Chair  
Leslie Brownell – Participant Member  
Patrick Dodds  
Jeff Jameson  
Roger Lurie  
Tricia Serlin  
Stuart Turgel

Whether it's exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a senior center, taking a bike ride on the green belt or volunteering your time to help neighbors in need – it's all a part of **Scottsdale LIFE**. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created **Scottsdale LIFE** to share what's happening in your community, collaboratively.

You're invited to browse and discover something that interests you.



**SCOTTSDALE PLAYS** - PARKS & RECREATION ..... 5

REGISTRATION INFORMATION ..... 6

TOT CLASSES (0-6 YRS)..... 7

YOUTH CLASSES (5-17 YRS) ..... 9

YOUTH CAMPS & PROGRAMS ..... 11

ADULT CLASSES (14 YRS+)..... 12

AQUATICS ..... 24

ADAPTIVE RECREATION ..... 27

ADULT SPORTS (18 YRS+)..... 28

TENNIS ..... 29

FITNESS CENTERS..... 30

**SCOTTSDALE READS** - LIBRARIES ..... 31

YOUTH PROGRAMS (0-12 YRS) ..... 32

TWEEN & TEEN PROGRAMS (10-18 YRS) ..... 35

ADULT PROGRAMS (18 YRS+) ..... 37

**SCOTTSDALE SENIORS** - SENIOR SERVICES..... 43

COMMUNITY RESOURCES ..... 48

**SCOTTSDALE SERVES** - HUMAN SERVICES

CAREER SERVICES ..... 50

FAMILY & SOCIAL SERVICES ..... 51

NEIGHBORHOOD CENTERS ..... 52

HOUSING & COMMUNITY DEVELOPMENT ..... 53

**SCOTTSDALE EXPLORES** - PRESERVE

PRESERVE INFORMATION ..... 54

SCOTTSDALE COMMUNITY SERVICES MAP ..... 58 & 59

FOR QUESTIONS: SCOTTSDALE LIFE PUBLICATION, CONTACT ALEX SANCHEZ ..... 480-312-7021  
 PARKS AND RECREATION PROGRAMS ..... 480-312-7957  
 SCOTTSDALE PUBLIC LIBRARY ..... 480-312-7323  
 SENIOR CENTERS ..... 480-312-1700

# Scottsdale is the place for you!

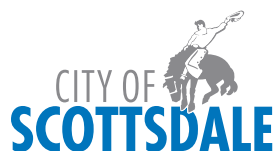
## We are hiring.

If you are looking for  
a job where you:

- make an impact
- have flexible work hours
- can advance and grow

Then the city of Scottsdale  
is where you should be!

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and  
search “jobs” to learn more!



### RECREATION LEADERS

Become part of the team of camp leaders and provide an engaging environment for kids in 1st-8th grades!



### WORK IN THE LIBRARY

Scottsdale's four libraries are looking for great people to join their team!



### BE A LIFEGUARD

Become part of Scottsdale's incredible aquatics team for a fun and rewarding experience!



### MAINTENANCE WORKERS

Join the group who maintain Scottsdale's parks and fields, and make our city beautiful!



# SCOTTSDALE

# plays



## SCOTTSDALE PARKS & RECREATION

SEPT | OCT | NOV | DEC 2024

### Activity Guide

FALL REGISTRATION: RESIDENTS, JULY 29 AT 8 AM / NON-RESIDENTS, AUG. 1 AT 8 AM

Don't miss our **NEW**  
Adult fitness, yoga,  
language, art classes  
and more!

See pg. 12 for details



**LEARN TO SWIM  
WITH SCOTTSDALE AQUATICS!**

Learn more on pg. 24



**REGISTRATION**

**QUESTIONS?**

Call us before  
July 26 so we can guide  
you through the process,  
making registration  
a breeze!

**480-312-7957**

## REGISTRATION INFORMATION

**REGISTRATION STARTS AT 8 A.M.**



**REGISTER ONLINE**  
**Recreation.ScottsdaleAZ.gov**

*(Quickest way to register)*



**REGISTER BY PHONE**  
**480-312-7957**

*(Expect delays on registration days)*



**PAYMENT**  
must be made  
at the time of  
registration



**WE ACCEPT**  
American Express,  
Visa, MasterCard  
and Discover

## GENERAL INFORMATION

**Refund Policy** – Unless otherwise stated, all program refunds shall be prorated, less a \$10 processing fee, up to and including the 2<sup>nd</sup> class. No refunds after the 2<sup>nd</sup> class date. Classes priced at \$10 or less are nonrefundable.

**Corrections & Updates** – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city’s website for up-to-date information.

**Fee Assistance Program** – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale’s corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit [ScottsdaleAZ.gov/parks/fee-assistance](http://ScottsdaleAZ.gov/parks/fee-assistance) or call 480-312-7957.

**Resident?** – Residents are citizens who live in or own property within the city of Scottsdale’s Corporate City Boundaries, and pay taxes to the city of Scottsdale.

### REGISTRATION QUESTIONS?

Call us before July 26 so we can guide you through the process, making registration a breeze!  
**480-312-7957**

**AMERICANS WITH DISABILITIES ACT** – The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

\*Instructors subject to change.

## FACILITY CODES

CODE	FACILITY NAME	ADDRESS
ADSC	Adaptive Services Center	8102 E. Jackrabbit Road
BGPB	Boys & Girls Club of Greater Scottsdale – Piper Branch	10515 E. Lakeview Drive
BGTB	Boys & Girls Club of Greater Scottsdale – Thunderbirds Branch	20199 N. 78th Place
CACT	Cactus Park & Aquatic Center	7202 E. Cactus Road
CCLB	Civic Center Library	3939 N. Drinkwater Blvd.
CHAA	Chaparral Aquatic Center	5401 N. Hayden Road
CHAP	Chaparral Park & Community Ctr.	5401 N. Hayden Road
CHES	Chesnutt Park	4565 N. Granite Reef Road
CHPS	Chaparral High School	6935 E. Gold Dust Road
CPRG	Copper Ridge School	10101 E. Thompson Peak Pkwy.
CSAR	Club SAR	8055 E. Camelback Road
ELDO	Eldorado Park & Community Ctr.	2311 N. Miller Road
ELDA	Eldorado Aquatic Center	2301 N. Miller Road
ELSO	Eldorado South Building	1909 N. Miller Road
FENP	Florence Ely Nelson Desert Park	8950 E. Pinnacle Peak
GPCK	George "DOC" Cavallier Park	27775 N. Alma School Pkwy.
GRSC	Granite Reef Senior Center	1700 N. Granite Reef Road
HRZN	Horizon Community Center	15444 N. 100th St.
ISPK	Indian School Park	4289 N. Hayden Road
MCRR	McCormick Stillman Railroad Park	7301 E. Indian Bend Road
MMRA	McDowell Mtn Ranch Aquatics	15525 N. Thompson Peak Pkwy.
MSP	McDowell Sonoran Preserve	18333 N. Thompson Peak Pkwy.
MTNV	Mountain View Park	8625 E. Mountain View Road
MUST	Mustang Library	10101 N. 90th St.
NYCD	North Corp Yard	9191 E. San Salvador Drive
PNCC	Paiute Neighborhood Center	6535 E. Osborn Road
PPEC	Pinnacle Peak Equestrian Center	3701 E. Pinnacle Peak Road
PMPK	Pima Park	8600 E. Thomas Road
PPPK	Pinnacle Peak Park	26802 N. 102nd Way
RIMO	Rio Montaña Park	11180 N. 132nd St.
SPFD	Scottsdale Police/Fire Dept.	8401 E. Indian School Road
SRPK	Scottsdale Ranch Park	10400 E. Via Linda
SSCX	Scottsdale Sports Complex	8081 E. Princess Drive
STAD	Scottsdale Stadium	7408 E. Osborn Road
SWTS	Solid Waste Transfer Station	8417 E. Union Hills Drive
VCCC	Vista Del Camino Community Center	7700 E. Roosevelt
VLSC	Via Linda Senior Center	10440 E. Via Linda
VSTA	Vista Del Camino Park	7700 E. Roosevelt

## TOT CLASS GUIDELINES

- For your child's safety, accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes if required.

## ART

### NEW YOUNG REMBRANDTS - BABY ANIMALS, DRAWING WORKSHOP

(5-7yrs) Embark on an enchanting journey through the diverse world of baby animals. Transition into the whimsical Kawaii style, capturing those irresistibly cute, wide-eyed creatures. The week culminates in a grand composition, a testament to the skills and passion ignited throughout the workshop. Perfect for young artists eager to explore varied artistic styles while celebrating the charm of baby animals. Enroll today for a blend of creativity and cuteness!

Sa 10:30-11:30 am 9/28(7classes) HRZN \$75(R)/\$113(N) Young Rembrandts 43018

## DANCE

### CREATIVE MOVEMENT

(1-3yrs and parent/caregiver) Designed to introduce music and movement through interaction and creative activities. Participants will be dancing to their favorite nursery rhymes using basic dance concepts. This program develops motor skills, sociability, and gives kids a fun hands on introduction to the world of dance. We encourage parent/caregiver participation.



Th	9:15-10 am	9/12(6classes)	MTNV	\$75(R)/\$113(N)	Dance Sequins Studio	42920
Th	10:05-10:50 am	9/12(6classes)	MTNV	\$75(R)/\$113(N)	Dance Sequins Studio	42929
Th	9:15-10 am	10/31(6classes)	MTNV	\$75(R)/\$113(N)	Dance Sequins Studio	42921
Th	10:05-10:50 am	10/31(6classes)	MTNV	\$75(R)/\$113(N)	Dance Sequins Studio	42932

### DANCE COMBO

Learn basic tap and creative ballet movements. Students will be introduced to the joy of dance as a recreational activity through studio quality classes. For this class, the instructor requests that parents/caregiver do not stay in the room while the class is in session. On the last day of class, they will perform a special dance routine and skills they have learned throughout the session.

(3-6yrs)

M	5-5:45 pm	9/9(6classes)	CACT	\$75(R)/\$113(N)	Dance Sequins Studio	42927
M	5-5:45 pm	11/4(5classes)	CACT	\$64(R)/\$96(N)	Dance Sequins Studio	42930

(3-5yrs)

Tu	4:30-5:15 pm	9/10(5classes)	CACT	\$64(R)/\$96(N)	Dance Sequins Studio	42928
Tu	4:30-5:15 pm	11/5(6classes)	CACT	\$75(R)/\$113(N)	Dance Sequins Studio	42931

## BALLET

Introduce your tot to new ways to move with music in a fun and constructive way. Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. The instructor requests that parents/caregiver do not stay in the room while the class is in session. At the end of the session you will be invited to see the children's progress and new skills.

(4-6yrs)

Tu	3:55-4:40 pm	9/10(7classes)	MMRA	\$56(R)/\$84(N)	Martin	43109
Tu	3:55-4:40 pm	10/29(8classes)	MMRA	\$63(R)/\$95(N)	Martin	44875

(3-5yrs)

Tu	3:05-3:50 pm	9/10(7classes)	MMRA	\$56(R)/\$84(N)	Martin	43110
Tu	3:05-3:50 pm	10/29(8classes)	MMRA	\$63(R)/\$95(N)	Martin	44876

## DANCE STARS

(2-5yrs) With Tot Dance Stars, our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

Tu	9:30-10:15 am	9/10(6classes)	HRZN	\$58(R)/\$87(N)	Stretch-n-Grow	43113
Tu	9:30-10:15 am	10/29(6classes)	HRZN	\$58(R)/\$87(N)	Stretch-n-Grow	43115
Th	3:30-4:15 pm	9/12(7classes)	MMRA	\$66(R)/\$99(N)	Stretch-n-Grow	43114
Th	3:30-4:15 pm	10/31(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	43116

## SPORTS

### 3-SPORT MULTI-SPORT

(3-5yrs) We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases and shoot and dribble a basketball. Each participant will need to bring their own, age-appropriate soccer ball for the first week of class, as well as their own tee/bat, and basketball for later in the session.

F	3:45-4:30 pm	9/13(6classes)	CACT	\$93(R)/\$140(N)	B.E.S.T. Sports	42857
F	3:45-4:30 pm	11/1(6classes)	CACT	\$93(R)/\$140(N)	B.E.S.T. Sports	42859

### BASKETBALL SKILLS & DRILLS

(3-5yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position.

F	4:35-5:20 pm	9/13(6classes)	CACT	\$93(R)/\$140(N)	B.E.S.T. Sports	42878
F	4:35-5:20 pm	11/1(6classes)	CACT	\$93(R)/\$140(N)	B.E.S.T. Sports	42880

## GYMNASTICS

**(4-5yrs)** Gymnastics develops strength, flexibility, confidence, self-discipline, and body control. Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, bar strengthening, stretches, and conditioning. This program is designed for each student to achieve the best of their ability and become champions in life.

Sa	1-1:45 pm	9/14(5classes)	CACT	\$40(R)/\$60(N)	Schaffer	42956
Sa	1-1:45 pm	11/21(6classes)	CACT	\$46(R)/\$69(N)	Schaffer	42957

## MULTI-SPORT & FITNESS FUN

**(3-6yrs)** Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

Th	6:05 - 6:50 pm	9/12(5classes)	CHAP	\$97(R)/\$146(N)	JumpBunch	42983
Th	6:05 - 6:50 pm	10/24(5classes)	CHAP	\$97(R)/\$146(N)	JumpBunch	42984

## MULTI-SPORT & FITNESS FUN JR

Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

M	9:15 - 9:55 am	9/9(6classes)	MTNV	\$114(R)/\$171(N)	JumpBunch	42985
M	10 - 10:40 am	9/9(6classes)	MTNV	\$114(R)/\$171(N)	JumpBunch	42986
M	9:15 - 9:55 am	10/21(7classes)	MTNV	\$131(R)/\$197(N)	JumpBunch	42987
M	10 - 10:40 am	10/21(7classes)	MTNV	\$131(R)/\$197(N)	JumpBunch	42988



## OUTDOOR SOCCER

Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

**(2-3yrs)**

Tu	4:15 - 5 pm	9/10(6classes)	CPRG	\$82(R)/\$123(N)	Hatfield	43038
F	9 - 9:45 am	9/13(6classes)	MTNV	\$82(R)/\$123(N)	Hatfield	43037
Tu	4:15 - 5 pm	10/22(7classes)	CPRG	\$94(R)/\$141(N)	Hatfield	43040
F	9 - 9:45 am	10/25(6classes)	MTNV	\$82(R)/\$123(N)	Hatfield	43039

**(3-4yrs)**

Tu	10 - 10:45 am	9/10(6classes)	HRZN	\$82(R)/\$123(N)	Hatfield	43031
Tu	10 - 10:45 am	10/22(7classes)	HRZN	\$94(R)/\$141(N)	Hatfield	43036

**(3-5yrs)**

M	3 - 3:45 pm	9/9(6classes)	CACT	\$82(R)/\$123(N)	Hatfield	43029
M	3 - 3:45 pm	10/21(6classes)	CACT	\$82(R)/\$123(N)	Hatfield	44896

**(4-6yrs)**

W	4:15 - 5 pm	9/11(6classes)	CPRG	\$82(R)/\$123(N)	Hatfield	43032
W	4:15 - 5 pm	10/23(5classes)	CPRG	\$70(R)/\$105(N)	Hatfield	43033

**(5-7yrs)**

M	4 - 4:45 pm	9/9(6classes)	CACT	\$82(R)/\$123(N)	Hatfield	43030
M	4 - 4:45 pm	10/21(6classes)	CACT	\$82(R)/\$123(N)	Hatfield	44897

## NEW SUPER SOCCER STARS PARENT & ME

**(1-2yrs and parent/caregiver)** Join our coach and puppet friends, Mimi and Pepe, as we take toddlers through a world of exciting physical activity. Play based activities and engaging original music is used to develop pre-soccer skills in a fun and nurturing environment.

W	9:15 - 9:55 am	9/11(6classes)	MTNV	\$114(R)/\$171(N)	Super Soccer Stars	45224
W	9:15 - 9:55 am	10/23(7classes)	MTNV	\$131(R)/\$197(N)	Super Soccer Stars	45225

## NEW SUPER SOCCER STARS JR

**(2-3yrs and parent/caregiver)** An exciting physical learning experience allowing your child to improve their natural ability in a fun and engaging way, with aspects of parent participation incorporated into the curriculum. Classes include fun dribbling and shooting activities to teach positive social interaction and the basic skills of soccer!

W	10 - 10:40 am	9/11(6classes)	MTNV	\$114(R)/\$171(N)	Super Soccer Stars	45226
W	10 - 10:40 am	10/23(7classes)	MTNV	\$131(R)/\$197(N)	Super Soccer Stars	45227

## SUPER SOCCER STARS

**(3-4yrs)** Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

Tu	5:15 - 6 pm	10/22(6classes)	ELDO	\$114(R)/\$171(N)	Super Soccer Stars	43057
----	-------------	-----------------	------	-------------------	--------------------	-------

## SUPERHERO TRAINING

**(3-6yrs)** We focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so much more!

W	5 - 5:40 pm	9/18(4classes)	MMRA	\$79(R)/\$119(N)	JumpBunch	44880
W	5:45 - 6:25 pm	9/18(4classes)	MMRA	\$79(R)/\$119(N)	JumpBunch	44881
Th	5:15 - 6 pm	9/12(5classes)	CHAP	\$97(R)/\$146(N)	JumpBunch	43084
W	5 - 5:40 pm	10/23(6classes)	MMRA	\$114(R)/\$171(N)	JumpBunch	43086
W	5:45 - 6:25 pm	10/23(6classes)	MMRA	\$114(R)/\$171(N)	JumpBunch	43087
Th	5:15 - 6 pm	10/24(5classes)	CHAP	\$97(R)/\$146(N)	JumpBunch	43085

## YOGA STARS

Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength and breathing techniques. With our engaging weekly sessions, our stars explore simple yoga poses with songs, props, and stories.

**(18mo-3yrs parent/caregiver)**

F	9:30 - 10:15 am	9/13(6classes)	CACT	\$58(R)/\$87(N)	Stretch-n-Grow	43160
F	9:30 - 10:15 am	11/1(5classes)	CACT	\$50(R)/\$75(N)	Stretch-n-Grow	43161

**(4-6yrs)**

W	3:30 - 4:15 pm	9/11(7classes)	MMRA	\$66(R)/\$99(N)	Stretch-n-Grow	43013
W	3:30 - 4:15 pm	10/30(7classes)	MMRA	\$66(R)/\$99(N)	Stretch-n-Grow	43014





## HOBBIES & INTEREST

### CARS, TRUCKS AND THINGS THAT GO VROOOOM! TRIP

**(2-5yrs and parent/caregiver)** Is your child thrilled at the sight of trash trucks, police cars and fire trucks? Register to get an up close look at some of the city's most exciting and important vehicles. This class is designed for parent and child interaction. Please wear closed toe shoes to be able to participate.

F	9-9:55 am	10/18(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	44440
F	10:30-11:25 am	10/18(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	44441
F	9-9:55 am	12/20(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	44442
F	10:30-11:25 am	12/20(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	44443

### NEW HOW TO RIDE A BIKE FOR KIDS

**(5-11yrs)** Is your child struggling to learn how to ride their bike? Our very own Scottsdale PD will assist in teaching your child about bike safety and how to ride a bike. Please bring your own bike, helmet and closed toe shoes. Parents need to stay onsite for this class.



Sa	8-10 am	10/12(1class)	CHAP	\$15(R)/\$20(N)	Leisure Education	45228
----	---------	---------------	------	-----------------	-------------------	-------

### TRAIN TRIP

**(2-5yrs old and parent/caregiver)** Come behind the scenes at the Paradise & Pacific Railroad. You and your child will learn about diesel engines and steam locomotives during this tour of the train shed at McCormick-Stillman Railroad Park. Then we will board the train for a ride over the trestles and around the park. One child per parent permitted. This class is designed for parent and child interaction. Only children who are registered for this class may attend.

Tu	9:30-10:30 am	10/15(1class)	MCRR	\$11(R)/\$17(N)	Leisure Education	43118
----	---------------	---------------	------	-----------------	-------------------	-------

### NEW TRASH TRUCK TRIP

**(2-5 years and parent/caregiver)** Is your child thrilled at seeing a garbage truck picking up trash cans? Register to get a behind-the-scenes tour of the Trash Transfer Station. See what happens to your trash, and look closely at the excellent garbage truck! This class is designed for Parent and Child interaction. Only children who are registered for this class will be allowed to attend. One child per parent permitted.

F	10:30-11:30 am	10/25(1class)	SWTS	\$13(R)/\$17(N)	Leisure Education	43120
F	9-10 am	12/13(1class)	SWTS	\$13(R)/\$17(N)	Leisure Education	43121
F	9-10 am	10/25(1class)	SWTS	\$13(R)/\$17(N)	Leisure Education	43122
F	10:30-11:30 am	12/13(1class)	SWTS	\$13(R)/\$17(N)	Leisure Education	43123

### XERISCAPE GARDEN TOUR AND NATURE DISCOVERY

**(2-5yrs and parent/caregiver)** Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. See amazing desert plants and learn how they survive in an arid desert. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor classrooms. This class is designed for Parent and Child interaction. Only children who are registered for this class will be allowed to attend. One child per parent permitted.

Tu	9:30-10:30 am	11/5(1class)	CHAP	\$5(R)/\$8(N)	Leisure Education	43131
----	---------------	--------------	------	---------------	-------------------	-------

## ART

### YOUNG REMBRANDTS - COOKING AND BAKING, DRAWING WORKSHOP

**(8-13yrs)** Young chefs and artists will join forces to cook up one of the tastiest workshops yet. Young Rembrandts students will learn to illustrate the thing we all love to do - eat! Prepare for artwork that looks good enough to eat! Register your artistic chef now!

Tu	5:15-6:15 pm	9/24(7classes)	CHAP	\$75(R)/\$113(N)	Young Rembrandts	43017
----	--------------	----------------	------	------------------	------------------	-------

## DANCE

### DANCE AND CHEER

**(5-9yrs)** This is an upbeat dance and cheer course for youth teaching the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique, and a dance routine. Boys and girls will dance to popular music they love while increasing self-confidence and coordination. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

Tu	5:20-6:05 pm	9/10(5classes)	CACT	\$64(R)/\$96(N)	Dance Sequins Studio	42925
Tu	5:20-6:05 pm	11/5(6classes)	CACT	\$75(R)/\$113(N)	Dance Sequins Studio	42926

### DANCE FUSION

**(6-13yrs)** Learn upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves, and across the floor jazz technique. Students will dance to popular music they love while getting a full body workout that develops strength, musicality, coordination, and building confidence. A special showcase will be held on the last day of class for family and friends.

M	5:50-6:35 pm	9/9(6classes)	CACT	\$75(R)/\$113(N)	Dance Sequins Studio	42933
M	5:50-6:35 pm	11/4(5classes)	CACT	\$64(R)/\$96(N)	Dance Sequins Studio	42934

### DANCE STARS

**(5-8yrs)** Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

Th	4:30-5:15 pm	9/12(7classes)	MMRA	\$66(R)/\$99(N)	Stretch-n-Grow	43162
Th	4:30-5:15 pm	10/31(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	43163

## SPORTS

### 3-SPORT MULTI-SPORT

**(6-9yrs)** Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F	5:25-6:10 pm	9/13(6classes)	CACT	\$93(R)/\$140(N)	B.E.S.T. Sports	42858
F	5:25-6:10 pm	11/1(6classes)	CACT	\$93(R)/\$140(N)	B.E.S.T. Sports	42860





### BASKETBALL SKILLS & DRILLS

**(6-9yrs)** Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

F	6:15-7 pm	9/13(6classes)	CACT	\$93(R)/\$140(N)	B.E.S.T. Sports	42879
F	6:15-7 pm	11/1(6classes)	CACT	\$93(R)/\$140(N)	B.E.S.T. Sports	42881

### GYMNASTICS

**(6-9yrs)** Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

Sa	2-3 pm	9/14(5classes)	CACT	\$40(R)/\$60(N)	Schaffer	42954
Sa	2-3 pm	11/2(6classes)	CACT	\$46(R)/\$69(N)	Schaffer	42955

### KOKIKAI KIDS - MARTIAL ARTS

**(8-13yrs)** Kokikai Kids is an introductory martial arts class. Students will engage in activities such as stretching, rolling, conditioning exercises and movement for self-defense. Youth may come away from this class with increased confidence, mind-body awareness, and an appreciation for traditional martial arts. Please wear loose, athletic clothing.

W	6-6:50 pm	9/11(6classes)	MTNV	\$39(R)/\$59(N)	Barker	42970
W	6-6:50 pm	10/30(6classes)	MTNV	\$39(R)/\$59(N)	Barker	42971

### OUTDOOR SOCCER

**(7-11yrs)** Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

Th	4:15-5 pm	9/12(6classes)	CPRG	\$82(R)/\$123(N)	Hatfield	43034
Th	4:15-5 pm	10/24(5classes)	CPRG	\$70(R)/\$105(N)	Hatfield	43035

### SUPER SOCCER STARS

**(5-6yrs)** All soccer skill levels are welcome. Our Soccer Stars coaches will assess each child to make sure they are learning at their own pace. Some of the soccer specific drills we teach are based around dribbling, kicking, passing and shooting. We will play several games to help enhance children's soccer skills, while also building a sense of teamwork in a fun and safe environment.

