

# SCOTTSDALE

# Life

 **SPRING 2025**

APRIL | MAY

YOUR GUIDE TO

 **SCOTTSDALE  
COMMUNITY  
SERVICES**



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**View this  
guide online!**

Visit  
**ScottsdaleAZ.gov search**  
"Activity Guide"

## MAYOR AND COUNCIL

[ScottsdaleAZ.gov](http://ScottsdaleAZ.gov)

### MAYOR

Lisa Borowsky

### CITY COUNCIL

#### VICE MAYOR

Barry Graham

#### COUNCILWOMAN

Kathy Littlefield

#### COUNCILWOMAN

Jan Dubauskas

#### COUNCILWOMAN

Maryann McAllen

#### COUNCILMAN

Adam Kwasman

#### COUNCILWOMAN

Solange Whitehead

## Get it fixed fast.

Whether it's a broken park bench, a fresh pothole or a missing trash can, Scottsdale EZ lets you easily report problems with city facilities or services.

This mobile-optimized site works via your desktop, smartphone or tablet.

Wherever you are, find it by searching for "Scottsdale EZ".

Next time you notice something that isn't right, don't hesitate! Scottsdale EZ helps you report those issues so we can fix them.



Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "EZ"

## COMMUNITY SERVICES BOARDS & COMMISSIONS

[ScottsdaleAZ.gov/boards](http://ScottsdaleAZ.gov/boards)

These volunteer citizen advisory committees advise City Council on Community Services activities.

### PARKS & RECREATION COMMISSION MEMBERS:

Kristen Parrish – Chair

Teresa Kim Quale – Vice Chair

Amy Arnold

Sandy Kull

Eric Maschhaupt

Susan McGarry

Michael Vreeland

### LIBRARY BOARD MEMBERS:

Freda Hartman – Chair

Enid Seiden – Vice Chair

Sam Campana

Natalee Esposito -Holliday

Roselyn O'Connell

Janice Shimokubo

Leslie Totten

### HUMAN SERVICES COMMISSION MEMBERS:

Roger Lurie – Chair

Mary Jung – Vice Chair

Lee Cooley

Patrick Dodds

Jeff Jameson

Neal Shearer

Stuart Turgel

### MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:

Stephen Coluccio – Chair

Kerry Olsson – Vice Chair

Savannah Engelking

Robert Hallagan

Susan Hirshman

Pruitt Layton

Ryan Rybarczyk

### SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:

Roger Lurie – Chair

Mary Jung – Vice Chair

Lee Cooley

Patrick Dodds

Jeff Jameson

Neal Shearer

Stuart Turgel

Whether it's exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a senior center, taking a bike ride on the green belt or volunteering your time to help neighbors in need – it's all a part of **Scottsdale LIFE**. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created **Scottsdale LIFE** to share what's happening in your community, collaboratively.

You're invited to browse and discover something that interests you.



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FOR QUESTIONS: SCOTTSDALE LIFE PUBLICATION, CONTACT ALEX SANCHEZ ..... 480-312-7021  
 PARKS AND RECREATION PROGRAMS ..... 480-312-7957  
 SCOTTSDALE PUBLIC LIBRARY ..... 480-312-7323  
 SENIOR CENTERS ..... 480-312-1700

# Scottsdale is the place for you!

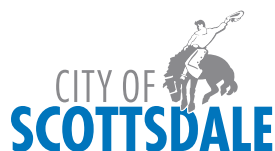
## We are hiring.

If you are looking for  
a job where you:

- make an impact
- have flexible work hours
- can advance and grow

Then the city of Scottsdale  
is where you should be!

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and  
search “jobs” to learn more!



### RECREATION LEADERS

Become part of the team of camp leaders and provide an engaging environment for kids in 1st-8th grades!



### WORK IN THE LIBRARY

Scottsdale's four libraries are looking for great people to join their team!



### BE A LIFEGUARD

Become part of Scottsdale's incredible aquatics team for a fun and rewarding experience!



### MAINTENANCE WORKERS

Join the group who maintain Scottsdale's parks and fields, and make our city beautiful!



# SCOTTSDALE

SPRING 2025 - APR | MAY

# plays



## SCOTTSDALE PARKS & RECREATION

APR | MAY 2025

Activity Guide

SPRING REGISTRATION: RESIDENTS, FEB. 24 AT 8 AM / NON-RESIDENTS, FEB. 27 AT 8 AM

Don't miss our **NEW**  
Adult fitness, yoga,  
language, art classes  
and more!

See pg. 12 for details



**LEARN TO SWIM  
WITH SCOTTSDALE AQUATICS!**

Learn more on pg. 24



Scottsdale Parks & Recreation has maintained CAPRA accreditation since October 1994—making it the longest-accredited parks and recreation agency in Arizona and one of the top five longest-accredited in the United States. CAPRA is the only national accreditation for parks and recreation agencies and is a measure of an agency's overall quality of operation, management and service to the community.

## REGISTRATION INFORMATION

**REGISTRATION STARTS AT 8 A.M.**



**REGISTER ONLINE**  
**Recreation.ScottsdaleAZ.gov**

*(Quickest way to register)*



**REGISTER BY PHONE**  
**480-312-7957**

*(Expect delays on registration days)*



**PAYMENT**  
must be made  
at the time of  
registration



**WE ACCEPT**  
american Express,  
Visa, MasterCard  
and Discover

## GENERAL INFORMATION

**Refund Policy** – Unless otherwise stated, all program refunds shall be prorated, less a \$10 processing fee, up to and including the 2<sup>nd</sup> class. No refunds after the 2<sup>nd</sup> class date. Classes priced at \$10 or less are nonrefundable.

**Corrections & Updates** – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city’s website for up-to-date information.

**Fee Assistance Program** – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale’s corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Fee assistance program" or call 480-312-7957.

**Resident?** – Residents are citizens who live in or own property within the city of Scottsdale’s Corporate City Boundaries, and pay taxes to the city of Scottsdale.

### REGISTRATION QUESTIONS?

Call us before Feb. 24 so we can guide you through the process, making registration a breeze!

**480-312-7957**

**AMERICANS WITH DISABILITIES ACT** – The City of Scottsdale fully supports the provision of the americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

\*Instructors subject to change.

## FACILITY CODES

CODE	FACILITY NAME	ADDRESS
ADSC	Adaptive Services Center	8102 E. Jackrabbit Road
BGPB	Boys & Girls Club of Greater Scottsdale – Piper Branch	10515 E. Lakeview Drive
BGTB	Boys & Girls Club of Greater Scottsdale – Thunderbirds Branch	20199 N. 78th Place
CACT	Cactus Park & Aquatic Center	7202