Tu	6:05-6:50 pm	10/22(6classes)	ELDO	\$114(R)/\$171(N)	Super Soccer Stars	43062
----	--------------	-----------------	------	-------------------	--------------------	-------

### YOGA STARS

**(7-10yrs)** Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. Our creative curriculum will have your Yoga Stars increasing their endurance, concentration, and confidence!

W	4:30-5:15 pm	9/11(7classes)	MMRA	\$66(R)/\$99(N)	Stretch-n-Grow	43015
W	4:30-5:15 pm	10/30(7classes)	MMRA	\$66(R)/\$99(N)	Stretch-n-Grow	43016

## FIRST AID & SAFETY

### CHILDCARE AND BABYSITTER SAFETY

**(12-18yrs)** The program discusses the importance of responsibility, teaches you to recognize an emergency and take the correct action. You will hear about personal safety, fire and water safety and basic first aid and choking management. Please send child with a sack lunch. Please arrive promptly as doors will be locked and late arrivals will not be able to access the room. No refunds will be given after class starts.

Sa	9-3 pm	11/16(1class)	SPFD	\$75(R)/\$75(N)	Scottsdale Fire Department	42918
----	--------	---------------	------	-----------------	----------------------------	-------

## HOBBIES & INTEREST

### BRICKS 4 KIDZ LEGO® CAMP - SUPER HEROES WITH LEGO® BRICKS

**(5-11yrs)** Join Bricks 4 Kidz for a week building Super Heroes with LEGO® bricks. Campers will recognize a family of incredible heroes, hero guardians in space, teen heroes, and of course their favorite classic heroes. LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorize or endorse these programs.

M-F	9 am-Noon	10/7(5classes)	CHAP	\$166(R)/\$249(N)	Kretsch	42895
-----	-----------	----------------	------	-------------------	---------	-------

### NEW HOW TO RIDE A BIKE FOR KIDS

**(5-11yrs)** Is your child struggling to learn how to ride their bike? Our very own Scottsdale PD will assist in teaching your child about bike safety and how to ride a bike. Please bring your own bike, helmet, and closed toe shoes. Parents need to stay onsite for this class.

Sa	8-10 am	10/12(1class)	CHAP	\$15(R)/\$20(N)	Leisure Education	45228
----	---------	---------------	------	-----------------	-------------------	-------

### NEW BELIEVE IT OR NOT CAMP®

**(6-11yrs)** You and a STEam Team® of friends will take on unbelievable ENGINEERING CHALLENGES inspired by zany, wacky, wild, 100% true facts! From amazing animals to extreme sports; from epic earthquakes to outer space; from breathtaking rescues to crazy competitions - Believe It Or Not Island is sure to be an all time record breaker!

M Tu W Th F	11:15 am-2:15 pm	10/7(5classes)	MTNV	\$145(R)/\$218(N)	Nathan	43008
-------------	------------------	----------------	------	-------------------	--------	-------

## MUSIC

### PIANO/KEYBOARDING

**(5-12yrs)** Elements is an innovative piano program designed to give your child the best opportunity for a successful start on the piano keyboard. Elements is a musical adventure that includes the fundamentals that are key to learning the piano; note reading, music theory, rhythm, chords, piano technique and all the skills needed to play the music from class. Keyboards are provided for students class use; recital held for family and friends on the last day of class.

Sa	9:15-10:15 am	9/14(6classes)	HRZN	\$124(R)/\$186(N)	Elements Music	43047
Sa	9:15-10:15 am	11/2(6classes)	HRZN	\$124(R)/\$186(N)	Elements Music	43048





## FALL BREAK CAMPS

### RECREATION CAMPS

Don't sit home bored during fall break! Participate in fun and exciting recreational activities including crafts, sports, games, and much more. A morning and afternoon snack will be provided daily. A lunch with drink is required for all participants.

#### HORIZON COMMUNITY CENTER - 1<sup>ST</sup> - 6<sup>TH</sup> GRADES

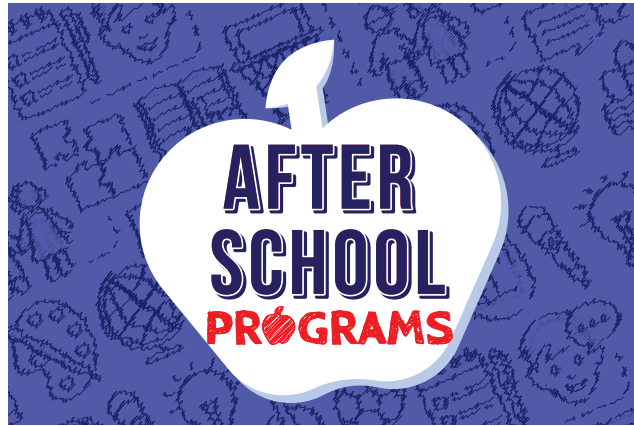
15444 N. 100th St. | 480-312-2650

M-F	8 am-5 pm	10/7-10/11	\$160	45192
-----	-----------	------------	-------	-------

#### HOHOKAM ELEMENTARY SCHOOL - 1<sup>ST</sup> - 5<sup>TH</sup> GRADES

8451 E. Oak St. | 480-312-2329

M-F	8 am-5 pm	10/7-10/11	\$160	45193
-----	-----------	------------	-------	-------



## AFTER-SCHOOL PROGRAMS

### ELEMENTARY PROGRAMS - \$650

Trained Recreation professionals will provide structured, engaging recreational and educational activities that include arts & crafts, games, sports, fitness and specialty programs.

M-F	School Release-6pm	8/5/24-5/22/25	\$650
-----	--------------------	----------------	-------

### COMMUNITY CENTER PROGRAMS

For students in grades 1-6 as of fall 2024.

#### Horizon Community Center

15444 N. 100<sup>th</sup> St. | 480-312-2650

1 <sup>st</sup> thru 6 <sup>th</sup> Grade	45186
--	-------

#### Mountain View Community Center

8625 E. Mountain View Road | 480-312-2584

1 <sup>st</sup> thru 6 <sup>th</sup> Grade	45187
--	-------

### SCHOOL COLLABORATION PROGRAMS - 480-312-2329

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2024. Snack will be provided by Scottsdale Unified School District.

#### Hohokam | 8451 E. Oak St.

K thru 5 <sup>th</sup> Grade	45185
------------------------------	-------

#### Navajo | 4525 N. Granite Reef Road

K thru 5 <sup>th</sup> Grade	45188
------------------------------	-------

#### Echo Canyon | 4330 N. 62nd St.

K thru 5 <sup>th</sup> Grade	45184
------------------------------	-------

#### Yavapai | 701 N. Miller Road

K thru 5 <sup>th</sup> Grade	45189
------------------------------	-------

City of Scottsdale After-School Programs are not licensed childcare under ARS section 23-882.

Register at [Recreation.ScottsdaleAZ.gov](https://Recreation.ScottsdaleAZ.gov) and search "After-School Programs."

**PARENT'S NIGHT OUT**

## The Great Elf Escape

Your child is invited to spend an evening at the Horizon Community Center for supervised activities including reindeer games, merry-little crafts, an ugly sweater contest and pizza.

Please sign up early, as registration is limited. Your child must be picked up by 10 p.m. or a late fee will be assessed.

For youth in Grades 1-6

**Friday, Dec. 6 | 6 - 10 p.m.**  
 Cost: \$15 (R) / \$19 (NR) per participant  
 Course # 45195

## ART

To view the supply list for classes, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Art Supply."

### ADVANCED OIL PAINTING

(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits, and special effect painting, including challenging elements; such as hair, fur, ice cubes, glass/reflections and more.

M	4:45-7:45 pm	9/9(7classes)	\$78(R)/\$117(N)	VLSC	Fried 42868
M	4:45-7:45 pm	10/28(6classes)	\$68(R)/\$102(N)	VLSC	Fried 42869

### DRAW/PAINT

Have the freedom to use any medium you choose, pencil, colored pencils, pastels, watercolor, oil and acrylic. Teacher emphasis is on individual attention and projects. \$1 nonrefundable cash supply fee is due to instructor on first day of class. Must be present at first class for orientation and demonstrations.

(18yrs)

Tu	6:30-9:30 pm	9/10(13classes)	\$179(R)/\$269(N)	ELDO	Chestney 42941
W	9:30 am-12:30 pm	9/11(13classes)	\$179(R)/\$269(N)	ELDO	Chestney 42942
W	1-4 pm	9/11(13classes)	\$179(R)/\$269(N)	ELDO	Chestney 42945
Th	9:30 am-12:30 pm	9/12(13classes)	\$179(R)/\$269(N)	ELDO	Chestney 42943
Th	1-4 pm	9/12(13classes)	\$179(R)/\$269(N)	ELDO	Chestney 42946
Th	9 am-12 pm	9/12(7classes)	\$106(R)/\$159(N)	VLSC	Consalvo 42944
Th	9 am-12 pm	10/31(6classes)	\$92(R)/\$138(N)	VLSC	Consalvo 42947

### DRAWING

(18yrs) Focus on the basic fundamentals of drawing, learning various techniques including: perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils and charcoal

W	9:15 am-12:15 pm	10/2(7classes)	\$98(R)/\$147(N)	HRZN	Milman 42994
---	------------------	----------------	------------------	------	--------------

### DRAWING STUDIO

(18yrs) Welcome beginners, intermediate, and advanced artists. Focus on the basic fundamentals of drawing, learning various techniques including: perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils and charcoal.

Tu	1-4 pm	9/10(7classes)	\$106(R)/\$159(N)	VLSC	Consalvo 42948
Tu	1-4 pm	10/29(6classes)	\$92(R)/\$138(N)	VLSC	Consalvo 42949

### BEGINNING OIL PAINTING

(18yrs) In this introduction to oil painting, you will learn the basics of supplies, setting up your palette, beginning a painting, brush strokes, application, and more. You will complete at least one or more paintings of pictures I have chosen that are doable by all beginners, with guidance along the way. Anyone who really wants to learn, can and will, in a relaxed environment. Must attend first class.

W	4:45-7:45 pm	9/11(7classes)	\$78(R)/\$117(N)	VLSC	Fried 42885
W	4:45-7:45 pm	10/30(6classes)	\$68(R)/\$102(N)	VLSC	Fried 42886

### INTRO TO ART

(18yrs) Get comfortable with the core concepts in creating visual art. Play, explore and try a variety of mediums along the way! Great for curious beginners or getting back into creating. Lessons explore color, composition, patterns, perspectives, style and brief art history. All art materials and paper will be provided.

Th	5-7:30 pm	9/12(6classes)	\$78(R)/\$117(N)	VLSC	Dugie 43002
----	-----------	----------------	------------------	------	-------------

### NEW COLLAGE BASICS

(18yrs) We'll explore the basics of paper collage from collecting materials to creating a layout. We'll start with materials from the class kit and progress using the materials you'll bring from your stash. A kit fee of \$7 cash will be collected in class in addition to the course registration fee.

Sa	10 am-12:30 pm	10/19(1class)	\$20(R)/\$30(N)	HRZN	Busch 42993
----	----------------	---------------	-----------------	------	-------------

### NEW COLORED PENCILS

(18yrs) Learn how to create rich, vibrant artworks with colored pencils and become familiar with fundamental layering and blending techniques. Experiment with color, texture, and light to create artful illustrations.



M	5-7:30 pm	9/9(7classes)	\$97(R)/\$146(N)	ELDO	Gin 44891
M	5-7:30 pm	10/28(6classes)	\$84(R)/\$126(N)	ELDO	Gin 44892

### NEW DAY OF THE DEAD SHADOW BOX

(18yrs) A shadow box or Nicho, is a way to remember a special person to display for the holiday or year-round. We'll create a small Mexican/Southwest themed Nicho for your chosen honoree. A kit fee of \$10 cash will be collected in class in addition to the course registration fee.

Sa	10 am-12:30 pm	10/5(1class)	\$20(R)/\$30(N)	HRZN	Busch 42992
----	----------------	--------------	-----------------	------	-------------

### NEW EXTREME GIFT WRAPPING

(16yrs) Gift wrapping as you have never seen before! During this two session class, you will create two stunning and unique "Presentation Gift Boxes" (which can also be used as a home decoration or centerpiece). All supplies, boxes or baskets, and instructions will be provided for the class. A \$15 supply fee (cash only) will be collected at the first class.

Sa	9-10:30 am	10/5(2classes)	\$25(R)/\$38(N)	VLSC	Dupuis 44780
----	------------	----------------	-----------------	------	--------------

### NEW FLOWERS & BIRDS COMPOSITION PAINTING WORKSHOP

(18yrs) At this workshop, students are going to learn one-stroke painting technique. At the end of workshop, every student will create, vibrant and colorful, decorative composition that they can beautify any room with.

Tu	4:45-7:45 pm	11/5(2classes)	\$41(R)/\$62(N)	VLSC	Kalayda 44494
----	--------------	----------------	-----------------	------	---------------

### NEW GEL PRINTING PLAY DATE

(18yrs) Bring your gel plate and mark making tools for a play date to explore mono-print making. We'll review the basic gel plate tools and explore various printing techniques to create amazing prints on paper and you'll experience a delightful surprise when "pulling" prints from the plate. A \$5.00 cash kit fee will be collected in class in addition to the course registration fee.

Sa	10 am-1 pm	9/21(1class)	\$22(R)/\$33(N)	HRZN	Busch 44848
----	------------	--------------	-----------------	------	-------------

**NEW GUIDED PAINTING: AUTUMN TREES**

(18yrs) Paint along with a guided tutorial of a beautiful autumn tree inspired by the colors of fall, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply fee due to instructor on the 1st day of class.

Tu 5-7:30 pm 10/22(1class) \$23(R)/\$35(N) VLSC Dugie 44840

**NEW GUIDED PAINTING: DECK THE HALLS WITH POP ART**

(18yrs) Paint along with a guided tutorial of festive holiday decor, inspired by the colors and patterns of Pop Art, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply fee due to instructor on the 1st day of class.

Tu 5-7:30 pm 12/10(1class) \$23(R)/\$35(N) VLSC Dugie 44839

**NEW GUIDED PAINTING: HOLIDAY WREATH**

(18yrs) Paint along with a guided tutorial of an inviting festive wreath, inspired by the colors of the holidays, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply fee due to instructor on the 1st day of class.

Th 9:30 am-12 pm 12/5(1class) \$23(R)/\$35(N) HRZN Dugie 44838

**NEW GUIDED PAINTING: INSPIRED BY MONDRIAN SQUARES**

(18yrs) Paint along with a guided tutorial of modern art inspired by the artist Piet Mondrian, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply fee due to instructor on the 1st day of class.

Tu 5-7:30 pm 11/19(1class) \$23(R)/\$35(N) GRSC Dugie 43000

**NEW GUIDED PAINTING: SUGAR SKULLS**

(18yrs) Paint along with a guided tutorial of a vibrant sugar skull, inspired by Halloween and Dia de los Muertos, creating a memorable art piece to take home with you! All materials will be provided. \$5 supply fee due to instructor on 1st day of class.

Tu 5-7 pm 10/29(1class) \$23(R)/\$35(N) VLSC Dugie 42999

**NEW HANDMADE BOOKMAKING & ART JOURNALING**

(18yrs) Express Yourself! Join us in creating your very own handmade book as you learn the ancient art of bookbinding. In this 2-day workshop, you'll make a very creative and artistic handmade art journal with like minded creatives. Artistically designed by you. take home a fabulous Smash Book to fill with your thoughts, feelings, experiences and slices of your life as you live them. A true journal with artistic flair! On day two, explore your artistic side through the fun and popular activity of art journaling. Record your inner life and creativity on your own artistic platform with paint, pens, images, ribbons, stencils, art stamps and lots more. \$25 kit fee is due to the instructor on the 1st day of class.

Tu 4:30-7:30 pm 10/15(2classes) \$31(R)/\$47(N) GRSC Sweetman 44842

**NEW HANDMADE HOLIDAY BOOKMAKING & DECORATING**

(18yrs) Create a one-of-a-kind handmade holiday photo book to share your favorite memories with family and friends. It'll be an incredibly unique workshop filled with creativity and fun! Of course, an incredibly unique book will be the outcome! \$18 kit fee is due to the instructor on the 1st day of class.

Th 4:30-7:30 pm 12/5(2classes) \$31(R)/\$47(N) VLSC Sweetman 44843

**NEW HOLIDAY CARD PAINTING WORKSHOP**

(18yrs) We are going to paint 1-3 holiday cards at this workshop in one-stroke painting technique. At the first class we are going to practice making strokes and creating flowers leaves and birds with those strokes. And at the second class they are going to work on the holiday cards.

M 9:15 am-12:15 pm 12/2(2classes) \$41(R)/\$62(N) HRZN Kalayda 44497

**NEW HOLIDAY WRAPPING EXTRAVAGANZA**

(16yrs) Your holiday gifts will never look the same. Get all your special holiday wrapping completed in one 2 1/2 hour session. You may bring up to 8 boxed packages to wrap. All supplies, paper, ribbon and embellishments will be provided for up to 8 packages. We do not provide boxes for this class. A \$20 supply fee (cash only) will be collected at the beginning of the class and further details will be sent to you prior to the class.

Tu 10 am-12:30 pm 12/3(1class) \$23(R)/\$35(N) HRZN Dupuis 43001

**NEW ONE STROKE TECHNIQUE WOODEN BOX PAINTING WORKSHOP**

(18yrs) Students are going to learn the skill to make some special strokes with two different shades of paint and create flowers and leaves out of those strokes. At the first class we are going to practice making strokes and creating flowers and leaves with those strokes. At the following classes we are going to work on painting wooden box with vibrant flowers leaves, and swirls.

M 9:15 am-12:15 pm 9/9(3classes) \$56(R)/\$84(N) HRZN Kalayda 44492

**NEW ONE STROKE TECHNIQUE WOODEN PLATTER PAINTING WORKSHOP**

(18yrs) Students are going to learn the skill to make some special strokes with two different shades of paint and create flowers, leaves, and birds out of those strokes. At the end of workshop, every student will create a vibrant and colorful, decorative platter that they can beautify any wall or room with.

Tu 9:15 am-12:15 pm 10/1(3classes) \$56(R)/\$84(N) GRSC Kalayda 44495

**OIL AND ACRYLIC PAINTING**

(18yrs) New and continuing students will focus on developing basic skills, exploring color, style and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract or non-representational forms.

M	9 am-12 pm	9/9(5classes)	\$65(R)/\$98(N)	VLSC	Wilson 43023
Tu	9 am-12 pm	9/10(7classes)	\$98(R)/\$147(N)	VLSC	Oden 43027
Tu	1-4 pm	9/10(7classes)	\$87(R)/\$131(N)	GRSC	Wilson 43022
F	1-4 pm	9/13(6classes)	\$92(R)/\$138(N)	VLSC	Consalvo 43020
F	1-4 pm	10/25(6classes)	\$92(R)/\$138(N)	VLSC	Consalvo 43026
M	9 am-12 pm	10/28(5classes)	\$65(R)/\$98(N)	VLSC	Wilson 43025
Tu	9 am-12 pm	10/29(8classes)	\$110(R)/\$165(N)	VLSC	Oden 43212
Tu	1-4 pm	10/29(8classes)	\$98(R)/\$147(N)	GRSC	Wilson 43024

**REGISTRATION QUESTIONS?**

Call us before July 26 so we can guide you through the process, making registration a breeze!

**480-312-7957**

## PAINT STUDIO

(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors, or mixed media. Enjoy exploring art making and expanding your skills.

M	1-4 pm	9/9(7classes)	\$78(R)/\$117(N)	VLSC	Khamis 43041
M	1-4 pm	10/28(7classes)	\$78(R)/\$117(N)	VLSC	Khamis 43042

## PAINT STUDIO FOR CONTINUING OIL PAINTERS

(18+) For those who have some painting experience and want to grow in their ability and confidence to produce better paintings. You will provide your own reference photos, and will get individual attention as needed to grow in your skills in a friendly and encouraging environment.

W	1-4 pm	9/11(6classes)	\$68(R)/\$102(N)	VLSC	Fried 43021
W	1-4 pm	10/23(8classes)	\$87(R)/\$131(N)	VLSC	Fried 43028

## PASTELS

(18yrs) New and continuing students will learn techniques using Pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Come learn how color can help your work!

Th	1-4 pm	9/12(7classes)	\$102(R)/\$153(N)	VLSC	Schneider 43043
Th	1-4 pm	10/31(7classes)	\$102(R)/\$153(N)	VLSC	Schneider 43044

## POP ART PUMPKIN

(18yrs) Paint along with a guided tutorial of a fabulously colorful jack-o-lantern inspired by the artist Andy Warhol, creating a memorable art piece to take home with you! All material provided. \$5 supply fee due to instructor on the 1st day of class.

Th	5-7:30 pm	10/24(1classes)	\$23(R)/\$35(N)	VLSC	Dugie 44890
----	-----------	-----------------	-----------------	------	-------------

## WATERCOLOR

(18+) Transparent watercolor for the beginning, as well as intermediate student will include basic techniques, color and composition using landscape, still life, and portrait. Individual attention with emphasis on learning to see as the artist does.

M	1-4 pm	9/9(7classes)	\$101(R)/\$152(N)	GRSC	Gin 42960
W	9 am-12 pm	9/11(7classes)	\$117(R)/\$176(N)	VLSC	Godwin 43127
F	9 am-12 pm	9/13(6classes)	\$68(R)/\$102(N)	VLSC	Khamis 43128
F	9 am-12 pm	10/25(5classes)	\$87(R)/\$131(N)	VLSC	Amsellem 43126
M	1-4 pm	10/28(7classes)	\$117(R)/\$176(N)	GRSC	Amsellem 42961
W	9 am-12 pm	10/30(6classes)	\$102(R)/\$153(N)	VLSC	Godwin 43129

## CERAMICS

### CERAMICS - ADVANCED CLAY STUDIO

(18yrs) Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller, and staff-fired Cone 5/6 electric kiln, plus slips, glazes, and more. NO INSTRUCTION: Proficiency in hand-building or wheel-throwing at an intermediate level or above required. You must be able to design, carry out, and complete a project from wet clay to glazing without assistance. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns. Please bring \$20 (cash) non-refundable material fee per registered class to first meeting.

Tu	12:30-3:30 pm	9/10(11classes)	\$178(R)/\$267(N)	ELDO	Bogan 42901
----	---------------	-----------------	-------------------	------	-------------

### CERAMICS - HOME ACCENTS

(18+) Rev up your house and patio with fireplace sculptures, bookshelf decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket. \$20 non-refundable cash material fee due at first class.

Sa	9:30 am-12:30 pm	9/14(13classes)	\$207(R)/\$311(N)	ELDO	Peterson 42903
Sa	1-4 pm	9/14(13classes)	\$207(R)/\$311(N)	ELDO	Peterson 42904

### CERAMICS - INTRODUCTION TO CLAY

Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class.

M	5-7:45 pm	9/9(14classes)	\$222(R)/\$333(N)	GRSC	Peterson 42907
Tu	9 am-12 pm	9/10(11classes)	\$178(R)/\$267(N)	ELDO	Bogan 42905
Th	9 am-12 pm	9/12(11classes)	\$178(R)/\$267(N)	ELDO	Bogan 42906
Th	12:30-3:30 pm	9/12(11classes)	\$178(R)/\$267(N)	ELDO	Bogan 42902

### NEW CERAMICS - INTRODUCTION TO CLAY

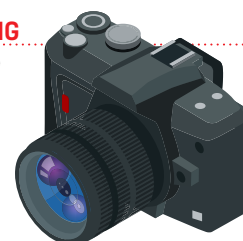
(18yrs) Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class. \$20 non-refundable material fee per registered class due to instructor at first class.

Th	5-8 pm	9/12(13classes)	\$207(R)/\$311(N)	ELDO	Mariles Golamb 44488
----	--------	-----------------	-------------------	------	----------------------

## DIGITAL PHOTOGRAPHY

### DIGITAL PHOTOGRAPHY - BEGINNING

(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Then begin the process to really "see" your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun. This class is taught using DSLR cameras. Bring your DSLR camera to each class.



M	6-7:30 pm	9/30(6classes)	\$47(R)/\$71(N)	VLSC	Bochenek 42938
---	-----------	----------------	-----------------	------	----------------

### DIGITAL PHOTOGRAPHY - INT/ADV

(15yrs) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos. We will explore different composition and framing techniques that will draw the viewer in to your photos. We'll expand on topics like the use of light, what makes an image impactful, and ideas for more artistic images.

M	6-7:30 pm	9/23(7classes)	\$56(R)/\$84(N)	HRZN	Marple 42940
---	-----------	----------------	-----------------	------	--------------

## COMMUNICATION & LANGUAGE

### ONLINE BEGINNER SPANISH

(14yrs) This class is for students who have no prior background in Spanish. Learn pronunciation, essential vocabulary, and basic grammar to communicate simple ideas. Practice listening comprehension and speaking to convey basic ideas including numbers, nouns, adjectives, and frequently used verbs.

Tu	9:30 -11 am	9/10(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 42882
Tu	9:30 -11 am	10/29(8classes)	\$73(R)/\$110(N)	ONLINE	Buettner 43469

### FRENCH - CONTINUING

(15yrs) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation, and learning essential grammatical facts in a supportive and fun environment. Group participation is encouraged. Purchase: French Made Simple, by Haze, 2006 edition, \$13.

Tu	5:30 -7:30 pm	9/10(15classes)	\$208(R)/\$312(N)	HRZN	Gabor 42950
----	---------------	-----------------	-------------------	------	-------------

### INTRODUCTION TO FRENCH AND FRENCH CULTURE

(18yrs) A fun and engaging course for beginners who are new to French and want to learn the conversational basics with the dream of one day using it in practice and travel. We will also learn about French culture. NOTE: This class is NOT for fluent speakers due to its beginning level.

Tu	6 -7:15 pm	9/3(8classes)	\$91(R)/\$137(N)	VLSC	Philipp 42962
----	------------	---------------	------------------	------	---------------

### ITALIAN - LEVEL 1

(14+) Learn Italian for travel purposes! This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. In this course you will be introduced to the Italian alphabet, correct pronunciation of the individual letters and selected letter groups. Students will develop basic speaking, listening, reading, writing, comprehension and cultural awareness skills.

W	6:15 -7:45 pm	9/11(7classes)	\$71(R)/\$107(N)	HRZN	Orso 42964
W	6:15 -7:45 pm	10/30(7classes)	\$71(R)/\$107(N)	HRZN	Orso 42965

### ITALIAN - LEVEL 2

(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs "essere," "stare," and "avere," this course is the next step for you. Develop your language skills and gain the tools and strategies to continue your independent study for further improvement. This course serves as a bridge between the basics and more advanced levels, preparing you for further linguistic growth in the Italian language.

Th	6:15 -7:45 pm	9/12(7classes)	\$71(R)/\$107(N)	HRZN	Orso 42966
Th	6:15 -7:45 pm	10/31(7classes)	\$71(R)/\$107(N)	HRZN	Orso 42967

### NEW GERMAN LANGUAGE AND CULTURE FOR BEGINNERS

(14yrs) This introductory German class prepares you for your journey, or it just feeds your brain! Learn about modern and traditional German culture, the alphabet, numbers, date and time with basic grammar. Students will develop a modern view of Germany and practice basic reading, writing, listening and pronunciation skills.

W	6:15 -7:45 pm	9/11(7classes)	\$79(R)/\$119(N)	GRSC	Dayal 45197
W	6:15 -7:45 pm	10/30(7classes)	\$79(R)/\$119(N)	GRSC	Dayal 45198

### SPANISH - LEVEL I

(14yrs) We will begin with a focus on conversation, no prior knowledge required but helpful. You will be introduced to typical high school level one listening, reading and speaking grammar concepts including present tense verb conjugation, nouns, adjectives & gender and vocabulary acquisition. Emphasis is placed on conversation practice. Travel and cultural enrichment is included.

W	4:30 -5:30 pm	9/4(8classes)	\$66(R)/\$99(N)	VLSC	Philipp 43069
---	---------------	---------------	-----------------	------	---------------

### SPANISH - LEVEL II

(14yrs) This class is a continuation from SPANISH ONE maintaining the learning focus on conversation while expanding into writing as well as listening and reading. As we continue our focus on present tense grammar and vocabulary, additional useful tenses will be introduced. The scope & sequence will adjust according to class makeup. Travel and cultural enrichment is included.

W	5:40 -6:40 pm	9/4(8classes)	\$66(R)/\$99(N)	VLSC	Philipp 43071
---	---------------	---------------	-----------------	------	---------------

### SPANISH II

(18yrs) This course is a continuation of Spanish I. Among the concepts we will explore are the Present Subjunctive Mood, Preterit and Imperfect Tenses, and Double Object Pronouns. Students should be comfortable with the Present Indicative Tense, how the verb system works, and the characteristics of nouns and adjectives. This course will cover pages 151-304 of the required text.

Th	4 -5 pm	9/12(13classes)	\$117(R)/\$176(N)	GRSC	Ellis 43471
----	---------	-----------------	-------------------	------	-------------

### ONLINE SPANISH: STEP 1

(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice to converse, listen, and reviewing simple vocabulary, grammar, and sentence structure. This is the class to take after "Beginner Spanish Step 1" or if you took high school Spanish long ago and want to jump start your experience. Conversation practice uses mainly easier present tense structures.

M	9:30 -11 am	9/9(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 43073
M	9:30 -11 am	10/28(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 43074

### ONLINE SPANISH: STEP 2

(14+) If you are comfortable using simple sentences in Spanish, but you want to improve fluency and mix use of the present and past, this class gives you more challenging practice. We work to improve your listening/speaking/reading abilities.

W	10 -11:30 am	9/11(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 43077
W	6 -7:30 pm	9/11(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 43075
W	10 -11:30 am	10/30(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 43078
W	6 -7:30 pm	10/30(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner 43470



## DANCE

### BALLET - BEGINNING

(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

Tu	2-3 pm	9/10(15classes)	\$74(R)/\$111(N)	GRSC	Moore 42871
----	--------	-----------------	------------------	------	-------------

### BALLROOM DANCE - BASICS I

(18+) Learn and improve the dances you need to feel comfortable in any social situation. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing, and much more. No partner required, however, we cannot guarantee there will be enough partners to share during class.

M	6-6:55 pm	9/9(13classes)	\$71(R)/\$107(N)	VLSC	Dale 42872
---	-----------	----------------	------------------	------	------------

### BALLROOM DANCE - BASICS II

(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing, and more.

Tu	5:45-6:40 pm	9/10(13classes)	\$71(R)/\$107(N)	FENP	Dale 42873
----	--------------	-----------------	------------------	------	------------

### BALLROOM DANCE - BASICS III

(18+) After completing 4-5 sessions of the Basics I AND Basics II level classes, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing and more. No partner required; however we cannot guarantee there will be enough partners to share during class. This is NOT a Beginner's class. Must have taken at least two Basics classes before enrolling into Basics III.

Tu	6:45-7:40 pm	9/10(13classes)	\$71(R)/\$107(N)	FENP	Dale 43174
----	--------------	-----------------	------------------	------	------------

### BALLROOM DANCE - BEYOND THE BASICS

(18+) Here's a chance for the student who has taken 4-5 sessions of the beginner's class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

W	5:50-6:45 pm	9/11(13classes)	\$71(R)/\$107(N)	VLSC	Dale 42874
---	--------------	-----------------	------------------	------	------------

### BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM

(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! A fun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.

W	6:50-7:45 pm	9/11(13classes)	\$71(R)/\$107(N)	VLSC	Dale 42875
---	--------------	-----------------	------------------	------	------------

### LINE DANCING: BEGINNERS

(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for country, latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class. Some dance experience would be helpful.

Tu	10:35-11:35 am	9/10(15classes)	\$108(R)/\$162(N)	VLSC	Chapman 42973
----	----------------	-----------------	-------------------	------	---------------

### LINE DANCING: HIGH BEGINNER/LOW INTERMEDIATE

(18+) This is a high beginner low intermediate class and it does require a full knowledge of all the basic dance moves and terminology you learned in the beginning classes. This is a much faster paced class than the beginner class. You will be learning new more intricate dance moves as we progress through the class.

Tu	9:20-10:20 am	9/10(15classes)	\$108(R)/\$162(N)	VLSC	Chapman 42974
----	---------------	-----------------	-------------------	------	---------------

### TAP - INTERMEDIATE

(18+) This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both rhythm and Hollywood styles. Tap shoes required.

Tu	6:15-7:15 pm	10/1(11classes)	\$63(R)/\$95(N)	MTNV	Campi 43102
----	--------------	-----------------	-----------------	------	-------------

### TAP - SENIOR BEGINNING TECHNIQUES

(18+) Learn the basics of different dance steps and combinations while improving your memory and having fun.

Th	2:45-3:45 pm	10/3(11classes)	\$63(R)/\$95(N)	GRSC	Campi 43103
----	--------------	-----------------	-----------------	------	-------------

### TAP - SENIOR INTERMEDIATE LEVEL I

(18+) Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th	4-5 pm	10/3(11classes)	\$63(R)/\$95(N)	GRSC	Campi 43104
----	--------	-----------------	-----------------	------	-------------

### TAP - SENIOR INTERMEDIATE LEVEL II

(18+) Learn more challenging dance routines while improving your memory and having fun. Please note, if you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

Th	5-6 pm	10/3(11classes)	\$63(R)/\$95(N)	GRSC	Campi 43105
----	--------	-----------------	-----------------	------	-------------

## FITNESS & HEALTH

### 30/30/30

(14+) This 90-minute class is for those of you who like it all! The class will start off with 30 minutes of Aerobics, followed by 30 minutes of Strength Training and finishing up with 30 minutes of Pilates, stretch and meditation.

W	5:30-7 pm	9/11(15classes)	\$124(R)/\$186(N)	CACT	Alfraid 43172
---	-----------	-----------------	-------------------	------	---------------

### AEROBICS

(18+) Start your day off right with this 'work at your own pace' cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

M	8:15-9:15 am	9/9(9classes)	\$56(R)/\$84(N)	GRSC	Alfraid 42870
---	--------------	---------------	-----------------	------	---------------

Sa	8:05-8:55 am	9/14(13classes)	\$76(R)/\$114(N)	VLSC	Alfraid 43173
----	--------------	-----------------	------------------	------	---------------





The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services, and public facilities so that the full participation may be enjoyed by all. See page 6 for details.

**BARRE EXPRESS**

(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

M	5:45-6:35 pm	9/9(13classes)	\$116(R)/\$175(N)	MMRA	Spencer 42876
MW	6:10-7 am	9/9(26classes)	\$224(R)/\$336(N)	MMRA	Spencer 42877

**BETTER BALANCE FOR SENIORS**

(18+) While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. The class will also offer exercises and strategies to help you get back up in case you do fall. This class will be done sitting or using the chair as a prop for standing exercises.

W	11-11:50 am	9/11(15classes)	\$148(R)/\$222(N)	VLSC	Yancy 42888
Th	10:15-11:05 am	9/12(14classes)	\$139(R)/\$209(N)	VLSC	Yancy 42889
M	11:15 am-12:05 pm	9/9(14classes)	\$139(R)/\$209(N)	VLSC	Yancy 42890

**BODY AND MIND**

(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilates providing a full body workout including cardio, strengthening and flexibility.

MW	9:15-10:15 am	9/9(18classes)	\$151(R)/\$227(N)	GRSC	Alfraid 42892
F	11:15 am-12:15 pm	9/13(12classes)	\$71(R)/\$107(N)	VLSC	Alfraid 42891

**BODY CONDITIONING**

(18+) Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness to incorporate fitness into everyday life.

W	8:15-9 am	9/11(9classes)	\$56(R)/\$84(N)	GRSC	Alfraid 42893
---	-----------	----------------	-----------------	------	---------------

**CARDIO-CORE FITNESS**

(18+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.

Tu	8:15-9:05 am	9/10(15classes)	\$72(R)/\$108(N)	VLSC	Robertson 42900
----	--------------	-----------------	------------------	------	-----------------

**CORE AND MORE**

(14+) Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and glutes).

Th	5:30-6:30 pm	9/12(14classes)	\$73(R)/\$110(N)	MMRA	Teisch 42919
----	--------------	-----------------	------------------	------	--------------

**SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING**

(18+) A one hour class including cardio and strength training portions. Each class will be broken down into five segments: warm up (including stretch), work, cool-down, final stretch and relaxation. Within the work segment, alternate cardio and strength training blocks will be offered. Each segment will offer varying levels of exertion, to permit those just starting out through those looking for a more vigorous session to experience the appropriate challenge.

M Th	1-2 pm	9/9(28classes)	\$151(R)/\$227(N)	GRSC	Herriot 43006
------	--------	----------------	-------------------	------	---------------

**SENIOR STRENGTH TRAINING**

(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You're never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens. This class will utilize basic exercises on machines and with free weights.

MW	11 am-12 pm	9/9(28classes)	\$224(R)/\$336(N)	VLSC	Hollenbeck 43063
MW	5:45-6:45 pm	9/9(28classes)	\$153(R)/\$230(N)	VLSC	Teisch 43066
Tu Th	10-11 am	9/10(25classes)	\$189(R)/\$285(N)	VLSC	Brancati 43064
Tu Th	11:30 am-12:30 pm	9/10(25classes)	\$189(R)/\$285(N)	GRSC	Brancati 43065

**STRENGTH TRAINING - ADVANCED**

(18yrs) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music. Improving and increasing aerobic capacity is an additional goal while building stamina, endurance and balance capacity. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

WF	8-8:55 am	9/11(29classes)	\$231(R)/\$347(N)	MMRA	Hollenbeck 43007
----	-----------	-----------------	-------------------	------	------------------

**STRENGTH TRAINING - BEGINNER**

(18yrs) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music. Improving and increasing aerobic capacity is an additional goal while building stamina, endurance and balance capacity. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

M Th	9-9:55 am	9/9(27classes)	\$216(R)/\$324(N)	MMRA	Hollenbeck 43067
------	-----------	----------------	-------------------	------	------------------

**SHIFT YOUR SHAPE**

(18+) Balance and muscular endurance are promoted. Buttocks, back, thighs, and abdominals are strengthened; exercising at your own pace is encouraged. There is emphasis on increasing flexibility, through various yoga poses and traditional stretches. Join us in a friendly class to promote long term fitness and flexibility!

Tu Th	11:15 am-12 pm	9/24(24classes)	\$52(R)/\$78(N)	ELDO	Reznikoff 43068
-------	----------------	-----------------	-----------------	------	-----------------

**STEP AEROBICS**

(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility and balance. Steps can be adjusted for beginners and advance levels.

Tu	6-7 pm	9/10(14classes)	\$105(R)/\$158(N)	HRZN	Martin 43079
Th	6-7 pm	9/12(14classes)	\$105(R)/\$158(N)	HRZN	Martin 43080

## STEP AND STRENGTHEN

(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa	9:15-10:15 am	9/14(13classes)	\$76(R)/\$114(N)	HRZN	Alfraid 43081
----	---------------	-----------------	------------------	------	---------------

## STRETCH IT OUT!

(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W	12-1 pm	9/11(14classes)	\$84(R)/\$126(N)	VLSC	Alfraid 43082
---	---------	-----------------	------------------	------	---------------

## TAI CHI

### BEGINNING

Will cover positions from the first section.

(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections.

M	10:45 am-12:15 pm	9/9(9classes)	\$61(R)/\$92(N)	GRSC	Isaacson 43098
Tu	6-7 pm	9/10(15classes)	\$62(R)/\$93(N)	MTNV	Oestreich 43213
W	9:30-10:30 am	9/11(15classes)	\$67(R)/\$101(N)	VLSC	Navarro 43093
W	10:45-11:45 am	9/11(15classes)	\$67(R)/\$101(N)	VLSC	Isaacson 43092
W	5:30-7 pm	9/11(10classes)	\$67(R)/\$101(N)	GRSC	Isaacson 43091
Th	9-10:30 am	9/12(10classes)	\$67(R)/\$101(N)	GRSC	Isaacson 43096
Th	11:15 am-12:45 pm	9/12(14classes)	\$89(R)/\$134(N)	VLSC	Navarro 43097
F	9:30-10:30 am	9/13(14classes)	\$63(R)/\$95(N)	VLSC	Navarro 43094
Sa	9-10 am	9/14(10classes)	\$48(R)/\$72(N)	GRSC	Isaacson 43095

### INTERMEDIATE

Students must be proficient in positions from the first section.

W	10:45-11:45 am	9/11(15classes)	\$59(R)/\$89(N)	VLSC	Navarro 43101
---	----------------	-----------------	-----------------	------	---------------

### ADVANCED

Students must be proficient in the positions from the first and second section.

W	9:30-10:30 am	9/11(15classes)	\$59(R)/\$89(N)	VLSC	Isaacson 43090
F	9:30-11 am	9/13(13classes)	\$74(R)/\$111(N)	VLSC	Isaacson 43088
Sa	10:15-11:45 am	9/14(10classes)	\$59(R)/\$89(N)	GRSC	Isaacson 43089

## THE TOTAL WORKOUT

(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing.

F	9:15-10:15 am	9/13(9classes)	\$56(R)/\$84(N)	GRSC	Alfraid 43107
---	---------------	----------------	-----------------	------	---------------

## TONE AND STRETCH

(18+) Start your day off right with this 'work at your own pace' cardio and toning class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Class ends with a cool-down and a guided meditation. Modifications are provided. Please bring your own hand weights.

M	8:15-9:05 am	9/9(14classes)	\$68(R)/\$102(N)	VLSC	Robertson 43108
---	--------------	----------------	------------------	------	-----------------

## TOTAL BODY WORKOUT

(18+) Energize your body and mind with this total body workout. Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Working out in your comfort zone is encouraged.

Th	8:05-9 am	9/12(12classes)	\$60(R)/\$90(N)	VLSC	Robertson 44783
----	-----------	-----------------	-----------------	------	-----------------

## TOTALLY TONING

(14+) Strengthen and tone your major muscle groups using weights, exercise balls, body bars and gravity. Learn proper form and technique to maximize results. Target problem areas and increase your metabolism with more muscle.

Tu	5:30-6:30 pm	9/10(15classes)	\$77(R)/\$116(N)	MMRA	Teisch 43117
----	--------------	-----------------	------------------	------	--------------

## ZUMBA

Zumba® is a fusion of Latin and International music & dance themes to create a dynamic, exciting and effective fitness system! It is this mixture of body sculpting movements in easy to follow dance steps and the principals of fitness interval and resistance training that allow Zumba participants to maximize their caloric and fat burning output for total body toning.

Tu	9:15-10:15 am	9/10(15classes)	\$109(R)/\$164(N)	MMRA	Kenrick 43164
Th	6:15-7:15 pm	9/12(14classes)	\$102(R)/\$153(N)	CACT	Kenrick 43165

## NEW ZUMBA GOLD

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

W	10:30-11:25 am	9/11(15classes)	\$109(R)/\$164(N)	GRSC	Kenrick 44444
---	----------------	-----------------	-------------------	------	---------------

## ZUMBA GOLD

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

M	1-1:55 pm	9/9(14classes)	\$102(R)/\$153(N)	VLSC	Kenrick 43169
Tu	10:30-11:30 am	9/10(15classes)	\$109(R)/\$164(N)	MMRA	Kenrick 43171
Tu	12-1 pm	9/10(15classes)	\$84(R)/\$126(N)	VLSC	Scott 43167
Tu	6:15-7:15 pm	9/10(15classes)	\$109(R)/\$164(N)	CACT	Kenrick 43170
W	8:15-9:10 am	9/11(15classes)	\$109(R)/\$164(N)	VLSC	Kenrick 43168
F	8:15-9:10 am	9/13(14classes)	\$102(R)/\$153(N)	VLSC	Kenrick 43166

## PILATES

### BEGINNER TO INTERMEDIATE MAT PILATES

(14+) Pilates strengthens your core and therefore your overall strength and stability. This beginner to intermediate class will focus on the core principles, movements and breath of classic Pilates. All levels are welcome. Class is performed standing and on the mat.

Sa	9-10 am	9/14(14classes)	\$91(R)/\$137(N)	GRSC	Dorsey 43175
----	---------	-----------------	------------------	------	--------------

**CHAIR PILATES**

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. This active pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age. We will be using the chair in sitting exercises to help warm up, stretch and lengthen the body. No pilates experience is needed! Students must be able to stand and walk independently, without the support of a walker or cane.

Tu	8:15 -9:05 am	9/10(15classes)	\$148(R)/\$222(N)	VLSC	Yancy 42908
F	8:15 -9:05 am	9/13(14classes)	\$139(R)/\$209(N)	VLSC	Yancy 42909

**GENTLE CHAIR PILATES**

(18+) Do your Pilates using a chair instead of a mat! This class is designed for those who have difficulty getting up off of and down onto the floor. The class will offer exercises targeting a stronger core, healthier back, shoulders, pelvis and knees, as well as better balance... with a little fun mixed in! Please note that exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane. No Pilates experience is needed and beginners are welcome!

Tu	9:15-10:05 am	9/10(15classes)	\$148(R)/\$222(N)	VLSC	Yancy 44837
W	9 -9:50 am	9/11(15classes)	\$148(R)/\$222(N)	VLSC	Yancy 42951

**NEW BEGINNER TO INTERMEDIATE MAT PILATES**

(18+) Pilates strengthens your core and therefore your overall strength and stability. This beginner to intermediate class will focus on the core principles, movements and breath of classic Pilates. All levels are welcome. Class is performed standing and on the mat.

M Th	9:30 -10:30 am	9/9(27classes)	\$165(R)/\$248(N)	ELDO	Dorsey 44815
------	----------------	----------------	-------------------	------	--------------

**NEW PILATES FUSION**

(18+) A combination of exercises from Pilates, Barre, Core Sculpting and Yoga, this fun Pilates Fusion class will challenge and work your body and mind in different and new ways each week. The exercises are for every level of fitness and can be modified to meet you exactly where you are.

M	1:30-2:25 pm	9/9(13classes)	\$130(R)/\$195(N)	VLSC	Yancy 44836
Tu	1:30 -2:25 pm	9/10(14classes)	\$139(R)/\$209(N)	VLSC	Yancy 43052
W	8:05 -8:55 am	9/11(14classes)	\$139(R)/\$209(N)	VLSC	Yancy 43005
Th	1:30 -2:25 pm	9/12(14classes)	\$139(R)/\$209(N)	VLSC	Yancy 43051

**PILATES**

(14+) This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

M	10 -11 am	9/9(15classes)	\$152(R)/\$228(N)	MMRA	Nicholas 43049
W	6-7 pm	9/11(14classes)	\$105(R)/\$158(N)	HRZN	Martin 43050

**PILATES GENTLE**

(18+) This pilates class contains all the benefits to a traditional pilates class, however this style is slower and a gentler approach.

W	10:30 -11:30 am	9/11(9classes)	\$58(R)/\$87(N)	GRSC	Alfraid 43055
---	-----------------	----------------	-----------------	------	---------------

**PILATES - GOLF CONDITIONING**

(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of pilates.

Tu	4:45 -5:35 pm	9/10(15classes)	\$112(R)/\$168(N)	MMRA	Martin 43054
Th	4:45 -5:35 pm	9/12(14classes)	\$105(R)/\$158(N)	VLSC	Martin 43053

**PILATES INTERMEDIATE/ADVANCED**

(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

W	10 -11 am	9/11(15classes)	\$152(R)/\$228(N)	MMRA	Nicholas 43056
---	-----------	-----------------	-------------------	------	----------------

**YOGA & MEDITATION**

**MEDITATION FOR EVERYONE**

(18+) Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods.



F	12:15 -1:05 pm	9/13(14classes)	\$107(R)/\$161(N)	VLSC	Yancy 42982
---	----------------	-----------------	-------------------	------	-------------

**NEW MINDFUL MEDITATION**

(18+) Discover what mindful meditation is and how to bring it into your everyday life - a simple way to reduce stress. The information, techniques, and meditations are powerful, yet simple to incorporate into your daily life.

Tu	1:30 -3 pm	9/17(6classes)	\$60(R)/\$90(N)	GRSC	Long 44534
Tu	1:30 -3 pm	10/29(6classes)	\$60(R)/\$90(N)	GRSC	Long 44535

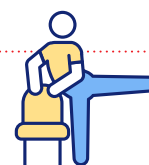
**CHAIR REIKI I AND CHAIR REIKI II COMBO**

(18+) Reiki is a gentle healing energy that you direct with your hands. It treats the whole person, body, mind, and spirit and increases feelings of well-being and relaxation. In this class you will learn Reiki 1, which teaches the student self-healing techniques through guided meditations and classroom exercises. You will also learn Reiki 2 techniques which empower the student to send this warm healing energy to family, friends, pets, and others at any distance. Reiki is always taught by a Reiki Master and there is no touching necessary.

M	9:30 -11 am	9/23(6classes)	\$62(R)/\$93(N)	VLSC	Jenkins 42910
M	9:30 -11 am	11/4(6classes)	\$62(R)/\$93(N)	VLSC	Jenkins 42911

**ACTIVE CHAIR YOGA**

(18+) A chair is used for support, balance, and depth of poses. Detailed instruction and variations make this class accessible to students with all levels and yoga experience.



Th	9:30 -10:30 am	10/10(10classes)	\$81(R)/\$122(N)	GRSC	Mullins Bulka 42867
----	----------------	------------------	------------------	------	---------------------

## ALL LEVELS CHAIR YOGA

**(18+)** Practice yoga using a chair instead of a mat! This class is designed for those who want to take a yoga class, but have difficulty getting up off of and down onto the floor. These exercises will safely improve flexibility, strength and balance and will help to maintain mobility, without the impact and stress of traditional exercises. Beginners are welcome and no previous yoga experience is needed.



M	9:15-10:10 am	9/9(14classes)	\$107(R)/\$161(N)	VLSC	Yancy	42861
M	10:15-11:10 am	9/9(14classes)	\$107(R)/\$161(N)	VLSC	Yancy	42866
W	10-10:55 am	9/11(15classes)	\$114(R)/\$171(N)	VLSC	Yancy	42865
Th	9:15-10:10 am	9/12(14classes)	\$107(R)/\$161(N)	VLSC	Yancy	42864
F	9:15-10:10 am	9/13(14classes)	\$107(R)/\$161(N)	VLSC	Yancy	42863
F	11:15 am-12:10 pm	9/13(14classes)	\$107(R)/\$161(N)	VLSC	Yancy	42862

## CHAIR YOGA - GENTLE

**(18+)** Practice yoga using a chair instead of a mat! This Gentle Chair Yoga Class is designed for those with limited mobility who want to practice yoga but have difficulty standing for long periods. It is also for anyone looking for a more gentle and relaxing Chair Yoga practice. Each class includes gentle stretching to release tension, stiffness and stress from tight muscles and joints, followed by gentler variations of yoga poses for strength and posture, all done seated in a chair. Approximately 15 minutes of each class will be done standing, working to improving balance and mobility.

F	10:15-11:10 am	9/13(14classes)	\$107(R)/\$161(N)	VLSC	Yancy	42996
---	----------------	-----------------	-------------------	------	-------	-------

## CHAIR YOGA - INTERMEDIATE

**(18+)** Practice yoga using a chair instead of a mat! This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class, but have difficulty getting up off of and down onto the floor. This quicker paced, flow style, chair yoga class will use the chair in sitting postures to help stretch and warm up the body followed by a series of standing and balance poses, using the chair for support when needed. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

M	8:15-9:10 am	9/9(14classes)	\$107(R)/\$161(N)	VLSC	Yancy	42915
Th	8:15-9:10 am	9/12(14classes)	\$107(R)/\$161(N)	VLSC	Yancy	42914

## FLOW INTO SOUND HEALING

**(18+)** Enjoy guided breathwork and stretching before moving your body through a flow of yoga poses to increase strength, balance and flexibility. All levels are welcome as modifications will be offered and going deeper into the postures is also encouraged. The class will close with meditation and savasana comfortably laying on your mat with your knees slightly elevated onto a bolster where you will be bathed in a sound healing session with elements such as sound bowls, gong, tuning forks, chimes and solfeggio sound frequencies. Get ready for the perfect balance of movement (asana) and relaxation. Flow

Th	10:30-11:45 am	9/12(7classes)	\$61(R)/\$92(N)	GRSC	Scorza	42989
Sa	9:15-10:30 am	9/14(5classes)	\$46(R)/\$69(N)	VLSC	Scorza	43241
Th	10:30-11:45 am	10/31(7classes)	\$61(R)/\$92(N)	GRSC	Scorza	42990
Sa	9:15-10:30 am	11/2(8classes)	\$68(R)/\$102(N)	VLSC	Scorza	43242

## YOGA

Find balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

### BEGINNING (18+)

W	10:30 am-12 pm	9/11(15classes)	\$133(R)/\$200(N)	CACT	Sikes	42887
Th	10:45 am-12:15 pm	9/12(6classes)	\$67(R)/\$101(N)	VLSC	Parrow	43137
Th	10:45 am-12:15 pm	10/31(6classes)	\$67(R)/\$101(N)	VLSC	Parrow	43138

### ALL LEVELS (14+)

W	6:30-7:45 pm	9/18(13classes)	\$81(R)/\$122(N)	MMRA	Malaekah	43133
---	--------------	-----------------	------------------	------	----------	-------

### ALL LEVELS (18+)

W	9:30-10:45 am	9/11(13classes)	\$104(R)/\$156(N)	MMRA	Stewart	43151
F	9:30-10:45 am	9/13(6classes)	\$54(R)/\$81(N)	HRZN	Rothman	44806
F	9:30-10:45 am	11/1(8classes)	\$68(R)/\$102(N)	HRZN	Rothman	44807

### INTERMEDIATE (18+)

M	9:30-10:45 am	9/9(7classes)	61(R)/\$92(N)	VLSC	Rothman	43147
Th	9:15-10:30 am	9/12(6classes)	67(R)/\$101(N)	VLSC	Parrow	43148
M	9:30-10:45 am	10/28(7classes)	61(R)/\$92(N)	VLSC	Rothman	43150
Th	9:15-10:30 am	10/31(6classes)	67(R)/\$101(N)	VLSC	Parrow	43149

## HATHA YOGA

**(14+)** The benefits of Hatha yoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. It is made up of three main practices: body postures, breathing techniques, and meditation. You are guaranteed to walk out this type of yoga in a better mood and feeling happier while your body is more flexible. All levels welcome.

M	6-7 pm	9/23(11classes)	\$58(R)/\$87(N)	MMRA	Malaekah	42959
---	--------	-----------------	-----------------	------	----------	-------

## JOURNEY INTO YOGA

**(18+)** Take a journey into your yoga practice! Explore the fundamentals of yoga based on breath work, mindfulness, alignment, building strength and increasing flexibility. Beginner friendly and perfect for continuing students. Discover the joy in your yoga journey through foundational yoga postures while stimulate, rejuvenate, and nurture your body and mind connection.

Th	9-10:15 am	9/12(7classes)	\$61(R)/\$92(N)	GRSC	Scorza	42968
Th	9-10:15 am	10/31(7classes)	\$61(R)/\$92(N)	GRSC	Scorza	42969

## NEW PRACTICAL GUIDE TO PERSONAL FREEDOM

**(18+)** Here, we will uncover the habits that no longer serve us and cultivate new habits to enhance our daily life. Based on the book "The Four Agreements", by Don Miguel Ruiz. You will discover ways to bring more joy into your life by creating new agreements with yourself.

Th	1:30-3 pm	10/31(2classes)	\$27(R)/\$41(N)	VLSC	Long	44614
----	-----------	-----------------	-----------------	------	------	-------



**YOGA - ALL LEVELS - OUTDOORS**

(18+) The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Join us to release tension, restore vitality and improve back health and posture! All levels welcome.

W	8:30 - 9:45 am	10/16(5classes)	\$50(R)/\$75(N)	VLSC	Parrow 43136
---	----------------	-----------------	-----------------	------	--------------

**YOGA - GENTLE**

(18+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the floor but also includes standing poses and movement to improve posture, balance, and breath. All levels welcome.

M	11 am-12:15 pm	9/9(6classes)	\$54(R)/\$81(N)	VLSC	Rothman 43139
Tu	9:15-10:45 am	9/10(7classes)	\$71(R)/\$107(N)	GRSC	Vershure 43142
Th	9:30-10:45 am	9/12(6classes)	\$54(R)/\$81(N)	HRZN	Rothman 43009
F	10:30 am-12 pm	9/13(13classes)	\$133(R)/\$200(N)	GRSC	Parrow 43141
M	11 am-12:15 pm	10/28(7classes)	\$61(R)/\$92(N)	VLSC	Rothman 43140
Th	9:30-10:45 am	10/31(7classes)	\$61(R)/\$92(N)	HRZN	Rothman 43010
Tu	9:15-10:45 am	11/5(7classes)	\$71(R)/\$107(N)	GRSC	Vershure 43143

**YOGA - GENTLE BEGINNING**

(18+) Find balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

M	9:30 - 11 am	9/9(14classes)	\$125(R)/\$188(N)	GRSC	Sikes 43144
---	--------------	----------------	-------------------	------	-------------

**YOGA - GENTLE/RESTORATIVE**

(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

Th	2:30 - 3:55 pm	9/12(14classes)	\$155(R)/\$233(N)	VLSC	Yancy 43145
Tu	10:15 - 11:40 am	9/10(14classes)	\$155(R)/\$233(N)	VLSC	Yancy 43146

**YOGA - RESTORATIVE**

(18+) Counteract a fast-paced, stressed-out life off the mat with restorative yoga. Yogis of all levels can enjoy this gentle, slow, still style of yoga involving long, passive holds in a series of 4-6 restful poses. Supported by props, the body releases tension and achieves physical, mental and emotional relaxation.

F	9 - 10:15 am	10/18(8classes)	\$73(R)/\$110(N)	GRSC	Parrow 43011
---	--------------	-----------------	------------------	------	--------------

**YOGA BASICS**

(18+) Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly; also perfect for continuing students. Deepen your work in foundational yoga postures while linking breath, awareness and movement from a place of stability.

W	11 am-12 pm	9/11(13classes)	\$85(R)/\$128(N)	MMRA	Stewart 43153
---	-------------	-----------------	------------------	------	---------------

**YOGA FOR STRONG BONES - ALL LEVELS**

(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance, and muscular strength. Everyone with osteopenia and osteoporosis is welcome but you must be able to get up from your mat without assistance. If you have serious osteoporosis, check with your doctor to be sure that a yoga class is appropriate for you.

Tu	11 am-12:30 pm	9/10(7classes)	\$71(R)/\$107(N)	GRSC	Vershure 43154
Tu	11 am-12:30 pm	11/5(7classes)	\$71(R)/\$107(N)	GRSC	Vershure 43155

**YOGA IN THE PARK - ALL LEVELS**

(18+) Enjoy our fabulous weather while discovering the joy of unifying body, mind and spirit in this lower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. Bring your mat, a blanket or large towel, and (optional) blocks.

W	9:30 - 11 am	9/11(14classes)	\$71(R)/\$107(N)	PMPK	Vershure 43156
W	10:30 am-12 pm	11/6(11classes)	\$62(R)/\$93(N)	PMPK	Vershure 43157

**MUSIC**

**BEGINNING GUITAR 1 & 2**

(14+) 1.) Purchase guitar book before first class: "Alfred's Basic Guitar Method Book 1" - 3rd Edition by Morty and Ron Manus 00-33304 book only - No CD or DVD needed. Approx. \$6.99 2.) Students must have a guitar of their own and bring it to class. Students use their own guitar. Acoustic or electric 6 string guitars welcome, small amplifiers can be used. 3.) Bring a 3-ring binder to first class. No registration after first class. Beginner 1 students will cover notes on the first three strings and then we add 6 - 8 chords to songs. Beginner 2 students will cover reading music, notes on all 6 strings and 11, 15 chords. Emphasis will be on smooth chord transitions and strumming and picking techniques.

M	6 - 6:45 pm	9/9(7classes)	\$57(R)/\$86(N)	CHAP	Fahy 42883
M	6 - 6:45 pm	10/28(8classes)	\$64(R)/\$96(N)	CHAP	Fahy 42884

**PIANO/KEYBOARD TEEN/ADULT**

(13+) This unique award winning method teaches keyboard skills on real songs you know and love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

W	6:30 - 7:30 pm	9/18(6classes)	\$124(R)/\$186(N)	HRZN Elements Music	43045
W	6:30 - 7:30 pm	10/30(6classes)	\$124(R)/\$186(N)	HRZN Elements Music	43046

**THE JOY OF PLAYING THE RECORDER**

(18+) This class will introduce you to the Alto Recorder. Whether you have never played a note of music in your life, or have music experience from earlier years, this class will provide a fun and joyful way to discover or rediscover your musical self! The teacher is the music director of the Desert Pipes, the Phoenix-area chapter of the American Recorder Society. \*See notes for items to purchase prior to the first class\*

M	2:30 - 3:20 pm	10/7(10classes)	\$68(R)/\$102(N)	VLSC	Koenig 43106
---	----------------	-----------------	------------------	------	--------------

## HOBBIES & INTEREST

### BRIDGE - BEGINNING

(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We'll cover opening bids and responses, no trump calls, overcalls, preempts, etc. Most important, there will be a great deal of hand play. Weekly review and open discussion help players develop communications skills with their partners.

W	9:30 -11:30 am	9/11(7classes)	\$64(R)/\$96(N)	VLSC	Bigham 42896
W	9:30 -11:30 am	10/30(7classes)	\$64(R)/\$96(N)	VLSC	Bigham 42897

### BRIDGE - INTERMEDIATE

(18+) This class is a continuation of the beginning class. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th	9:30 -11:30 am	9/12(7classes)	\$64(R)/\$96(N)	VLSC	Bigham 42898
Th	9:30 -11:30 am	10/31(7classes)	\$64(R)/\$96(N)	VLSC	Bigham 42899



### CANASTA FOR BEGINNERS

(18+) Learn (or refresh) the basics of this stimulating and fun game. This game helps strengthen one's cognitive skills and provides students with a socially rewarding experience. Handouts will be provided.

Th	9:30 -11:30 am	10/10(6classes)	\$42(R)/\$63(N)	VLSC	Bellet 43176
----	----------------	-----------------	-----------------	------	--------------

### CHESS

(18+) Learn the fundamentals of Chess. Have you ever wondered about opening theories, pins, forks, castles and endgames? How about Chess piece names, values and pawn promotions? Each class is designed to expand your knowledge of chess from the board up. You'll practice new tactics and strategies in a fun and inclusive environment.

F	9 -11 am	9/13(7classes)	\$64(R)/\$96(N)	VLSC	Bigham 42916
F	9 -11 am	11/1(6classes)	\$56(R)/\$84(N)	VLSC	Bigham 42917

### CREATIVE WRITING

(18+) Creative writing class will focus on craft. This will include creative writing prompts, plot/character development, help with revision and constructive feedback. All levels and creative writing forms welcome.

W	12 -2 pm	9/11(7classes)	\$68(R)/\$102(N)	VLSC	Robertson 42923
W	12 -2 pm	10/30(8classes)	\$76(R)/\$114(N)	VLSC	Robertson 42924

### CREATIVE WRITING II

(18+) In this class we will continue to hone our writing craft and prepare our writing for submission. Creative Writing I is a prerequisite for this class.

W	2:30 -4:30 pm	9/18(5classes)	\$52(R)/\$78(N)	VLSC	Robertson 44778
W	2:30 -4:30 pm	10/30(6classes)	\$60(R)/\$90(N)	VLSC	Robertson 44779



### DOG OBEDIENCE - TEACH FIDO MANNERS

(16+) Do you want your furry family member to have manners at home, with guests and out in public? Learn simple methods to teach your dog manners within your life. Training can begin at 20 weeks to senior age. Reactive or aggressive dogs are better suited for private sessions and not permitted in the class setting. No retractable leashes.

W	5:45 -7 pm	10/16(1class)	\$31(R)/\$47(N)	ELDO	Strauss 44827
---	------------	---------------	-----------------	------	---------------

### ONLINE INTRODUCTION TO VOICE OVER

(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. Instructor, Justine Reiss, is affiliated with a professional voice-over training company called Such A Voice. At the end of the 2-hour course, Justine lets students know if this is something they want to pursue, they can get a free voice evaluation where she will provide necessary feedback.

M	6:30 -8:30 pm	10/14(1class)	\$24(R)/\$36(N)	ONLINE	Reiss 42963
---	---------------	---------------	-----------------	--------	-------------

### LET'S PLAY TABLE TENNIS - BEGINNING

(15+) In this class, we will practice improving our strokes and drills, improve your serves and how to read spin better. We will mix in some footwork too, and doubles play. We will work in some game strategies to use, and there will be time for practice and open play, and match play too!

Th	4:30 -6 pm	9/12(6classes)	\$80(R)/\$120(N)	VLSC	Mack 42972
----	------------	----------------	------------------	------	------------

### LET'S PLAY TABLE TENNIS - INTERMEDIATE

(15+) Ready to ramp up your game? In this class, we will practice as though you are going to play in a tournament! Strokes, spin, power and placement. We will practice more shots - the loop, block, drop shot, heavy push, smash, and how about a lob or chop? Footwork drills, more advanced service drills/motions, and third ball attack - all chances to refresh or add to your skill set!

Th	4:30 -6 pm	10/31(6classes)	\$80(R)/\$120(N)	VLSC	Mack 43003
----	------------	-----------------	------------------	------	------------

### NEW OPTIMAL PROTEIN INTAKE WORKSHOP

(18+) In this workshop, you'll understand the significance of protein and explore effective methods for boosting your protein intake through meals and snacks.

Tu	11:30 am-12:45 pm	11/12(1class)	\$41(R)/\$62(N)	VLSC	Gulbas 44841
----	-------------------	---------------	-----------------	------	--------------

### MAH JONGG - BEGINNING

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

M	12:30 -2:30 pm	9/9(7classes)	\$79(R)/\$119(N)	VLSC	Weiner 42975
M	12:30 -2:30 pm	10/28(7classes)	\$79(R)/\$119(N)	VLSC	Weiner 42976

**MAH JONGG INTERMEDIATE- ADVANCED**

(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg American Version continuously for at least 6 months. A fun "mini-tournament" will be held at the final class of the session.

M	2:45 -4:45 pm	9/9(7classes)	\$79(R)/\$119(N)	VLSC	Weiner 42977
M	2:45 -4:45 pm	10/28(7classes)	\$79(R)/\$119(N)	VLSC	Weiner 42978

**NEW AZ RESIDENTS - TAX AND TRUST LAWS**

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.

Th	6:15 -7:45 pm	10/3(2classes)	\$21(R)/\$32(N)	HRZN	Shellander 42991
----	---------------	----------------	-----------------	------	------------------

**SUDOKU FOR BEGINNERS**

(18+) Welcome to the exciting world of Sudoku. In this class you'll learn the fundamentals and basics of gameplay. We will learn several strategies such as naked pairs, hidden pairs, pointed pairs, crosshatching and intersection removal strategy. This is a fun and rewarding game.

F	11:15 am-1:15 pm	11/1(6classes)	\$56(R)/\$84(N)	VLSC	Bigham 45201
---	------------------	----------------	-----------------	------	--------------

**TRUSTS, WILLS AND ESTATE PLANNING**

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes. Discover what only an Attorney and CPA with over 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.

Tu	6:15 -7:45 pm	10/22(2classes)	\$21(R)/\$32(N)	VLSC	Shellander 43124
----	---------------	-----------------	-----------------	------	------------------

**FIRST AID & SAFETY**

**DESERT HIKING FIRST AID**

(18+) The Desert Hiking First Aid course is designed to enhance the natural Sonoran Desert experience and improve the overall safety of all visitors to the Scottsdale McDowell Sonoran Preserve and other urban hiking areas. All course objectives are based on National Emergency Medical Services Education Competency Standards, as well as the National Park Service Guidelines for Emergency Medical Care.

Sa	9 am-3 pm	12/7(1class)	\$75(R)/\$75(N)	FENP	Scottsdale Fire Department 44867
----	-----------	--------------	-----------------	------	----------------------------------

**PET CPR & FIRST AID - BE READY!**

(14+) In this one day workshop learn to assess Pet's Vitals, Bleeding & Shock Management, Choking Management, Heat Emergencies, Pets & Disaster Safety Checklist, Bites & Stings, Restraining & Muzzling, Primary Assessment (know what actions to take in the first 15-25 seconds), Rescue Breathing & CPR. No pets allowed.

Sa	10 am-1 pm	11/2(1class)	\$45(R)/\$68(N)	HRZN	American Emergency Response 44782
----	------------	--------------	-----------------	------	-----------------------------------



**NEIGHBORHOOD COLLEGE**

**HOA SERIES**

**Community Association Finances 101 and How to Prevent Fraud and Embezzlement**

M	Sept. 16	1-3 pm	Mustang Library Auditorium	10101 N. 90th St.
---	----------	--------	----------------------------	-------------------

**Let's Get Together: The Proper Way to Conduct HOA/Board Meetings**

Tu	Sept. 24	6-8 pm	Community Design Studio	7506 E. Indian School Road
----	----------	--------	-------------------------	----------------------------

**Community Associations Deserve a Reserve!**

Th	Sept. 26	1-3 pm	Community Design Studio	7506 E. Indian School Road
----	----------	--------	-------------------------	----------------------------

**Legislative Update and How to Work Effectively with Management Companies**

M	Oct. 7	1-3 pm	Mustang Library Auditorium	10101 N. 90th St.
---	--------	--------	----------------------------	-------------------

**Mastering CC&R Enforcement: Tactics for Achieving Compliance**

Th	Oct. 10	1-3 pm	Community Design Studio	7506 E. Indian School Road
----	---------	--------	-------------------------	----------------------------

**Amending Your CC&Rs**

Tu	Oct. 29	6-8 pm	Community Design Studio	7506 E. Indian School Road
----	---------	--------	-------------------------	----------------------------

**Conflicts of Interest and How to Avoid Them**

W	Oct. 30	1-3 pm	Community Design Studio	7506 E. Indian School Road
---	---------	--------	-------------------------	----------------------------

**GOOD NEIGHBOR SERIES**

**Medicare is as Easy as 1,2,3**

Tu	Oct. 1	1-2 pm	Community Design Studio	7506 E. Indian School Road
----	--------	--------	-------------------------	----------------------------

**THE STORIES OF SCOTTSDALE HISTORY SERIES**

**Spooky Stories of Scottsdale**

M	Oct. 28	1-3 pm	Holland Center	34250 N. 60th St.
---	---------	--------	----------------	-------------------

**Murder in the First Degree: Two stories that Shocked Scottsdale**

M	Nov. 4	6-8 pm	Community Design Studio	7506 E. Indian School Road
W	Nov. 6	1-3 pm	Mustang Library Auditorium	10101 N. 90th St.

**Treasures of Scottsdale: Two Exceptional Stories**

W	Nov. 13	1-3 pm	Kerr Cultural Center	6110 N. Scottsdale Road
Th	Nov. 14	6-8 pm	Community Design Studio	7506 E. Indian School Road

Learn more at: [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Citizen Service"

## SCOTTSDALE AQUATICS OFFERS:



**SWIM LESSONS  
FOR ALL AGES  
(YOUTH & ADULT)**



**WATER  
EXERCISE  
CLASSES**



**LIFEGUARD  
CLASSES**

For more information, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Aquatics."

### POOL LOCATIONS:

**CACTUS AQUATIC & FITNESS CENTER (CACT)**  
7202 E. Cactus Road | 480-312-7665

**CHAPARRAL AQUATIC CENTER (CHAA)**  
5445 N. Hayden Road | 480-312-2361

**ELDORADO AQUATIC & FITNESS CENTER (ELDA)**  
2301 N. Miller Road | 480-312-2484

**MCDOWELL MOUNTAIN RANCH  
AQUATIC & FITNESS CENTER (MMRA)**  
15525 N. Thompson Peak Parkway | 480-312-6677

### FALL POOL HOURS:

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search 'Aquatic' for specific hours of operation and entrance fees.

#### LAP SWIM RATES

Adult (R) \$4 / Adult (N) \$6	CACT / CHAP / ELDA / MMRA
Child (R) \$3 / Child (N) \$4	CACT / CHAP / ELDA / MMRA

### WE'RE HIRING!

Becoming a lifeguard is a fun and rewarding experience – and it's not just a summer job. Become part of Scottsdale's incredible aquatics team this fall and enjoy a job with flexible hours, a great team environment, and valuable experience.

#### Here's How:

- Step 1. Get certified – Sign up for a course today!**
- Step 2. Complete and submit a City of Scottsdale job application**
- Step 3. Participate in a Skills Assessment\***

\*The Skills Assessment is an interview process consisting of various scenarios where the applicant must demonstrate basic competency in critical rescue skills. Application must be received by Scottsdale Human Resources prior to attending a skills assessment. Applicants will receive a phone call with the specific time and location of the skills assessment.

**Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Become a Lifeguard"**



### LEARN TO SWIM LESSONS

All City of Scottsdale Instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Detailed information can be provided by the aquatic staff. Swim Lesson Assessments are also offered by the staff to help determine the child's current level. Please call if you have questions.

- Please note: If your child's skill level is not within the advertised age range, please contact the aquatic facility to discuss age override options.
- Each class is 30 minutes in length.

*Please Note: Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.*

**Waitlist Policy** - Waitlisted participants will be called and will have 24 hours to respond if there is an opening in a class. Waitlisted participants will be removed if they do not respond. Waitlists will not be managed after the 3rd class.

#### FALL SESSION DATES:

Lessons run on Mondays and Wednesdays for four weeks and Saturdays for eight weeks for

Session 1:	9/9-10/2	CACT / ELDA / MMRA
Sat. Swim Lessons:	9/7-10/26	MMRA

#### TEEN LEARN TO SWIM

**(11-17yrs)** It is never too late to learn to swim or improve your strokes! This class is geared toward youth who want to learn the basics and/or want to improve their swimming techniques.

#### ADULT LEARN TO SWIM

**(13yrs+)** It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques.

#### ADULT STROKE REFINEMENT

**(13yrs+)** This class is for adults who would like coaching to improve their swimming and stroke technique. This class will also introduce swimming for fitness.

**AQUATIC INCLEMENT WEATHER POLICY** – The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are cancelled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.



## ADULT SPECIALTY CLASSES

All classes are 50 minutes in length unless otherwise noted.

Please Note: Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

Fees: Monthly pre-registration is recommended (fee varies, see table).

Drop-in Information: \$5 Resident / \$8 Non-Resident, space permitting (Drop-in participation is limited due to class size. Drop-in may not be accommodated if class registration is full).



### ACHE AWAY EXERCISE

(13yrs+) BackAche? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching and toning.

### DEEP WATER EXERCISE

(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool features aerobic exercise, treading water, and activities that improve swimming technique and fitness. A variety of water equipment is used for conditioning and total body toning.



### SHALLOW WATER EXERCISE

(13yrs+) Walking, running, jumping and a variety of aerobic movements are preformed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

### TONE & TAI CHI

(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance and energy. A great way to start your day or prepare yourself for water exercise or lap swim.



## DUNKIN' FOR PUMPKINS

Did you know that pumpkins can float?

**Sunday, Oct. 20 | 1 p.m.**

Come join us at the McDowell Mountain Ranch Aquatic Center for our floating pumpkin patch! The pool will be heated and there will be stations for decoration and other activities after you have picked your pumpkin.



You must register in advance for your pumpkin

**Cost is \$15 per pumpkin,  
register now to reserve yours!**

**Call 480-312-6677 for more information.**

## YOUTH SWIM LESSONS

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Classes are 30 minutes.

**FALL SESSION DATES: M-W for 4 weeks & Sat. for 8 weeks**

Weekdays 9/9-10-2 | Sat. 9/7-10/26

**NEW!** Check out the updates to our swim lesson classes and curriculum.



### SEA BABIES

(6mo-3yrs / 1:8 ratio)

- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills
- Swim benchmarks in swim wear and regular clothes



### SEA TURTLES

(4-7yrs / 1:4 ratio)

- Students must be comfortable moving independently in water 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes



### TADPOLES

(2.5-5yrs / 1:4 ratio)

- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted front & back floats, tuck & stand
- Swim benchmarks in swim wear and regular clothes



### OTTERS

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Backstroke concepts



### GUPPIES

(3-6yrs / 1:4 ratio)

- Basic water safety skills (responding to cueing, boundaries based on swimming abilities, putting on a life jacket and kick 10 ft, and treading water)
- Front and back floats and tuck & stand
- Bobbing
- Jump or rolling in and recovering on back to breathe
- Assisted beginner stroke on the front and back with direction changing and rolling onto back to breathe
- Swim benchmarks in swim wear and regular clothes



### DOLPHINS

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Water safety skills (emergency scenarios and Reach or Throw and putting on a life jacket and kick 30 ft in water)
- Elementary backstroke concepts
- Sidestroke concepts
- Introduction to butterfly



### TADPOLES/GUPPIES

(6yrs / 1:4 ratio)

- Basic water safety skills meant for older non swimmers (Putting on a lifejacket & kick 20 ft)
- Assisted and unassisted submersion
- Assisted and unassisted front & back floats
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes

**NEW!**



### ORCAS

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Breaststroke & Butterfly stroke concepts
- Endurance building



### SHARKS

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

**FIND SWIM LESSON AND CLASS INFORMATION ONLINE!**

Search for swim lessons by class name or by location at: [Recreation.ScottsdaleAZ.gov](https://Recreation.ScottsdaleAZ.gov)



## ADAPTIVE RECREATION

8102 E. Jackrabbit Road (ADSC)  
480-312-2234

CONTACT:  
AdaptiveRecreation@ScottsdaleAZ.gov

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Adaptive Recreation"

The City of Scottsdale Adaptive Recreation's goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

Please contact Adaptive Recreation if you need an accommodation for any program listed within the Scottsdale Leisure Education Guide.

## SOCIAL OPPORTUNITIES

(15+) Explore recreation and leisure interests through a variety of activities while engaging with peers.

### WALKING CLUB

W	12-1 pm	10/23, 10/30, 11/6, 11/13, 11/20, 11/27, 12/4, 12/11	FREE	ADSC	44786
---	---------	--	------	------	-------

### FRIENDSGIVING

Th	6-7:30 pm	11/7	\$10(R)/\$14(NR)	ADSC	44617
----	-----------	------	------------------	------	-------

### NOVEMBER INTRO TO YOGA

Tu	6-7:30 pm	11/19	FREE	ADSC	44632
----	-----------	-------	------	------	-------

### HOLIDAY LIGHTS

Th	6-8 pm	11/21	\$5(R)/\$10(NR)	MSRRP	44787
----	--------	-------	-----------------	-------	-------

### HOLIDAY BAKING

Tu	6-7:30 pm	12/3	\$5(R)/\$7(NR)	ADSC	44634
----	-----------	------	----------------	------	-------

### HOLIDAY CRAFT

Tu	6-7:30 pm	12/10	\$5(R)/\$7(NR)	ADSC	44635
----	-----------	-------	----------------	------	-------

### HOLIDAY SOCIAL

Tu	6-7:30 pm	12/17	FREE	ADSC	44636
----	-----------	-------	------	------	-------

### DECEMBER INTRO TO YOGA

Th	6-7:30 pm	12/19	FREE	ADSC	44633
----	-----------	-------	------	------	-------



## Special Olympics Arizona



## SPECIAL OLYMPICS (SOAZ)

The Scottsdale Bobcats is the Special Olympics Team representing Scottsdale Adaptive Recreation. Enjoy fun and camaraderie, and learn valuable skills when you join a team!

For more information regarding our 2024 fall Special Olympics Arizona Sports, contact Adaptive Recreation at 480-312-2234.



## DANCES



(16+) Bust a move to your favorite hits! Our monthly dances feature a live DJ and light refreshments. Advanced, online registration required.

### OCTOBER DANCE

Sa	6-8 pm	10/5	\$5(R)/\$7(NR)	ADSC	44618
----	--------	------	----------------	------	-------

### NOVEMBER DANCE

Sa	6-8 pm	11/2	\$5(R)/\$7(NR)	ADSC	44619
----	--------	------	----------------	------	-------

### DECEMBER DANCE

Sa	6-8pm	12/7	\$5(R)/\$7(NR)	ADSC	44620
----	-------	------	----------------	------	-------

Your next opportunity to join the Adult Sports fun is during the Winter 2024 season.

### OFFERING:

- ▶ BASKETBALL
- ▶ FLAG FOOTBALL
- ▶ KICKBALL
- ▶ COED SOFTBALL
- ▶ MEN'S SOFTBALL
- ▶ INDOOR VOLLEYBALL
- ▶ SAND VOLLEYBALL

### Winter Registration

Registration Opens:  
11/4 (R) | 11/5 (N) at 8am

Early Registration Ends:  
11/24

Last Day to Register:  
12/8

## ADULT SPORTS

5401 N. Hayden Road | 480-312-0227 | [AdultSports@ScottsdaleAZ.gov](mailto:AdultSports@ScottsdaleAZ.gov)

## PICKLEBALL

Did you know Scottsdale has 21 Pickleball courts?

- 10 courts at Horizon Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Pickleball" for more information about courts and lessons.



## SCOTTSDALE PARKS AND RECREATION HAS BEEN ACCREDITED FOR OVER 25 YEARS!



For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization's commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency's overall quality of operation, management, and service to the community.

**Learn more at: [ScottsdaleAZ.gov/Parks](http://ScottsdaleAZ.gov/Parks)**

## TENNIS CENTER LOCATIONS

### INDIAN SCHOOL PARK (ISPK)

4829 N. Hayden Road  
480-312-2740  
ISPLeagues@ScottsdaleAZ.gov

### SCOTTSDALE RANCH PARK (SRPK)

10400 E. Via Linda  
480-312-7774  
SRPLeagues@ScottsdaleAZ.gov

### FALL HOURS OF OPERATION

#### Sept. 2 – Dec. 2

Mon. – Fri. .... 7:30 am – 9 pm

Sat. – Sun. .... 7:30 am – 7 pm

\*Subject to change. For most updated information, visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Tennis."

## ADULT LESSONS & LEAGUES

### TENNIS LESSONS

#### Mon. – Sat. lesson sessions

Session 1 (6 weeks) – 9/9 to 10/19

Session 2 (6 weeks) – 10/28 to 12/14 (no activities 11/25-11/30)

### ADULT & SENIOR TENNIS LESSONS

(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (Tennis 101 or 1.0-1.9) do not require a rating.

### ADULT TENNIS LEAGUES

League levels offered begin at the 2.5 level and up to the 4.5 level. Men's and women's singles, men's and women's doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants. NO MAKE-UPS permitted for tennis league matches (other than facility scheduled weather related make-ups).

### LESSON REGISTRATION DATES

Mon.	7/29	8 am	Residents
Tue.	8/1	8 am	Non-Residents

### LEAGUE REGISTRATION INFORMATION

#### Fall tennis leagues begin the week of 9/9

Early registration period	7/29-8/18
Late registration period	8/19-9/1

### RATINGS

All participants must have an NTRP rating to register. Need a rating? Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call **SRPK** or **ISPK** for an appointment. For the tennis ratings schedule, please visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Tennis."

### DROP-IN PROGRAM

No partner or registration required.

#### SCOTTSDALE RANCH PARK TENNIS CENTER

Summer Drop in End 9/13			
Mixed Doubles	M & F	7:30 am	(through 9/13)
Men's & Women's Doubles	Tu & Th	7:30 am	(through 9/12)
3.5+ Men's & Women's Doubles	W	7:30 am	(through 9/11)
Fall and Winter Drop in Begins 9/16			
Mixed Doubles	M & F	12:30 pm	(beginning 9/16)
Men's & Women's Doubles	Tu & Th	12:30 pm	(beginning 9/17)
3.5+ Men's & Women's Doubles	W	12:30 pm	(beginning 9/18)
<i>\$4 per person per visit (includes a can of balls per court)</i>			

#### INDIAN SCHOOL PARK TENNIS CENTER

Doubles	Tu & Th	7:30 am	(Sept. – Oct.)
Doubles	Tu & Th	9 am	(Nov. – Feb.)
<i>\$3 per person per visit</i>			



## JUNIOR TENNIS

### JUNIOR TENNIS LESSONS

(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-10yrs, 9-12yrs, & 11-17yrs. At ISPK, juniors are grouped by age; 5-8yrs and 9-12yrs.

### JUNIOR MATCH PLAY

(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

## JUNIOR LESSONS

### TENNIS LESSONS

Session 1 (6 weeks)	9/9 to 10/19
Session 2 (6 weeks)	10/28 to 12/14 (no activities 11/25-11/30)

## ONLINE REGISTRATION

Complete tennis programs, activity numbers, instructors, locations and more are listed online at [Recreation.ScottsdaleAZ.gov](http://Recreation.ScottsdaleAZ.gov). Search for what activity you are looking for, then filter your search based on whatever specifics you like such as favorite instructor, location, day or time and more. Program instructor or day/time is subject to change.



**For a full list of tennis lessons, go to [Recreation.ScottsdaleAZ.gov](http://Recreation.ScottsdaleAZ.gov) and search "Tennis."**

## SENIOR CENTER FITNESS FACILITIES

A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

### GRANITE REEF SENIOR CENTER (GRSC)

1700 N. Granite Reef Road | 480-312-1700  
Hours: M-Th: 8 am - 8 pm | Fri: 8 am - 5 pm

### VIA LINDA SENIOR CENTER (VLSC)

10440 E. Via Linda | 480-312-5810  
Hours: M-Th: 8 am - 8 pm | Fri: 8 am - 5 pm

Daily	\$3(R)	\$5(N)
1 Month	\$15(R)	\$25(N)
3 Month	\$40(R)	\$60(N)
Annual	\$130(R)	\$195(N)

## AQUATIC CENTER FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time.

*Ages 14-17 must have a waiver signed by a parent or guardian.*

### CACTUS AQUATIC & FITNESS CENTER

7202 E. Cactus Road | 480-312-7665

### ELDORADO AQUATIC & FITNESS CENTER

2301 N. Miller Road | 480-312-2484

### MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway | 480-312-6677

<b>Fitness Center Fees:</b>	
Adult \$4(R) / \$6(N)	Youth \$3(R) / \$4(N)
<b>Adult Swipe Cards:</b>	
10 visits \$40(R) / \$60(N)	30 visits \$96(R) / \$144(N)
<b>Youth Swipe Cards:</b>	
10 visits \$30(R) / \$40(N)	30 visits \$72(R) / \$96(N)



Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Aquatics" for hours of operation. See pg. 24 for more information!



# CLUB SAR

## BOXING AND FITNESS CENTER

8055 E. CAMELBACK ROAD | 480-312-2669

Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, boxing equipment and punching bags.

**For more information, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Club SAR."**

## HOURS

**MON. - THU.:** 6 am - 9 pm  
**FRI.:** 6 am - 8 pm  
**SAT.:** 10 am - 3 pm  
**SUN.:** Closed

## CLUB SAR FEES AND MEMBERSHIP OPTIONS

All classes are included with membership or daily fee.

	ADULT (R)	YOUTH (R)	ADULT (N)	YOUTH (N)
	(18+)	(14-17)	(18+)	(14-17)
1 Year	\$99	\$50	\$150	\$75
3 Month	\$50	\$25	\$75	\$38
1 Month	\$20	\$10	\$30	\$15
Daily Drop-In	\$4	\$4	\$6	\$6

## CLUB SAR CLASSES

Subject to change, instructors may vary

Barre Workout	M & W	5:30-6:30 pm
Kickboxing	Tu & Th	5:30-6:30 pm
Spin	M & W	5-5:30 pm
Rowing / Boot Camp	Tu & Th	5-5:30 pm
Yoga	W	6:15-7:15 am
Yoga	M & Th	6:45-7:45 pm
Yoga	Sa	10:30-11:30 am

Personal Training Available On Request (additional fees)

# SCOTTSDALE

# reads



FALL 2024 - SEPT | OCT | NOV | DEC



## SCOTTSDALE LIBRARIES

SEPT | OCT | NOV | DEC 2024

## Calendar of Events

LEARN MORE ABOUT LIBRARY PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

### Connect



ScottsdalePublicLibrary



@ScottsdalePublicLibrary



ScottsdalePublicLibrary



ScottsdaleLibrary

#### HOLIDAY CLOSURES

Mon., Sept. 2 .....Labor Day  
 Mon., Oct. 14 .....Staff Development Day  
 Mon., Nov. 11 .....Veterans Day  
 Thu., Nov. 28 / Fri., Nov. 29 ..... Thanksgiving  
 Wed., Dec. 25 .....Christmas

#### CONTACT US

480-312-7323 (READ)  
 480-312-2133 (Español)

#### LIBRARY HELP LINE HOURS

Mon. - Sat. ....10 am - 5 pm  
 Sun. ....Closed

### Checkout Limits

We are a fine-free library!

NEW ITEMS	CHECK OUT
DVDs	1 week
Books	2 weeks
CDs	3 weeks

MOST WANTED	CHECK OUT
DVDs	3 days
Books & TV Series	14 days

EVERYTHING ELSE
3 weeks

Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at [ScottsdaleLibrary.org](http://ScottsdaleLibrary.org). You can also renew items in person at the library or by calling 480-312-7323.

### LOCATIONS & HOURS

[ScottsdaleLibrary.org/locations](http://ScottsdaleLibrary.org/locations)  
 480-312-READ (7323)  
 480-312-2133 (Español)

- APPALOOSA - 7377 E. Silverstone Drive
- ARABIAN - 10215 E. McDowell Mtn. Ranch Road
- CIVIC CENTER - 3839 N. Drinkwater Blvd.
- MUSTANG - 10101 N. 90th Street

#### BRANCH HOURS FOR ALL LOCATIONS

Mon. - Thu. ....10 am - 7 pm  
 Fri. & Sat. ....10 am - 5 pm  
 Sun. ....1 - 5 pm

#### DRIVE-THRU AND CURBSIDE HOURS

Mon. - Thu. ....10 am - 6 pm  
 Fri. & Sat. ....10 am - 5 pm  
 Sun. ....1 - 5 pm

#### PONY EXPRESS @ APPALOOSA HOURS

Mon. - Sat. ....8 - 10 am  
 Sun. ....8 am - 1 pm

#### PONY EXPRESS @ GRANITE REEF SENIOR CENTER

24/7 Hold Pickup

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event     = Registration Required    \*all programs subject to change

**FACILITY CODES:**

- APP ..... Appaloosa Library
- ARA ..... Arabian Library
- CC ..... Civic Center Library
- MUS ..... Mustang Library
- FRC ..... Family Resource Center



## YOUTH STORYTIMES

### 📖 BABY CUDDLES STORYTIME

(ages 0-24 months / 20 min / space is limited) This program develops babies' literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

M	10:30 am	9/9-12/9	FREE	APP
Tu	10:30 am	9/10-12/10	FREE	CC
W	10:30 am	9/11-12/11	FREE	MUS
Th	10:15&11 am	9/12-12/12	FREE	ARA

### 📖 BOOKS 2 BOOGIE

(ages 0-5 / 30 min / space is limited) Join us as we partner with Scottsdale Arts for a special Books 2 Boogie to be held outside on the Scottsdale Civic Center West Bowl.



Tu	10:30 am	9/10-12/10	FREE	MUS
W	10:30 am	9/11-12/11	FREE	APP
Th	10:30 am	9/12-12/12	FREE	CC
Sa	10:15 am	9/21, 10/19, 11/16 & 12/14	FREE	ARA

### 📖 BOOKS 2 BOOGIE WITH HEART

(ages 0-5 / 30 min / space is limited) Join us as we partner with Scottsdale Arts for a special Books 2 Boogie to be held outside on the Scottsdale Civic Center West Bowl.

Sa	10:30 am	11/9	FREE	CC
----	----------	------	------	----

### 📖 FAMILY STORYTIME

(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities.

M	6:15 pm	9/9-12/9	FREE	ARA
Sa	10:30 am	9/14-12/14	FREE	APP
Sa	10:30 am	9/14, 10/12 & 12/14	FREE	CC
Sa	10:30 am	9/28, 10/26 & 11/23	FREE	MUS



### 📖 TWOS & THREES TOGETHER

(ages 2-3 / 30 min / space is limited) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and develop their literacy and learning skills.

M	10:30 am	9/9-12/9	FREE	CC
Tu	10:15 & 11 am	9/10-12/10	FREE	ARA

### 📖 SCOTTSDALE FOR ALL STORYTIMES

(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to promote diversity, equity and inclusion.

M	10:15 am	9/23	FREE	ARA
<i>Sign Language</i>				
Sa	10:30 am	9/28	FREE	CC
<i>Body Positivity</i>				
Sa	10:30 am	10/26	FREE	CC
<i>Día de los Muertos</i>				
M	10:15 am	11/18	FREE	ARA
<i>Little Libros</i>				
Sa	10:30 am	11/23	FREE	CC
<i>Native American Heritage</i>				

### 📖 POLAR EXPRESS STORYTIME

(all ages / 45 min / space is limited) Come ride the storytime Polar Express. Wear your pjs and join us for a holiday story, songs, and treats! Do you believe?

W	6 pm	12/18	FREE	CC
Tu	10:15 am	12/17	FREE	ARA

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

📖 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change



# Knowing & Growing!

## STAY AND PLAY

(ages 0-5 / 90 min / 5-week series)  
This five-week series of play-based learning is for children up to 5 years old and their parents/caregivers. Your child will have opportunities to explore, create, and investigate this intentional play-based environment. Each session will also feature local resource professionals who address a variety of early childhood topics.



W	10:30 am	9/4-10/2 (5 classes)	FREE	CC
Th	10:30 am	10/24-11/21 (5 classes)	FREE	MUS

## STEP UP TO LEARNING

(ages 3-5 / 45 min / 6-week series) This six-week series is designed to focus on children's approaches to learning, both socially and academically. Each session uses books, songs and parent/child interactions to help develop one of the most important domains in child development – how to learn.

Th	5:30 pm	9/12-10/17 (6 classes)	FREE	MUS
----	---------	------------------------	------	-----

## BOOKS CAN...@

(ages 0-3 / 45 min / 6-week series) Books Can...@ is a unique program based on Arizona's Infant & Toddler Guidelines and Arizona's Early Learning Standards that uses popular picture books, rhymes, songs and interactive activities to promote children's social and emotional development. Registrants are expected to attend all six sessions.

M&Tu	5:30pm	11/25-12/10 (6 classes)	FREE	CC
------	--------	-------------------------	------	----

## FUN WITH MATH AND SCIENCE

(ages 3-5 / 45-60 min / 6-week series) Join us as we explore math and science concepts in an interactive, playful way! Based on the Arizona Early Learning Standards for Math and Science, this six-week course explores concepts and introduce strategies you can use with your child to help build and strengthen their mathematical and scientific thinking skills. Registrants are expected to attend all six weeks.

W	10 am	9/11-10/16 (6 classes)	FREE	FRC
---	-------	------------------------	------	-----

## LITTEST SCIENTISTS

(ages 2-5 / 90 min) Think like a scientist while engaging in playful exploration. Each week of the program brings new challenges.



W	10 am	11/13-12/18	FREE	FRC
---	-------	-------------	------	-----

## YOUTH PROGRAMS

### TAIL WAGGIN' TALES

(ages 6-10 / 60 min) Certified therapy dogs love listening to kids practice their reading skills at the library. Beginning readers welcome!

Su	3 pm	8/4, 9/8, 10/6, 11/3 & 12/1	FREE	CC
Tu	3:30 pm	9/10, 10/8, 11/12 & 12/10	FREE	ARA

### DRIVE UP AND DRIVE-IN

(all ages / 120 minutes / space is limited) Join us for a crafty drive-in movie experience! Families can create their own cardboard car and then stay and sit in their car for a "drive-in" movie afterward!

Sa	2pm	9/21	FREE	CC
----	-----	------	------	----

### ANIMAL COMMUNITY HELPERS

(ages 0-5 / 30 min) Join us for an exciting meet-and-greet with surprise 4-legged guests who help our community in unique ways!

Th	10:30 am	10/3	FREE	APP
Th	10:30 am	11/21	FREE	APP

### TENDER LITTLE HEARTS MINI TALES

(ages 5-18 / 60 min) Join us for a turn reading to a miniature horse or donkey! Tender Little Hearts Mini Tales brings reading opportunities by using miniature therapy horses and donkeys to encourage readers and to spur on literacy growth. Multiple therapy animals will be available. This program is designed for readers who already have a literacy foundation and are familiar with letter sounds-we will work on building confidence with reading!

Tu	4 pm	10/15, 11/19 & 12/17	FREE	CC
----	------	----------------------	------	----

### TIME TRAVEL CLUB

(ages 8-12 / 60 min) Ever wish you could travel through time? Come learn about Native American Heritage through hands-on activities, science projects, arts and crafts, stories, and more!

W	4 pm	10/16	FREE	CC
Sa	2 pm	10/19	FREE	APP



### HALLOWEEN FAMILY FUN!

(ages 0-8 / 45 min) Calling all ghosts, goblins, and other costumed characters! Stop by the library for family-friendly games and activities to celebrate the spooky season.

M	6 pm	10/28	FREE	APP
M	6 pm	10/28	FREE	ARA
M	6 pm	10/28	FREE	CC
M	6 pm	10/28	FREE	MUS

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change



## Full STEAM Ahead

Science, Technology, Engineering, Art, and Math  
Supporting education that helps children develop the skills to become creators and inventors.



### LEGO MASTERS

(ages 6-11 / 60 min) Are you a LEGO Master? Join us for some build time while you complete our weekly challenge by yourself or with some friends. We'll finish each week with an opportunity to present your build to the group.

Tu	4:30 pm	9/10, 10/1, 11/5 & 12/3	FREE	MUS
W	4 pm	9/11, 9/25, 10/9, 10/23, 11/6, 11/20 & 12/4	FREE	CC



### FULL STEAM AHEAD: ONCE UPON A FAIRYTALE

(ages 6-11 / 45 min) Discover the secrets of science behind your favorite fairytales. Each month we will investigate a different project that will enchant you.

W	4 pm	9/4, 10/2, 11/13 & 12/11	FREE	CC
Tu	4:30 pm	9/24, 10/15, 11/19 & 12/10	FREE	MUS
Tu	3:30 pm	10/15	FREE	APP
W	3:30pm	10/16	FREE	ARA

### FULL STEAM AHEAD: VOLCANOES

(ages 6-11 / 45 min) Young scientists will become volcano builders in this interactive workshop. After everyone has built their volcano model, we'll mix up some chemical reactions and watch each one erupt!

Tu	3:30 pm	9/10	FREE	APP
W	3:30pm	9/18	FREE	ARA
W	4 pm	9/18	FREE	CC

### FULL STEAM AHEAD: PUMPKIN WRECKING BALL

(ages 6-12 / 60 min) Come learn some engineering skills while you play with pumpkins! We will be using pumpkins and various other materials to see if the pumpkins will knock over smaller objects.

W	4:30 pm	10/23	FREE	MUS
W	4 pm	10/30	FREE	CC

### ARIZONA BIRDS OF PREY

(ages 6 and up / 45 min) Come and meet some amazing birds of prey that are native to Arizona. Presenters from Liberty Wildlife will teach us about the history, habitat, preservation and safety of each animal.

W	3:30 pm	11/13	FREE	ARA
Th	4 pm	11/14	FREE	MUS
Tu	4 pm	11/19	FREE	APP
W	4 pm	11/27	FREE	CC

Graphic novels, manga and comics are exploding online and you can access them from many sources through your library. Find titles ranging from The Witcher to Ms. Marvel to Diary of a Wimpy Kid in Libby. Hoopla has even more with titles from The Last Airbender, the full Smile series, and My Hero Academia as examples. And Comics Plus has unlimited access to all things illustrated from the classic zine based Love and Rockets, to the best selling Attack of the Titans to the kid friendly adventures of Bone. Enjoy the imaginative ways artists and authors work together to create a unique reading experiences at

**[ScottsdaleLibrary.org/downloadables](https://scottsdalelibrary.org/downloadables)**

## TWEEN & TEEN PROGRAMS

### TEEN ADVISORY BOARD (TAB)

(ages 12-18) Teen Advisory Board (TAB) volunteers focus on supporting the library through volunteerism in a variety of programs, services, and projects, as well as advising the library by brainstorming teen programs and collections. TAB members meet monthly and can receive service hours credit for meetings and projects.

M	5 pm	9/9, 10/7, 11/4 & 12/2	FREE	MUS
Tu	5 pm	9/3, 10/1, 11/5 & 12/3	FREE	APP
Th	4pm	9/5, 10/3, 11/7 & 12/5	FREE	CC
Th	5 pm	9/5, 10/3, 11/7 & 12/5	FREE	ARA



### TWEEN SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(ages 8-12 / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to unique themes.

Sa	1 pm	9/7	FREE	CC
<i>Realistic Still Life Drawing</i>				
Sa	1 pm	10/5	FREE	CC
<i>Surreal Landscape Painting</i>				
Sa	1 pm	11/2	FREE	CC
<i>Beading</i>				

### BREAKERSPACE

(ages 12-18 / 60 min) Join us for some stress relief as we deconstruct, demolish and destroy old items (all supplies will be provided).

M	4 pm	9/9	FREE	MUS
---	------	-----	------	-----

### TEEN BOOK CLUB

(ages 13-18 / 60 min) Join us on the third Monday of each month for lively conversation on book titles selected by teens within a variety of genres.

M	5 pm	9/16, 10/21 & 11/18	FREE	MUS
---	------	---------------------	------	-----

### MONSTER MASH

(ages 12-18 / 90 min) Get your fright on while we watch a scary movie and enjoy some monster munchies.

Th	5 pm	10/24	FREE	CC
Sa	1:30 pm	10/26	FREE	MUS

### CUBE CLUB

(ages 10-18 / 60 min) Monthly gathering for teens & tweens interested in solving the Rubik's Cube, learning new tips and tricks, practicing with a speedcubing timer, trying different twisty-puzzles, and making mosaic art out of multiple cubes. Bring your own Rubik's Cube(s) or we'll have some to borrow. Open to beginning and advanced Cubers.

Th	3:30 pm	9/19, 10/17, 11/21 & 12/19	FREE	ARA
----	---------	----------------------------	------	-----

### TEENS IN THE KITCHEN

(ages 12-18 / 60 min) You love to eat but can you cook? Learn the essentials for kitchen safety and preparing simple meals. Participants will go home with easy recipes and tips. This is a demo-and-make-it program.

Tu	4 pm	9/3	FREE	APP
Th	4 pm	9/5	FREE	ARA

### ALL AGES SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(ages 12 and up / 90 minutes / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes. This program is also open to adults.

Sa	2:30 pm	9/7	FREE	CC
<i>Realistic Still Life Drawing</i>				
Sa	2:30 pm	10/5	FREE	CC
<i>Surreal Landscape Painting</i>				
W	2 pm	11/6	FREE	APP
<i>Watercolors</i>				

### WATERCOLOR WORKSHOP

(ages 10-18 / 60 min) Enjoy a free watercolor workshop presented by Scottsdale Artists' School. All materials provided.

W	3 pm	11/13	FREE	ARA
---	------	-------	------	-----



### JEWELRY MAKING

(ages 12 and up / 120 min) Local artists from Scottsdale Artists' School will teach the fundamentals of jewelry making. This program is open to both teens and adults; teens ages 12-15 are encouraged to register with an adult.

Sa	2:30 pm	11/2	FREE	CC
----	---------	------	------	----

### TEEN HOLIDAY GIFT CRAFT: SNOW GLOBES

(ages 10-18 / 60 min / space is limited) Join us for our holiday craft! We will be creating snow globes to give as gifts, or to keep for ourselves.

M	4 pm	12/2	FREE	MUS
Tu	4 pm	12/3	FREE	APP
W	3 pm	12/11	FREE	ARA

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change

**The Knowasis Teen Center** at Civic Center Library is a unique space specifically designed for teens ages 12-18. Drop in anytime to game with our PS5, Xbox, Switch and board games, join one of our programs geared specifically for teens or just come to hang out!



### KNOWASIS BOARD GAME CLUB

(ages 12-18 / 60 min / space is limited) Want to play board games with other teens? Learn new fun games and revive old favorites!

Th	5 pm	9/12, 10/10 & 11/14	FREE	CC
----	------	---------------------	------	----

### KNOWASIS CREATIONS: TINY LIBRARIES

(ages 12-18 / 60 min / space is limited) Come create a tiny library with us in honor of Banned Book Week! We will create mini libraries out of metal tins to display in Knowasis to highlight some of our favorite banned books.

Th	5 pm	9/19	FREE	CC
----	------	------	------	----

### KNOWASIS CREATIONS: POP TAB SWAG

(ages 12-18 / 60 min / space is limited) Create take home items from pop tabs like bracelets and belts!

Th	5 pm	9/26	FREE	CC
----	------	------	------	----

### KNOWASIS CREEPY CREATIONS: DOLL HEAD PLANTERS

(ages 12-18 / 60 min / space is limited) Create a succulent planter inside a creepy doll head during this spooky season!

Th	5 pm	10/17	FREE	CC
----	------	-------	------	----

### KNOWASIS SPOOKY MOVIE

(ages 12-18 / 90 min) Enjoy a spooky movie to celebrate the holiday!

Th	5 pm	10/31	FREE	CC
----	------	-------	------	----

### KNOWASIS CREATIONS: PIXEL ART FIDGET SPINNERS

(ages 12-18 / 60 minutes / space is limited) Join us to create take home your own pixel art fidget spinner!

Th	5 pm	11/21	FREE	CC
----	------	-------	------	----

### KNOWASIS HOLIDAY CREATIONS: SNOW GLOBES

(ages 12-18 / 60 minutes / space is limited) We will be creating snow globes to give as gifts, or to keep for ourselves for our holiday craft.

Th	5 pm	12/12	FREE	CC
----	------	-------	------	----



# hoopla®

**Hoopla has it all! Use the Hoopla app or website to get ebooks, audiobooks, music, streaming films, tv shows, and comics. So much to check out!**

Learn more about Hoopla and all the other ways you can access eMedia and all manner of other online services at [ScottsdaleLibrary.org/downloadables](https://ScottsdaleLibrary.org/downloadables)



REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✅ = Registration Required    \*all programs subject to change

**FACILITY CODES:**

- APP ..... Appaloosa Library
- ARA ..... Arabian Library
- CC ..... Civic Center Library
- MUS ..... Mustang Library
- FRC ..... Family Resource Center

**LOCAL MUSICIAN SHOWCASE**

Join us the first Wednesday evening of every month for acoustic music performed by local musicians. Bring the family and enjoy the show!

W	5:30 pm	9/4, 10/2, 11/6 & 12/4	FREE	CC
---	---------	------------------------	------	----

**LEARN TO SOLVE THE RUBIK'S CUBE**

Always wanted to learn how to solve the Rubik's Cube? Learn the algorithms designed for beginning solvers from a Master Cubeologist who has taught adults around the country! Rubik's Cubes will be available to borrow for use during the class, or you may bring your own.

Th	12:30 pm	9/12	FREE	MUS
----	----------	------	------	-----

**TEA TASTING WITH SPICE AND TEA EXCHANGE**

Start your morning with a sampling of teas from around the world with Spice and Tea Exchange. Discover the rich cultural heritage and diverse flavors of various tea varieties while learning about their origins, brewing techniques, and health benefits from seasoned tea experts.

F	11 am	9/13	FREE	CC
---	-------	------	------	----

**WILDLIFE PHOTOGRAPHY WORKSHOP**


Interested in improving your photography skills? Learn about proper composition, light, color and more. Presented by local birding expert and wildlife photographer Cindy Marple.

Tu	1 pm	9/17	FREE	APP
----	------	------	------	-----

**STORYTELLING TREASURES**

Do you have a special item at home that you would like to share with others? We all remember bringing a treasured possession to school and telling our friends why we love it so much. Consider a photo or letter, a family heirloom, an object from a job or trip, anything that has meaning to you. It's the story that counts. Please bring one item, small enough to carry, or a photograph of larger items.

W	2 pm	9/25	FREE	ARA
Tu	5:30 pm	11/19	FREE	ARA



**PUZZLE SWAP**  
at Arabian Library

Bring your gently used puzzle, without any missing pieces, and trade for one that is new to you.

**FREE**

**Oct. 3**  
Thursday, 10 am - 6 pm

**SOUTHWEST AUTISM RESEARCH & RESOURCE CENTER**

Learn about autism with SARRC. Autism spectrum disorder will be defined, including a description of challenges, strengths, and the influence of environments in the community. Research on evidence-based practices for individuals with autism will be reviewed, including strategies to support learning.

M	5 pm	9/30	FREE	MUS
---	------	------	------	-----

**MEMOIR WORKSHOP**

(2 hrs) In this three-part creative writing class, author and instructor Mark Johnson will lead aspiring writers on a creative journey to begin to write their own memoirs.

M	4 pm	10/21, 10/28 & 11/4 (3classes)	FREE	CC
---	------	--------------------------------	------	----

**THEATRICAL SÉANCE**

Have you ever wondered what a séance was like in the 1800s? During this presentation, we will learn about Victorian mediums and the technology used in that era.

Tu	5:30 pm	10/8	FREE	ARA
----	---------	------	------	-----

**TALKING TO THE DEAD - A LOOK AT VICTORIAN MOURNING CUSTOMS**

Spend an evening learning about Victorian mourning customs, séances and their obsession with talking to the other side. Flutter Mouse Traveling Victorian Museum will present original artifacts to make you feel like you have taken a step back in time.

Tu	5:30 pm	10/29	FREE	APP
----	---------	-------	------	-----

**PLANTS, GARDENING AND MORE**

**GARDENING 101 CLASS**

Discover the secrets to successful vegetable gardening in Arizona with Angela Judd, author and certified Master Gardener. Learn about the intricacies of planning, watering, nurturing and harvesting your garden amidst the unique challenges of Arizona's arid climate.

Sa	10:30 am	9/7	FREE	CC
----	----------	-----	------	----

**FALL AND WINTER GARDENING IN ARIZONA**

Gain valuable insights to thriving in Arizona's low desert during cooler fall and winter months with an in-depth exploration of effective gardening principles. Angela Judd, author and certified Master Gardener, will present on selecting the right crops for the climate, complete with essential growing tips and detailed harvesting guidance.

Sa	10:30 am	10/5	FREE	MUS
----	----------	------	------	-----

**COMPOSTING AND WATER CONSERVATION**

Learn about the essential principles of home composting and explore practical strategies for conserving water in your home landscape during this presentation with author and certified Master Gardener, Angela Judd.

Sa	10:30 am	11/2	FREE	MUS
----	----------	------	------	-----

**PLANT PROPAGATION WORKSHOP**

(90 min) Learn the basics of how to multiply your houseplants at this plant propagation workshop. Whether you are a total beginner or a casual plant parent, this session will lead you through the process of taking plant cuttings and growing it into a new plant in your own propagation box.

Tu	2 pm	11/5	FREE	CC
----	------	------	------	----

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change

## LOCAL FOCUS



### MCDOWELL SONORAN CONSERVANCY PROGRAMS

Talks feature a variety of topics presented by the gifted and knowledgeable stewards as well as special guests. Please visit the online calendar for topics and further details.

Sa	2:30 pm	9/21, 10/12, 11/16 & 12/14	FREE	MUS
Tu	5 pm	9/24, 10/22 & 11/26	FREE	MUS

### GET OUT AND EXPLORE YOUR NATIONAL PARKS IN AZ

Guest presenters Darryl and Kathleen Toupin will discuss the National Parks units in Arizona and the many ways to enjoy them. These self-avowed national park lovers have visited all of America's National Parks and National Park Units - wild & scenic rivers, national monuments, battlefields and more.

Sa	10:30 am	10/12	FREE	CC
----	----------	-------	------	----

### AZ LOCAL TRIVIA FUN

How much do you really know about Scottsdale and Arizona? Bring your A-game and a fully charged iPad or smartphone. Participants will answer multiple choice questions as quickly as possible to earn points.

Tu	5:30 pm	10/22	FREE	ARA
----	---------	-------	------	-----

## The New York Times **Cooking**



Track your favorite recipes and find new ones for your winter holidays through **New York Times Cooking**. With your library card, you can redeem a code that gives you free access to the NYT Cooking section and app. Use the Recipe Box to save and share recipes, search the full archive of past holiday favorites or track your favorite guest chefs to find new recipes to try.

Learn more at  
[ScottsdaleLibrary.org/magazines](https://ScottsdaleLibrary.org/magazines).

### DESERT DARK: ARIZONA CRIME STORIES

Scottsdale Public Library presents "Desert Dark," a captivating series of true crime programs set in Arizona. Each session will shed light on the shadowy figures and events that have left an indelible mark on the state's past. Visit online calendar for details, search "Desert Dark".

Th	11 am	11/7	FREE	CC
Th	2:30 pm	11/7	FREE	CC
Th	5:30 pm	11/7	FREE	CC
F	1:30 pm	11/8	FREE	CC
F	3 pm	11/8	FREE	CC
Sa	12 pm	11/9	FREE	CC
Sa	2:30 pm	11/9	FREE	CC



### RIVERS OF DREAMS:

#### SONGS AND STORIES OF ARIZONA'S WATERWAYS

The Colorado, the Gila, the Salt, the Verde, the Hassayampa, the Santa Cruz: Arizona's rivers were lush green ribbons of life flowing through a desert landscape. They became sustaining paths for indigenous traders and immigrants. Dr. Jay Cravath weaves narrative, history, music, and images to share the stories of these vital resources. This program is made possible by Arizona Humanities.

M	5 pm	11/18	FREE	MUS
---	------	-------	------	-----

### ESCAPE FROM PAPAGO

The largest escape of prisoners of war in North America during World War II happened right here in Scottsdale. Join us for the 80-year anniversary of this event with author Keith Warren Lloyd he explores the factors leading up to the escape, the escape itself, and the aftermath.

F	10:30 am	12/6	FREE	CC
---	----------	------	------	----

## LIBRARY + PUBLIC ART EXHIBITION

### JANET TOWBIN, MEDITATIVE MINDSCAPES

Tap into the transformative power of art with Janet Towbin's drawings, collages, paintings, and prints. Her artworks are tangible evidence of creative meditations. Towbin creates mandalas and mirrored patterns using a variety of techniques, including drawing, photography, and computer-aided technology.

Oct. 7 - Dec. 31, 2024

Civic Center Public Gallery

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    🗳️ = Registration Required    \*all programs subject to change

**MEET THE ARTIST OPENING RECEPTION:  
JANET TOWBIN, MEDITATIVE MINDSCAPES**

Join us for an opening reception of the Janet Towbin, Meditative Mindscapes exhibition, and meet the artist.

Th	4:30 pm	10/10	FREE	CC
----	---------	-------	------	----

**LIBRARY CREATIVES WORKSHOP**

**WORKSHOP WITH CUT+PASTE PHOENIX**

Airi and Riho Katsuta, curators of the Stick Together collage-based exhibition at the Civic Center Public Gallery, will lead a fun and creative tactile workshop. Participants will begin by touring the gallery's artworks, learning about the collective Cut+Paste Phoenix, and finish with creating their own collages using the basics of collage: paper, scissors, and glue.

M	4:30 pm	9/23	FREE	CC
---	---------	------	------	----

**PUBLIC ART WALKING TOUR**

Meet at the LOVE sculpture and explore the Scottsdale Public Art Permanent Collection with a one-hour experience of the sculptures located just outside at Scottsdale Civic Center, followed by a tour of the current exhibition at the Civic Center Public Gallery inside of the library. Public Art Walking Tour will be available depending on weather conditions.

W	4:30 pm	10/16	FREE	CC
---	---------	-------	------	----

**ARTS & CRAFTS**

**PHOENIX ART MUSEUM DOCENTS PRESENT: ART ALL AROUND US**

Experience a new perspective on art through these presentations and conversation series by Phoenix Art Museum Docents. Visit our online calendar or call (480) 312-READ (7323) for topics and details.

Th	1 pm	9/5, 10/3, 11/7 & 12/5	FREE	MUS
Th	1 pm	9/19, 10/17, 11/21 & 12/19	FREE	APP

**ALL AGES SCOTTSDALE ARTISTS' SCHOOL PROGRAMS**

Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes. This program is also open to teens ages 12 and up.

Sa	2:30 pm	9/7	FREE	CC
<i>Realistic Still Life Drawing</i>				
Sa	2:30 pm	10/5	FREE	CC
<i>Surreal Landscape Painting</i>				
W	2 pm	11/6	FREE	APP
<i>Watercolors</i>				



**SCOTTSDALE ARTISTS' SCHOOL PROGRAMS**

Gather your inspiration and let the canvas of possibilities unfold. Participate in this creative workshop as instructors from Scottsdale Artists' School present different mediums and techniques each month. Perfect for the beginner or those wanting to refresh and refine their skills. All materials are provided. Space is limited to 25 participants.

Sa	11 am	9/14	FREE	MUS
<i>Graphite Powder Still Life</i>				
Sa	11 am	10/12	FREE	MUS
<i>Sketching the Model</i>				
Sa	11 am	11/9	FREE	MUS
<i>Birds in Clay</i>				



Interested in crafting, but unsure where to begin? Sample a different type of craft each month at Curious Crafter. Supplies are provided, and no previous crafting experience is needed.

**Curious Crafter @ Appaloosa**

W	1 pm	9/4	FREE	APP
<i>Stringing Bead Bracelets</i>				
W	1 pm	10/2	FREE	APP
<i>Halloween Party Poppers</i>				
W	1 pm	12/4	FREE	APP
<i>Paper Bag Snowflakes</i>				

**Curious Crafter @ Arabian**

Tu	5 pm	9/10	FREE	ARA
<i>Pom Pom Hummingbirds</i>				
Tu	5 pm	10/8	FREE	ARA
<i>Wood Slice Coasters</i>				
Tu	5 pm	11/12	FREE	ARA
<i>Nature Keychains</i>				
Tu	5 pm	12/10	FREE	ARA
<i>Winter Ornament Decorating</i>				

**Curious Crafter @ Civic Center**

Th	2:30 pm	9/26	FREE	CC
<i>Recycled Collage Bookmarks</i>				
W	3 pm	11/6	FREE	CC
<i>3D Paper Snowflakes</i>				

**Curious Crafter @ Mustang**

M	4 pm	12/2	FREE	MUS
<i>Paper Quilled Holiday Cards</i>				

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change

## HEALTH AND WELL BEING

### ☑ HANDS ONLY CPR

Become a lifesaver with free hands-only CPR presented by Scottsdale Fire. Most people who experience cardiac arrest die because they do not receive immediate CPR from someone on the scene. As a bystander, don't be afraid. In this 45-minute class, learn the 3 steps to saving a life, which includes hands-only CPR and how to use an AED. The December 7 session adds a 20-minute bleeding emergencies class.

Sa	Noon	9/14	FREE	CC
<i>Hands-only CPR and AED</i>				
Sa	1 pm	12/7	FREE	CC
<i>Hand-only CPR, AED &amp; Bleeding Emergencies</i>				

### HAVING A POSITIVE MENTAL ATTITUDE

The key to greater happiness and a more enjoyable life is the creation of passion. US Navy Veteran and Distinguished Toastmaster, Dan McGinnis, will show you how to bring passion into your life.

Tu	5:30 pm	9/17	FREE	ARA
----	---------	------	------	-----

### FRANKLY SPEAKING ABOUT CANCER: EATING WELL FOR CANCER SURVIVORS

(2 hrs) When cancer treatment ends and the time to focus on life beyond cancer begins, it is time to think about what comes next. In this presentation, Cancer Support Community Arizona, offers tips, recipes, and resources to help cancer survivors make informed food choices that will assist in their pursuit of healthy survivorship.

Sa	10:30 am	9/28	FREE	CC
----	----------	------	------	----

## FILM

Visit our online calendar for full details on film titles or call 480-312-READ (7323).

### MUSTANG FILM SERIES

Tu	1:30 pm	9/3-12/17	FREE	MUS
----	---------	-----------	------	-----

### ITALIAN FILM SERIES

Dive deep into Italian film history with Arizona State University lecturer Enrico Minardi. Two films will be shown during each program.

Sa	12 pm	9/14, 10/19, 11/16 & 12/14	FREE	CC
----	-------	----------------------------	------	----

### MOVIES THAT MATTER: ALFRED HITCHCOCK FILM & DISCUSSION PRESENTED BY TOM SAMP

This free, 6-week class will focus on classic Hollywood director Alfred Hitchcock (1899-1980). Five movies and a thrilling episode from the Alfred Hitchcock TV series will be showcased with discussions and screenings each week.

Th	3 pm	10/3-11/7	FREE	MUS
----	------	-----------	------	-----

### GODZILLA/KING KONG MOVIE DOUBLE FEATURE

It's Godzilla versus King Kong! Witness the mystery that lies deep within the core of the planet and brings humans and monsters together forever.

Sa	10:30 am & 1 pm	10/19	FREE	MUS
----	-----------------	-------	------	-----

### HOLIDAY MOVIE MARATHON

Drop in on Christmas Eve for our holiday movie marathon! We will be showing family friendly holiday films.

Tu	11 am - 4 pm	12/24	FREE	APP
----	--------------	-------	------	-----

## ESOL (ENGLISH FOR SPEAKERS OF OTHER LANGUAGES)

Learning English as a second or third language can be tough, so the library is here to help. Classes are offered at several skill levels at multiple locations.

### BEGINNING CONVERSATION CLASS

Tu	10:30 am	9/10-12/10	FREE	MUS
----	----------	------------	------	-----

### INTERMEDIATE CONVERSATION CLASS

M	10:30 am	9/9-12/9	FREE	MUS
Th	4 pm	9/12-12/12	FREE	MUS

### ENGLISH AS A SECOND LANGUAGE CAN BE FUN!

Tu	10:30 am	9/10-12/10	FREE	CC
----	----------	------------	------	----

## MONEY MATTERS

### FINANCIAL AWARENESS PROGRAMS

Programs are presented without bias or sales by trusted professionals with non-profit, Foundation for Personal Financial Education.

Th	10:30 am	9/12	FREE	MUS
<i>Essential Estate Planning</i>				

Th	10:30 am	10/10	FREE	MUS
<i>Finding Unbiased Financial Advice</i>				

Th	10:30 am	11/14	FREE	MUS
<i>Understanding Required Minimum Distributions</i>				

Th	10:30 am	12/12	FREE	MUS
<i>Positioning Yourself to Thrive in Retirement</i>				

### FINANCIAL PLANNING

Are you prepared? Come and meet Lisa Dickholtz, CFP, member of FINRA/SIPC and advisory services through American Security Advisors, INC, for a frank conversation to ensure you have a strong foundation to survive today's unpredictable financial environment.

Tu	5:30 pm	9/24	FREE	ARA
----	---------	------	------	-----

Tu	5:30 pm	10/15	FREE	ARA
----	---------	-------	------	-----

Tu	5:30 pm	12/17	FREE	ARA
----	---------	-------	------	-----

### HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES

This educational seminar will bring clarity to the fundamentals of Medicare and enable you to make informed decisions associated with when to enroll in Medicare, how to evaluate coverage, and how to ensure cost efficiencies going forward after you've enrolled.

W	5 pm	9/25	FREE	APP
---	------	------	------	-----

### RETIREMENT PLANNING

Katrina C. Lessard, CFP®, AEP®, will present on retirement income planning to support the retirement lifestyle you want and positioning your assets to provide that income.

W	1 pm	10/16	FREE	APP
---	------	-------	------	-----

### UNCLE SAM & YOUR RETIREMENT - UNDERSTANDING SOCIAL SECURITY, TAXES, AND MEDICARE

This workshop will cover how to maximize your social security benefits, how to minimize your total lifetime tax bill, and when to enroll in Medicare. Presented by Allison Lubenow from Senior Advisors and Justin Smith from Savant Wealth Management.

Tu	5 pm	11/12	FREE	APP
----	------	-------	------	-----

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event ☑ = Registration Required \*all programs subject to change



## CAREER CLASSES

Learn to navigate the current job market with new skills and effective strategies. Programs provided by [City of Scottsdale Career Services](#).



### THE BACK TO WORKSHOP

Learn strategies to prepare for the current job market: prepping resumes, submitting online applications, handling digital interviews, and more.

Th	10:30 am	9/12	FREE	CC
Th	10:30 am	11/14	FREE	CC

### INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th	10:30 am	10/10	FREE	CC
Th	10:30 am	12/12	FREE	CC

### HEALTHCARE CAREER FAIR

Join us for a specialized Healthcare Career Fair. Meet local employers looking ready hire. Walk-ins welcome but RSVPs are encouraged. Email [VistaCareerCenter@ScottsdaleAZ.gov](mailto:VistaCareerCenter@ScottsdaleAZ.gov) to RSVP. For a list of employers, go to: [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search Career.

W	10:30 am-1 pm	11/6	FREE	CC
---	---------------	------	------	----

## TECH HELP

Please visit our [online calendar](#) for more details.



### ASK THE EXPERTS

Get free advice about your computer, tablet, or smart phone from the Library Computer Learning Group's team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation. Advice will be offered first come, first served, between 1:30-3:30pm.

W	1:30 pm	9/4, 10/2 & 11/6	FREE	CC
W	1:30 pm	9/18, 10/16 & 11/20	FREE	MUS

### DROP-IN EMEDIA SESSION

Get one-on-one help with learning how to access library digital materials such as ebooks, audiobooks, streaming films and more to your eReader, tablet, or smartphone. Bring your device, your library card, and your questions about library eMedia resources, and knowledgeable staff will help you enjoy your digital library 24/7.

Th	2 pm	12/5	FREE	MUS
Th	11 am	12/19	FREE	CC

### IPHONE/IPAD SERIES

Learn the basics of operating and getting the most out of your iPhone/iPad by installing and managing apps, contacts, browsing with Safari, sending mail and messages, personalizing your device using settings and security.

M & W	10:30 am	9/16-9/18 (2classes)	FREE	APP
M & W	10:30 am	12/9-12/11 (2classes)	FREE	ARA

### INTRODUCTION TO WINDOWS 11

This is an overview of the latest operating system from Microsoft, highlighting its enhanced features, modern design, and improved user experience.

W	5 pm	9/25	FREE	MUS
---	------	------	------	-----

### COMPUTER FUNDAMENTALS 1 SERIES

Are you a computer novice who has a computer or access to one? Would you like to learn more? Learn to identify the main parts of the Windows 10 operating system and use of the mouse and keyboard.

M & W	1:30 pm	9/30-10/9 (4classes)	FREE	MUS
-------	---------	----------------------	------	-----

### BACKING UP YOUR DATA

Learn the best techniques to back up your digital information, including photos, music, videos, documents, and downloads from your PC, phone, and tablet. This course covers the use of external hard drives, flash drives and various cloud services.

W	5 pm	10/23	FREE	ARA
---	------	-------	------	-----

### COMPUTER FUNDAMENTALS 2 SERIES

Build on the skills learned in Fundamentals 1. Edit documents by inserting, deleting, and moving text. Learn how Windows 10 works, and use tiles, apps, email, and the internet. Prerequisites: Attendance at Fundamentals Part 1 or equivalent competency.

T & Th	1:30 pm	11/5-11/12 (3classes)	FREE	MUS
--------	---------	-----------------------	------	-----

### WI-FI BASICS

What Wi-Fi is, what it can do and many of its uses in the home with a particular emphasis on entertainment applications.

W	5 pm	11/6	FREE	MUS
---	------	------	------	-----

### PROTECT YOUR DIGITAL LIFE

Be safer in today's digital world. Topics include how to detect bad websites, recognize email scams, and create strong passwords. This course is taught in the Windows 10 environment and covers secure use of Smart TV and other devices such as Echo Dot.

W	5 pm	11/13	FREE	ARA
---	------	-------	------	-----

### FILE MANAGEMENT

Learn basic definitions, an overview of how files and folders are organized and strategies and how-to tips.

W	5 pm	11/20	FREE	MUS
---	------	-------	------	-----



Holiday shopping is fast approaching! Shop with confidence using the gold standard, Consumer Reports. With just your library card get full access to Consumer Reports ratings, articles, and their complete archive. Make purchases big and small with all the information you need to do smart shopping.

Check it out along with our other magazine and newspaper options at [Magazines & Newspapers](#).

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

= Space is limited / Pick up Ticket 30 mins before event = Registration Required \*all programs subject to change

## DISCUSSION GROUPS



### STAFF PICKS BOOK DISCUSSION

Join us each month for a lively conversation centered on the titles selected by staff within a variety of genres.

**Meets Mondays at Mustang Library at 2pm**

- 9/16 - *The Trackers* by Charles Frazier
- 10/21 - *Mother-Daughter Murder Night* by Nina Simon
- 11/18 - *The Bandit Queens* by Parini Shroff
- 12/16 - *Solito: A Memoir* by Javier Zamora

**Meets Tuesdays at Appaloosa Library at 1 pm**

- 9/10 - *Babel* by R.F. Kuang
- 10/8 - *Knife* by Salman Rushdie
- 11/12 - *The Postcard* by Anne Berest

**Meets Wednesdays at Civic Center Library at 1 pm**

- 9/18 - *North Woods* by Daniel Mason
- 10/16 - *The Secret History* by Donna Tartt
- 11/20 - *The Maid* by Nita Prose
- 12/18 - *Whalefall* by Daniel Kraus

### WELL-READ WELLNESS

An informal conversation on books featuring health issues and medical conditions.

**Meets Mondays at Civic Center Library at 5:30 pm**

- 9/9 - *One Puzzling Afternoon* by Emily Critchley
- 11/4 - *Sandwich* by Catherine Newman

### ARABIAN NIGHTS BOOK DISCUSSION

Join us for an informal discussion.

**Meets Tuesdays at Arabian Library at 5 pm**

- 9/3 - *The Time Keeper* by Mitch Albom
- 10/1 - *The Only One Left* by Riley Sager
- 11/5 - *The Maltese Falcon* by Dashiell Hammett
- 12/3 - *Fuzz* by Mary Roach

### SURVIVORSHIP BOOK CLUB

Connect with others whose lives have been touched by cancer for an informal discussion of survivorship. We will explore what survivorship means through several memoirs from the perspective of those who have lived with a cancer diagnosis—whether a loved one's or their own.

**Meets Tuesdays at Civic Center Library at 5 pm**

- 9/10 - *Between Two Kingdoms* by Suleika Jaouad
- 10/8 - *The End of Your Life Book Club* by Will Schwalbe
- 11/12 - *Survival Lessons* by Alice Hoffman
- 12/10 - *Mom's Cancer* by Brian Fies

### CAUGHT READ-HANDED

Join us for a fascinating discussion on all topics true crime, including white collar, cults, kidnapping and, of course, murder.

**Meets Wednesdays at Civic Center at 1 pm**

- 9/11 - *The Art Thief* by Michael Finkel
- 10/9 - *In Cold Blood* by Truman Capote
- 11/13 - *Tracers in the Dark* by Andy Greenberg
- 12/11 - *Tangled Vines* by John Glatt

### COOL GIRL BOOK CLUB

Join us for an informal, offsite book discussion on literary fiction books that are trending on Tiktok and Instagram.

**Meets Wednesdays at Sip Coffee and Brew House at 6 pm**

- 9/4 - *The Guest* by Emma Cline
- 10/2 - *Natural Beauty* by Ling Ling Huang
- 11/6 - *The Rachel Incident* by Caroline O'Donoghue
- 12/4 - *The Unbearable Lightness of Being* by Milan Kundera

### ✓ SCOTTSDALE BAKES

Scottsdale Bakes is an informal virtual baking club. We will discuss your favorite cookbooks, recipes, and any tips and tricks you may have regarding baking savory or sweet. Register to receive a link to the virtual meeting. Registration closes one week before the discussion.

**Meets Fridays online at 10:30am**

- 9/20 - *Jewish & Other International Noshes*
- 10/18 - *Apple, Pumpkin, or Cranberry*
- 11/15 - *Tarts*
- 12/20 - *Holiday Bakes*

### BRING YOUR OWN BOOK CLUB

This informal club will discuss what you are currently reading, watching and listening to. Library staff will be on hand to answer questions about library services.

Tu	1 pm	9/24, 10/22, 11/26 & 12/10	FREE	App
----	------	----------------------------	------	-----



REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change

# SCOTTSDALE

FALL 2024 - SEPT | OCT | NOV | DEC

# seniors



## SCOTTSDALE SENIOR SERVICES

SEPT | OCT | NOV | DEC 2024

### Calendar of Events

TO LEARN MORE ABOUT SENIOR SERVICES, GO TO [SCOTTSDALEAZ.GOV](https://scottsdaleaz.gov) AND SEARCH "SENIORS"

## Come join us!

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

### HOLIDAY CLOSURES

- Labor Day: ..... Mon., Sept. 2
- Veteran's Day: ..... Mon., Nov. 11
- Thanksgiving: ..... Thu., Nov. 28  
Fri., Nov. 29  
Sat., Nov. 30
- Christmas: ..... Wed., Dec 25

### LOCATIONS

#### GRANITE REEF SENIOR CENTER

1700 N. Granite Reef Road  
Scottsdale, AZ 85257

**480-312-1700**

#### VIA LINDA SENIOR CENTER

10440 E. Via Linda  
Scottsdale, AZ 85258

**480-312-5810**

### HOURS

- Mon. - Thu. .... 8 am-8 pm
- Fri. .... 8 am-5 pm
- Sat. .... 8 am-noon
- Sun. .... Closed



Via Linda Senior Center



Granite Reef Senior Center

REGISTER FOR CLASSES AT [RECREATION.SCOTTSDALEAZ.GOV](https://recreation.scottsdaleaz.gov)  
TO LEARN ABOUT SENIOR SERVICES, GO TO [SCOTTSDALEAZ.GOV](https://scottsdaleaz.gov) AND SEARCH "SENIORS."

## General Information

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

### FACILITY RESERVATIONS

The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

### FITNESS CENTERS

The senior centers offer state-of-the-art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

#### Fitness Center Closed for Senior Strength Training Classes

M & W	11 am – noon & 5:45-6:45 pm	VLSC
Tu & Th	10 – 11 am	VLSC
Tu & Th	11:30 am – 12:30 pm	GRSC

Daily Drop-in	\$3(R) / \$5(NR)	1 Month	\$15(R) / \$25(NR)
3 Month	\$40(R) / \$60(NR)	Annual	\$130(R) / \$195(NR)

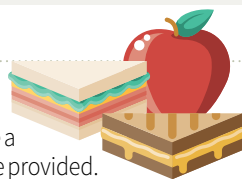
### GRSC FITNESS EQUIPMENT ORIENTATION

Starting 9/10

2 <sup>nd</sup> & 4 <sup>th</sup> Tu	10 am	FREE	GRSC	45465
--------------------------------------	-------	------	------	-------

### LUNCH PROGRAM

Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.



M-F	11:30 am	\$4 ages 50+ / \$7 under 50 years old	GRSC
Tu & Th	11:30 am	\$4 ages 50+ / \$6 under 50 years old	VLSC

### COFFEE & CONVERSATIONS

Join us the second Tuesday of each month for coffee and casual conversation with a city of Scottsdale employee. Stick around for our lunch program afterwards! Registration is required for the lunch program.

2 <sup>nd</sup> Tu	10-11 am	FREE	VLSC
--------------------	----------	------	------

### SOCIAL WORKERS

The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8 am-5 pm to provide support, education, and resources – free of charge.

## Special Events

### BALLROOM DANCE NIGHT

M	6-8 pm	10/21	\$10(R)/\$13(N)	VLSC	45206
---	--------	-------	-----------------	------	-------

### DANCE UNDER THE STARS

Sa	6-8 pm	11/16	\$10(R)/\$13(N)	GRSC	45219
----	--------	-------	-----------------	------	-------

### FALL LUAU

W	Noon-2 pm	9/18	\$10(R)/\$13(N)	GRSC	42680
---	-----------	------	-----------------	------	-------

### OKTOBERFEST

Th	Noon-2 pm	10/24	\$10(R)/\$13(N)	VLSC	42675
----	-----------	-------	-----------------	------	-------

### THANKSGIVING LUNCHEON

W	Noon-2 pm	11/20	\$10(R)/\$13(N)	GRSC	42681
---	-----------	-------	-----------------	------	-------

### DECK THE HALL HOLIDAY LUNCHEON

W	Noon-2 pm	12/19	\$10(R)/\$13(N)	GRSC	45454
---	-----------	-------	-----------------	------	-------

### 39TH ANNUAL ARTS AND CRAFTS FAIR

Sa	9-2 pm	11/2	FREE	GRSC	
----	--------	------	------	------	--

### HOLIDAY ART SHOW

F	6-8 pm	12/13	FREE	VLSC	
---	--------	-------	------	------	--

### VIA LINDA NEW YEAR'S EVE BASH

Tu	11-1 pm	12/31	\$10(R)/\$13(N)	VLSC	45208
----	---------	-------	-----------------	------	-------

## Events

### BINGO

W	1-3 pm	9/25	FREE	VLSC	45211
---	--------	------	------	------	-------

### BILLIARDS TOURNAMENT

Th	11 am-3 pm	10/3	\$10(R)/\$13(N)	VLSC	45213
----	------------	------	-----------------	------	-------

### MAH JONGG PARTY FRIENDLY TOURNAMENT

Sa	12:30-4:30 pm	10/26	\$25(R)/\$30(N)	VLSC	43266
----	---------------	-------	-----------------	------	-------

## Enrichment Programs

### MUSICAL MEMORY CARE

Full-Body movement exercises, memory, and hand-eye coordination games, all set to music and rhythm. **Starting 9/9-12/16**

M	10:30-11:30 am	FREE Drop-In, No Registration Required	GRSC
---	----------------	--	------

### LINE DANCING

This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

F	11:30 am-12:30 pm	FREE	GRSC
---	-------------------	------	------

## BALLROOM DANCING

Join us for ballroom dance. Starting October 2, Drop-in class. No advance registration needed. Every 2nd & 4th Thursdays of the month. **Starting Oct. 10**

Th	Noon-2:30 pm	\$8(R)	GRSC
----	--------------	--------	------

## WALKING CLUB (OCT. - MAY)

Come walk with Scottsdale Police Crime Prevention Team. Meet outside the entrance and walk the park/desert garden.

Tu	8-9 am	FREE	VLSC
----	--------	------	------

## WALKING CLUB [OCT - MAY]

Come walk with Granite Reef staff. Meet outside of Granite Reef Senior Center entrance and walk around beautiful Scottsdale neighborhood.

W	9-10 am	FREE	GRSC
---	---------	------	------

## KARAOKE

Join us for a free afternoon of singing. No registration is required.

2 <sup>nd</sup> & 4 <sup>th</sup> Th	2-5 pm	FREE	GRSC
--------------------------------------	--------	------	------

## OPEN ART STUDIO

During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

## ADULT ART STUDIO

W	9 am-12 pm	FREE	GRSC
---	------------	------	------

## OPEN ARTS & CRAFTS

M	9-12 pm		GRSC
Th	1:30-4 pm		GRSC
W	12:30-4 pm		VLSC

## ART ALL AROUND US (PHOENIX ART DOCENT)

Th	1-2 pm	9/26	VLSC
Tu	10-11 am	10/1	GRSC
Th	1-2 pm	10/24	VLSC
Tu	10-11 am	11/5	GRSC
Tu	10-11 am	12/3	GRSC

## OPEN KNITTING/CROCHETING/SEWING

M	1-3 pm	FREE	VLSC
---	--------	------	------

## KNITTING/CROCHETING (FLYING NEEDLES)

2 <sup>nd</sup> W	4-7:45 pm	FREE	VLSC
-------------------	-----------	------	------

## SCOTTSDALE STRUMMERS

Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

F	10 am-12 pm	FREE	GRSC
M	1-2 pm	FREE	Beginners/GRSC

## FRIDAY MOVIE MATINEE

Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

F	1-4 pm	FREE	GRSC
F	1-4 pm	FREE	VLSC

## Fun & Games

### BRIDGE

#### Duplicate Bridge

Tu	12:45-4 pm	FREE	GRSC
----	------------	------	------

#### Duplicate Sanction Bridge (OCT.-MAY)

Sanctioned Duplicate Bridge games are scheduled weekly. If you would like emails concerning the schedule and results contact our director at [bridgebum@hotmail.com](mailto:bridgebum@hotmail.com)

W	12:30-4 pm	\$7(R)	VLSC
---	------------	--------	------

#### Fast Play Bridge (Intermediate Players)

Tu	Noon-3:30 pm	FREE	VLSC
----	--------------	------	------

#### Prickly Pair Bridge (a partner is required)

W	12:45-4 pm	FREE	GRSC
---	------------	------	------

#### Speedy Bridge (Intermediate Players)

Th	Noon-3:30 pm	FREE	VLSC
----	--------------	------	------

## BINGO FOR PRIZES

F	9:30-11 am	FREE	GRSC
---	------------	------	------

## DROP-IN PLAY

The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

### Open Card Play

M-F	8 am-5 pm	FREE	GRSC
M, W & F	8 am-4 pm	FREE	VLSC
Tu & Th	1-4 pm	FREE	VLSC

Check out our art classes offered through Scottsdale Parks and Recreation! See pages 12-14 for more information!

## Canasta

Th	11 am-5 pm	FREE	GRSC
Th	12:30-4 pm	FREE	GRSC

## Hand, Knee, Foot & Samba

M	9 am-2 pm	FREE	VLSC
---	-----------	------	------

## Rummikub

W	10 am-1 pm	FREE	VLSC
---	------------	------	------

## Chess

Th	11 am-4 pm	FREE	GRSC
----	------------	------	------

## Mah Jongg

M	10:30-2:30 pm	FREE	GRSC
Th	1-4 pm	FREE	Beginners/VLSC
F	Noon-5 pm	FREE	GRSC

## Mexican Train Dominoes

M	1-4 pm	FREE	VLSC
---	--------	------	------

## Pinochle

W	12:30-4 pm	FREE	GRSC
Th	9 am-3 pm	FREE	GRSC

## Double Deck Pinochle

Th	10 am-3 pm	FREE	GRSC
----	------------	------	------

## Recreation

### BILLIARDS

Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.

**Billiards Room will be closed at Via Linda Tu/Th for lessons 5:30-8pm**

### BILLIARDS LESSONS (10 WEEKS)

Tu	5:30-7:30 pm	\$150(R)/\$200(N)	VLSC	Beginner/45209
Th	5:30-7:30 pm	\$150(R)/\$200(N)	VLSC	Advanced/45210

### CHAIR EXERCISE

Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.

Tu & Th	10-11 am	FREE	GRSC
M & Tu	Noon-1 pm	\$10(R)/\$13(N)	VLSC Starts 9/9



## YOGA, MEDITATION & SOUND HEALING

Enjoy a relaxing experience with gentle yin yoga postures, yoga nidra guided meditation, mixed with sound healing and aromatherapy.

M	10 am-noon	10/21	\$15(R)/\$20(N)	VLSC	Parrow 44816
Th	1-3 pm	12/19	\$15(R)/\$20(N)	VLSC	Parrow 45316

## TABLE TENNIS

Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various time throughout the week.

**All levels are welcome.**

Tu	3:30-7:30 pm	\$2 drop-in	VLSC
W	1-4 pm	\$2 drop-in	GRSC
F	1-4:30 pm	\$2 drop-in	VLSC
Sa	8-11:30 am	\$2 drop-in	GRSC

## Support Groups

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale's aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.

### ALZHEIMER'S SUPPORT GROUP

1 <sup>st</sup> M	1:30 pm	FREE	GRSC
-------------------	---------	------	------

### AMPUTEE SUPPORT GROUP

2 <sup>nd</sup> W	6:00 pm	FREE	GRSC
-------------------	---------	------	------

### DUET CAREGIVER'S SUPPORT GROUP

1 <sup>st</sup> & 3 <sup>rd</sup> Th	10 am	FREE	VLSC
--------------------------------------	-------	------	------

### GRIEF AND LOSS SUPPORT GROUP

1 <sup>st</sup> & 3 <sup>rd</sup> M	1:30 pm	FREE	GRSC
-------------------------------------	---------	------	------

### MENDED HEARTS SUPPORT GROUP

2 <sup>nd</sup> T	6 pm	FREE	VLSC
-------------------	------	------	------

### MULTIPLE SCLEROSIS SUPPORT GROUP

2 <sup>nd</sup> T	4:30 pm	FREE	VLSC
-------------------	---------	------	------

### TREMBLE CLEFS (PARKINSON'S SUPPORT GROUP)

Th	3 pm	FREE	GRSC
----	------	------	------

### LOW VISION SUPPORT GROUP

2 <sup>nd</sup> W	10-11:30 am	FREE	VLSC
-------------------	-------------	------	------

## MINDFUL ART

Come enjoy an engaging, creative session for you and your family member. Designed for those experiencing dementia or low vision. We will sing, tell stories, and create art together on seasonal themes. You'll go home with an original piece of artwork, and materials to support you as a caregiver.

2 <sup>nd</sup> & 4 <sup>th</sup> Tu	10 am	FREE	VLSC
--------------------------------------	-------	------	------

## MATTER OF BALANCE

A.T Stills University created this eight-week program is designed to manage falls and increase activity levels. Set goals for increasing activity, reduce fall risks at home and promote exercise to increase strength and balance. 75% of the class is lecture & 25% exercise.

F	1:30 pm	9/6	FREE	GRSC	45460
---	---------	-----	------	------	-------

## Social Groups

### BOOK DISCUSSION GROUP

Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.



2 <sup>nd</sup> Th	10-11:30 am	FREE	VLSC
--------------------	-------------	------	------

Date:	Book Title:	Author:
9/12	Betty Ford	Lisa McCubbins
10/10	The Buddha in the Attic	Julie Otsuka
11/14	Lesson in Chemistry	Bonnie Garmas
12/12	The Lesson We Kept	Lara Prescott
1/9	Bel Canto	Ann Patchett
2/12	The Women	Kristin Hannah

### CURRENT EVENTS

Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W	10:30 am-noon	FREE	GRSC
W	2-3:30 pm	FREE	VLSC
Th	Noon-2 pm	FREE	GRSC

### FRIENDSHIP DISCUSSION GROUP

Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.

Tu	10 am	FREE	GRSC
----	-------	------	------

### MEN'S DISCUSSION GROUP

Informal peer led discussion group for men.

Tu	2-3:30 pm	FREE	VLSC
----	-----------	------	------

## WHAT'S ON YOUR MIND?

General discussion group that talks about anything and everything except politics.

2 <sup>nd</sup> & 4 <sup>th</sup> Tu	1:30-3 pm	FREE	VLSC
--------------------------------------	-----------	------	------

## Technology

### ACTIVE NET ONLINE TRAINING

Come learn how to register for classes online using Active Net. You can bring our tablet or laptop. Will teach you step by step instructions. Learn how to save credit cards, wish list functions, navigate how to find classes and lastly how to register online.

T	11-12:30 pm	7/23	FREE	VLSC
---	-------------	------	------	------

Th	2-3:30 pm	7/25	FREE	VLSC
----	-----------	------	------	------

### TECH TIME WITH MARK

Ask your questions about smart phones, tablets, laptops & other technology. Individualized tutoring. No registration required.

2 <sup>nd</sup> Th	9-11 am	FREE	VLSC
--------------------	---------	------	------

### TECH TUTORS

Do you find it challenging to use technology? Scottsdale Basis students will help/teach you to use your smart phone, tablet, or computer.

3 <sup>rd</sup> Sa	9-11:30 am	FREE	VLSC
--------------------	------------	------	------

## Transportation

### AARP DRIVER SAFETY COURSE

Driver Safety class open to anyone & could get a discount on car insurance. AARP members \$20.00 & Non-Members \$25.00. Payment will be collected by AARP on class date.

2 <sup>nd</sup> Th	12:30-4:30pm	\$20(R)/\$25(N)	VLSC
--------------------	--------------	-----------------	------

1 <sup>st</sup> W	9 am-1 pm	\$20(R)/\$25(N)	GRSC
-------------------	-----------	-----------------	------

### TRAVEL TRAINING WORKSHOP

Scottsdale Transportation department will provide classroom training & field training for public transportation in Scottsdale. This is free program; patrons pay for their own lunch.

M	10:30 am	10/14	FREE	VLSC	45310
---	----------	-------	------	------	-------

Tu	10:30 am	10/15	FREE	GRSC	45311
----	----------	-------	------	------	-------

W	10:30 am	11/6	FREE	VLSC	45312
---	----------	------	------	------	-------

Tu	10:30 am	11/12	FREE	GRSC	45313
----	----------	-------	------	------	-------

## Community Resources

### BENEFITS ASSISTANCE

The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. *To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.*

### BROWN BAG PROGRAM

The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. *For more information please call Granite Reef Senior Center at 480-312-1700.*

### CAB CONNECTION

This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to \$10). Participants may request up to 20 one-way vouchers per month. *Please call the Cab Connection office at 480-312-8747 for additional information.*

### DUET

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. *Please call 602-274-5022 to register or request assistance.*



### FOOTHILLS CARING CORPS

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. *Please call 480-488-1105 for additional information.*

### HOME DELIVERED MEALS

The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual's condition and safety. *For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.*

### HOME SAFE HOME

Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. *Please call 480-312-1817 to request your free visit.*

### LOCKBOXES FOR SENIORS

The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff's Office offer free emergency lockboxes to seniors whose annual income is less than \$25,000 and at a charge of \$25 for all others. The service is available to Scottsdale and Fountain Hills residents only. *For additional information or to arrange delivery, please call 877-229-5042 (toll free).*

### MEDILOAN PROGRAM

The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

### OPERATION FIX IT

Operation Fix-It (OFI) works in the community with dedicated volunteers and city staff to assist qualified Scottsdale homeowners. The program helps qualified applicants with code enforcement referrals and issues related to health and safety on the property. ***To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Operation Fix It."***

### VALLEY METRO PARATRANSIT

East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. *Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.*





## LIVE LIFE TO THE FULLEST

Living at our award-winning senior living community gives you the chance to write the next chapter of your life focusing on the things that bring you joy. When you take away the stresses of taking care of a home by yourself, the possibilities of how you can spend your time open up more than you ever imagined. Picture living in a well-appointed apartment home — with the privacy to retreat to your own oasis whenever you please — but with a wealth of services and support, engaging activities and wellness programs, and top-notch amenities right at your fingertips.

**Tour our community today and receive a complimentary lunch in our Four Peaks Restaurant!**



**McDowell Village**  
MBK SENIOR LIVING

Contact us at  
[McDowellVillage@mbk.com](mailto:McDowellVillage@mbk.com)  
or (480) 400-8510

8300 East McDowell Road, Scottsdale, AZ 85257 • [McDowellVillage.com](http://McDowellVillage.com)

INDEPENDENT & ASSISTED LIVING





## CAREER SERVICES

Vista del Camino Community Center

7700 E. Roosevelt St., Scottsdale, AZ 85257 | 480-312-2323

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Career Center"

Career Center Hours: Mon – Fri | 8 am – 5 pm | 480-312-0060

CONTACT:

Sheila Williams, 480-312-0058 | [SWilliams@ScottsdaleAZ.gov](mailto:SWilliams@ScottsdaleAZ.gov)

The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities—all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.



## Sign Up With A Career Coach!

Career Coaches are available, virtually or in-person, to assist job seekers with essential employment strategies including:

- Resume development
- Job search strategies
- LinkedIn consultation
- Employment referrals
- Interview preparation

## ADDITIONAL EMPLOYMENT SERVICES:

- Employment Referrals
- Webcam for digital interviews
- Career Closet



## Download our Career Center Events Calendar!

Get the most up-to-date information and view our upcoming career help programs.

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Career Center"

**STAY CONNECTED!**  
Scottsdale Vista Career Center



## CAREER CLASSES

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

### THE BACK TO WORKSHOP!

Learn new strategies to prepare for this new job market: resumes, online applications, digital interviews and more.

Th	10:30 am	9/12	FREE	Civic Center Library
Th	10:30 am	11/14	FREE	Civic Center Library

### INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th	10:30 am	10/10	FREE	Civic Center Library
Th	10:30 am	12/12	FREE	Civic Center Library

### FALL CAREER FAIRS

Join us for two specialized Fall Career Fairs at Scottsdale Civic Center Library and Granite Reef Senior Center. Meet local employers looking ready hire. Walk-ins welcome but RSVPs are encouraged. Email [VistaCareerCenter@ScottsdaleAZ.gov](mailto:VistaCareerCenter@ScottsdaleAZ.gov) to RSVP. For a list of employers, go to: [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search Career.

### SEASONAL CAREER FAIR

Tu	10 am-noon	9/24	FREE	Granite Reef Senior Center
----	------------	------	------	----------------------------

### HEALTHCARE CAREER FAIR

W	10:30 am-1 pm	11/6	FREE	Civic Center Library
---	---------------	------	------	----------------------





## BUILDING STRONG COMMUNITIES

Human Services provides a variety of support throughout our Community. In addition to family and caregiver support, we work to assess needs and find programs that can be of assistance. This includes everything from food boxes to rent/mortgage assistance, eviction prevention to utility assistance.

### Scottsdale Family Resource Center

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

*¡Se habla Español!*

SUPPORTED BY  
 FIRST THINGS FIRST

Stay updated on events and children's literacy programs by downloading our Community Calendar!  
 Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Scottsdale Family Resource Center" or call 480-312-0038.

## SOCIAL SERVICES

Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Vista del Camino."

### Back-to-School



Ensuring every student has everything they need to succeed in school.

### Food Bank



Food boxes and other services to those who need it.

### Adopt-A-Family



Every family deserves a holiday season full of celebration.

### Utility Assistance



Eligible Scottsdale residents can apply and receive assistance.

### Emergency Rent & Mortgage Assistance



One-time support for families facing unexpected challenges paying their rent or mortgage

### Eviction Prevention



We have the resources for support when needed.



## SERVING AND BRINGING TOGETHER THE COMMUNITY

Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

### PAIUTE NEIGHBORHOOD CENTER

6535 E. Osborn Road, Scottsdale, AZ 85251  
480-312-2529



Mon. - Fri. .... 8 am – 5 pm

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

#### RESOURCES:

- Family Resource Center
- Community Resources and Workshops
- WIC
- Food Pantry
- Community Assistance Office (housing)
- Head Start, Hirsch Academy and SARRC

### VISTA DEL CAMINO COMMUNITY CENTER

7700 E. Roosevelt St., Scottsdale, AZ 85257  
480-312-2323



Mon. - Fri. .... 8 am – 5 pm

Vista del Camino is Scottsdale’s Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

#### SERVICES LIKE:

- Food Bank
- Utility Assistance
- Career Center
- Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance



## HOUSING & COMMUNITY DEVELOPMENT

Federally and locally supported programs that improve the quality of life for low to moderate-income families and assist in the stabilization of Scottsdale neighborhoods.

The Community Assistance Office (CAO) administers the city’s affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

- **Federal Housing Choice Voucher (HCV) Program**
- **Housing Rehabilitation Programs:**
  - **Green Housing Rehabilitation Program** offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
  - **Roof Repair and Replacement Program** provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
  - **Emergency Repair Program** provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.



**Housing and Community Assistance**

6535 E. Osborn Road – Bldg. 8  
Scottsdale, AZ 85251

**Phone: 480-312-7156**

TDD: 480-312-7411 or AZ Relay 7-1-1

**Contact:**  
[ScottsdaleHousingInfo@ScottsdaleAZ.gov](mailto:ScottsdaleHousingInfo@ScottsdaleAZ.gov)  
**Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search “CAO”**



**Foster Youth to Independence**

When transitioning from foster care, youth aged 18-25 need all the help they can get. The Scottsdale Housing Agency in partnership with the DCS Office of Prevention has a housing voucher program available that can assist with rent while allowing youth to concentrate on continued education, developing household and budget management skills, and finding stable employment.

**For more information about the Foster Youth to Independence program,**  
**email: [FYITPV@azdcs.gov](mailto:FYITPV@azdcs.gov) or [ScottsdaleHousingInfo@ScottsdaleAZ.gov](mailto:ScottsdaleHousingInfo@ScottsdaleAZ.gov)**

# SCOTTSDALE

FALL 2024 - SEPT | OCT | NOV | DEC

# explores

## FALL IS A GREAT TIME TO ENJOY THE PRESERVE!

Scottsdale's McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. Amenities vary at each trail head; visit the City's website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and searching 'Preserve Maps.'

The Preserve is divided into two primary regions – the Southern and Northern.

- The **Southern Region** is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.

**Trailheads: Sunrise, Lost Dog Wash, Gateway, Tom's Thumb**

- The terrain of the **Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

**Trailheads: Our new Pima Dynamite trailhead, Brown's Ranch, Fraesfield and Granite Mountain Trailheads**

## PINNACLE PEAK PARK



### Pinnacle Peak Park | 26805 N. 102<sup>nd</sup> Way

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It's a great hike for all ages and activity levels – with fantastic views!

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search 'Pinnacle Peak Park' for more information about the park, events, trail information, and hours.

*\*Dogs are not allowed on the Pinnacle Peak Park trail.*

## PINNACLE PEAK PARK EVENTS

### FULL MOON HIKES

These cool evening hikes to the Grandview Overlook allow visitors to experience the park after hours at their own pace. These 90 minute, 1.5 mile hikes are safe and fun for the whole family! Staff and volunteers will be on the trail to assist visitors and answer questions. No fee but registration is required.



Tu	9/17	6:30 pm
Th	10/17	6 pm
F	11/15	5 pm
Su	12/15	5:30 pm

### ASTRONOMY EVENINGS

NASA Solar System Ambassador Mark Johnston will highlight that evening's visible objects, including planets, multiple star systems, globular clusters and nebulae through a high end refractor telescope. Beginners are welcome and no hiking is required. Participants are encouraged to bring binoculars and a small penlight flashlight.



Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Astronomy Evenings" for dates and times.



## Jingle Hike to Santa

at Pinnacle Peak Park

**Saturday,  
Dec. 7**

Put on your best holiday outfit, grab the kids and head to Pinnacle Peak Park for a morning of festivities and cheer the whole family will enjoy!

**FREE EVENT!**

**2 Time Slots:  
9, 10 am**

Registration begins Saturday, Oct. 14  
[Recreation.ScottsdaleAZ.gov](http://Recreation.ScottsdaleAZ.gov)

*Space is limited to 180 people per time slot.*

### COMMON MAMMALS YOU MAY SEE AT THE PRESERVE:



Bobcat



Coyote



Javelina



Mountain Lion



Desert Mule Deer



MCDOWELL  
SONORAN  
CONSERVANCY

conservancy women

# *Learn. Support. Connect.* **Join Conservancy Women Today!**



**Conservancy Women** is a friend-raising and fund-raising group of philanthropically minded individuals interested in learning more about the Sonoran Desert.

Members of **Conservancy Women** make an annual donation of \$200 to the McDowell Sonoran Conservancy.

**In addition to fun educational and cultural events, Conservancy Women offers:**

- Book Club
- Movie Group
- Hiking Group
- Walking Group
- And More!



Scan to sign  
up now!



Support the Conservancy, make new friends, and learn about the desert in which you live!

**Sign up today at: [mcdowellsonoran.org/conservancywomen](https://mcdowellsonoran.org/conservancywomen)**



# WESTWORLD

O F S C O T T S D A L E

WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

Learn more about these events  
at [WestWorldAZ.com](http://WestWorldAZ.com).





# SCOTTSDALE Community Services

**44  
PARKS**

**30,500  
ACRES OF  
PRESERVE LAND**

**11 TRAILHEADS AND 232 MILES  
OF NON-MOTORIZED TRAILS  
IN THE PRESERVE**

**982 TOTAL  
ACRES**

**37 PLAYGROUNDS**

**5 URBAN  
LAKES**

**74 ATHLETIC  
FIELDS**

**39 BASKETBALL  
COURTS**

**3 OFF-LEASH  
AREAS**

**4 AQUATIC  
FACILITIES**

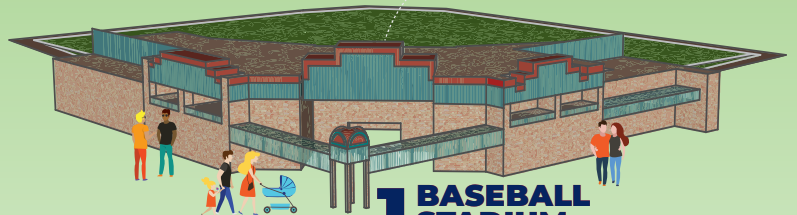
**35 VOLLEYBALL  
COURTS**

**30 PICKLEBALL,  
RACQUETBALL &  
SQUASH COURTS**

**6 SPRAY  
FEATURES**

**2 SKATE  
PARKS**

**49 TENNIS COURTS  
2 TENNIS CENTERS**

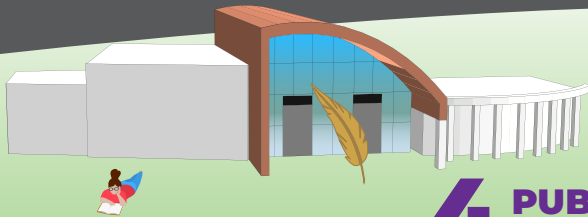


**1 BASEBALL  
STADIUM**

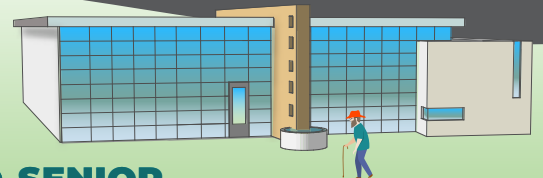
**1 RAILROAD PARK**

**3 EQUESTRIAN  
FACILITIES**

**123 MILES OF PAVED PATHWAYS, 156 UNPAVED**



**4 PUBLIC  
LIBRARIES**

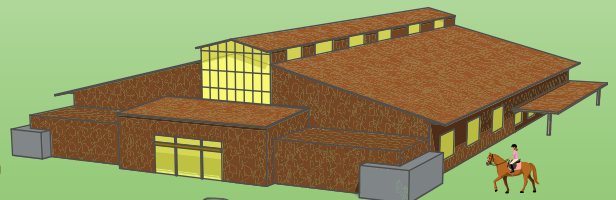


**2 SENIOR  
CENTERS**



**6 COMMUNITY  
CENTERS**

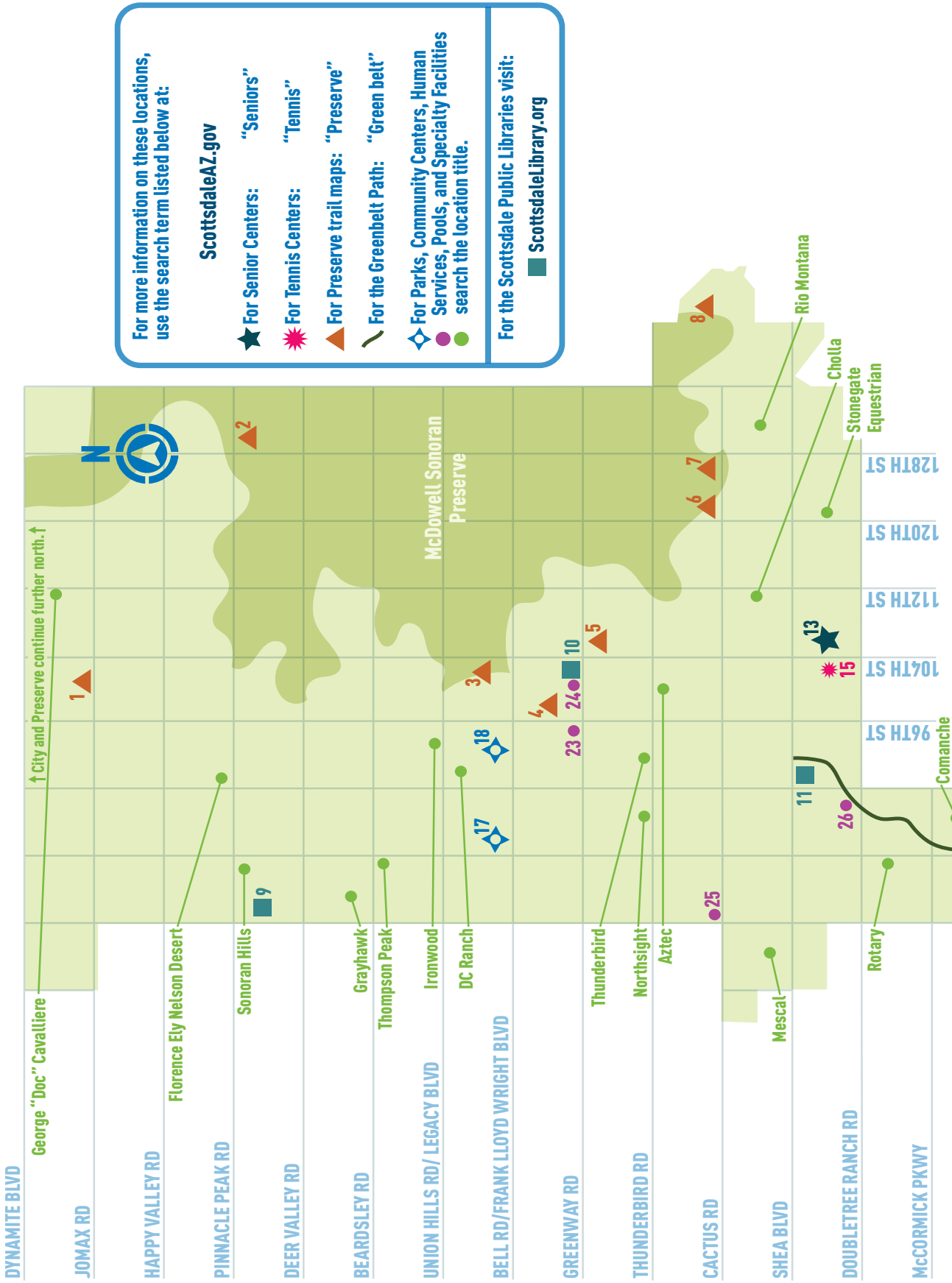
**376 COMBINED  
SPECIAL EVENT DAYS  
AT WESTWORLD**



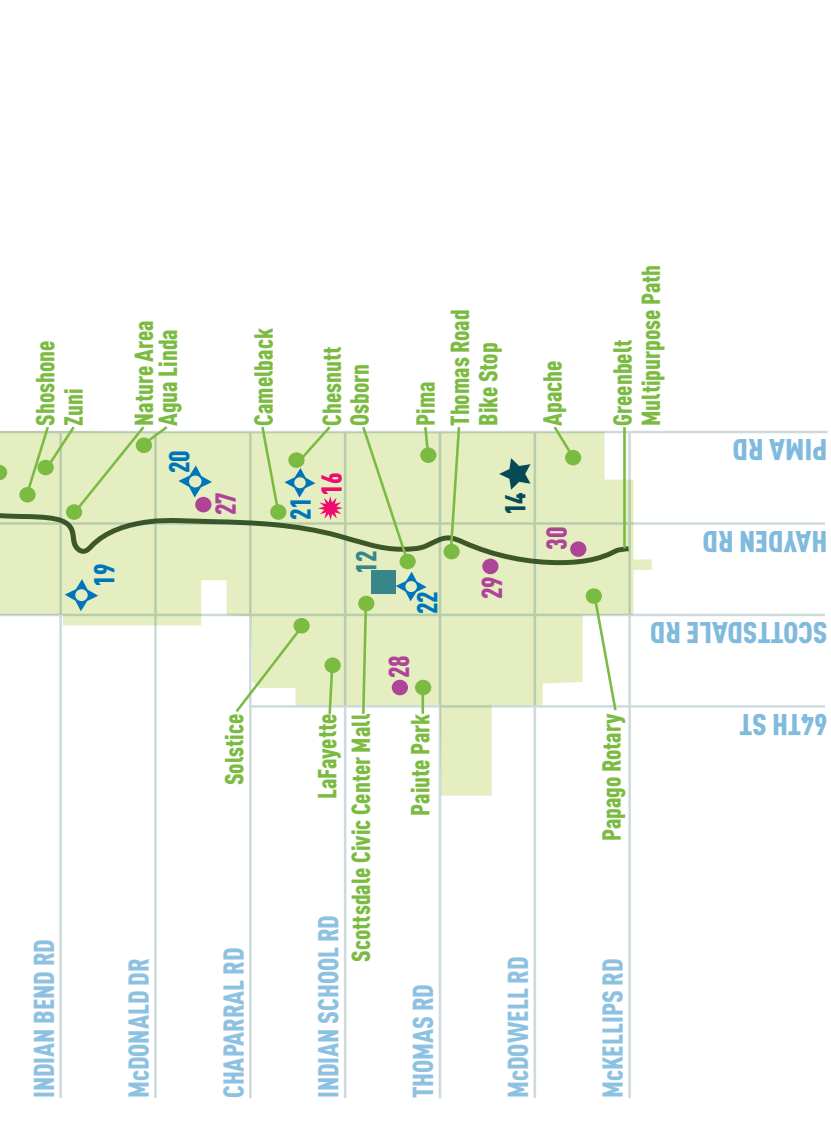


# SCOTTSDALE COMMUNITY SERVICES

# Facility Map



- Parks**
- Agua Linda Park** 8732 E. McDonald Dr.
- Apache Park** 1201 N. 85th Pl.
- Aztec Park** 13636 N. 100th St.
- Camelback Park** Hayden & Camelback
- Chesnut Park** 4565 N. Granite Reef Road
- Cholla Park** 11320 E. Via Linda
- Comanche Park** 7639 Via Paseo del Norte
- DC Ranch Park** 15000 N. 91st St.
- Florence Ely Nelson Park** 8950 E. Pinnacle Peak Road
- George "Doc" Cavalliere Park** 27775 N. Alma School Pkwy.
- Grayhawk Neighborhood Park** 20726 N. 76th St.
- Ironwood Park** 18650 N. 94th St.
- LaFayette Park** 6745 E. LaFayette Blvd.
- Mescal Park** 11015 N. 68th Pl.
- Nature Area** 6801 N. Hayden Road
- Northsight Park** 8400 E. Thunderbird Road
- Osborn Park** 7775 E. Osborn Road
- Paiute Park** 3210 N. 66th St.
- Papago Rotary Park** 7316 E. Garfield St.
- Pima Park** 8600 E. Thomas Road
- Rio Montana Park** 11180 N. 132nd St.
- Rotary Park** 7959 E. Doubletree Ranch Road
- Scottsdale Civic Center Mall** 3939 N. Drinkwater Blvd.
- Shoshone Park** 8300 Via De Dorado
- Solstice Park** 4420 N. Scottsdale Road
- Sonoran Hills Park** 7625 E. Williams Dr.
- Stonagate Equestrian Park** 9555 N. 120th St.
- Thomas Road Bike Stop** 7801 E. Thomas Road
- Thompson Peak Park** 20199 N. 78th Pl.
- Thunderbird Park** 9170 E. Thunderbird Road
- Zuni Park** 7343 Via del Elemental



**Hiking Trails**

- 1) Pinnacle Peak Park** 26802 N. 102nd Way
- 2) Tom's Thumb** 23015 N. 128th St.
- 3) Gateway** 18333 N. Thompson Peak Pkwy.
- 4) WestWorld** 15939 N. 98th St.
- 5) Quartz** 10215 McDowell Mnt. Ranch Road
- 6) Lost Dog Wash** 12601 N. 124th St.
- 7) Ringtail** 12300 block of N. 128th St.
- 8) Sunrise** 12101 N. 145th Way

**Public Libraries**

- 9) Appaloosa Library** 7377 E. Silverstone Dr.
- 10) Arabian Library** 10215 E. McDowell Mnt. Ranch Road
- 11) Mustang Library** 10101 N. 90th St.
- 12) Civic Center Library** 3839 N. Drinkwater Blvd.

**Senior Centers**

- 13) Via Linda Senior Center** 10440 E. Via Linda
- 14) Granite Reef Senior Center** 1700 N. Granite Reef Road

**Tennis Centers**

- 15) Scottsdale Ranch Park & Tennis Center** 10400 E. Via Linda
- 16) Indian School Park & Tennis Center** 4289 N. Hayden Road

**Specialty Facilities**

- 17) Scottsdale Sports Complex** 8081 E. Princess Dr.
- 18) Bell94 Sports Complex** 9390 E. Bell Road
- 19) McCormick-Stillman Railroad Park** 7301 E. Indian Bend Road
- 20) Adapted Services Center** 8102 E. Jackrabbit Road
- 21) Club SAR Fitness Center** 8055 E. Camelback Road
- 22) Scottsdale Stadium** 7408 E. Osborn Road

**Parks, Recreation & Human Services**

**Community Centers and Pools**

- 23) Horizon Park & Community Center** 15444 N. 100th St.
- 24) McDowell Mountain Ranch Park & Aquatic Center** 15525 N. Thompson Peak Pkwy.
- 25) Cactus Park & Aquatic Center** 7202 E. Cactus Road
- 26) Mountain View Park & Community Center** 8625 E. Mountain View Road
- 27) Chaparral Park, Aquatic & Community Center** 5401 N. Hayden Road
- 28) Paiute Neighborhood Center** 6535 E. Osborn Road
- 29) Eldorado Park, Aquatic & Community Center** 2311 N. Miller Road
- 30) Vista Del Camino Park & Community Center** 7700 E. Roosevelt St.

Notice: This document is provided for general information purposes only. The city of Scottsdale does not warrant its accuracy, completeness, or suitability for any particular purpose. It should not be relied upon without field verification.

# Fall Community Events

## SEPT



**Junk in the Trunk Vintage Market**  
WestWorld  
Visit [WestWorldAZ.com/events](http://WestWorldAZ.com/events)



**Fall Luau**  
Granite Reef Senior Center  
Doors open at noon  
See page 44 for details & more events



**Banned Books Week**  
All Library Branches  
Visit [Scottsdalelibrary.org](http://Scottsdalelibrary.org)



## NOV



**39<sup>th</sup> Annual Arts & Crafts Fair**  
Granite Reef Senior Center  
9 a.m. - 2 p.m.  
See page 44 for details



**Thanksgiving Luncheon**  
Granite Reef Senior Center  
Doors open at noon  
See page 44 for details



**Holiday Lights**  
McCormick-Stillman Railroad Park  
6 - 9:30 p.m. nightly  
[TheRailroadPark.com/events](http://TheRailroadPark.com/events)

## OCT



**Fall Break Camps**  
Various Locations  
8 a.m. - 5 p.m.  
See page 11 for more details



**Spook-Track-Ula**  
McCormick-Stillman Railroad Park  
6 - 9:30 p.m. nightly  
[TheRailroadPark.com/events](http://TheRailroadPark.com/events)



**Dunkin' for Pumpkins**  
McDowell Mtn. Ranch Aquatic Center  
1 p.m.  
See page 25 for more details.



**Fall Festival**  
Chaparral Park  
4 - 7 p.m.  
Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Fall Festival"



## DEC



**Parent's Night Out:  
The Great Elf Escape**  
Horizon Community Center  
6 - 10 p.m.  
See page 11 for details



**Jingle Hike to Santa**  
Pinnacle Peak Park  
Time Slots: 9 & 10 a.m.  
See page 54 for details



**Ultimate Family Play Date**  
Scottsdale Civic Center  
9 a.m. - 1 p.m.  
See page 32 for details



 SCOTTSDALE  
**COMMUNITY SERVICES**

**Check online for more information!**  
[ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) | [ScottsdaleLibrary.org](http://ScottsdaleLibrary.org)

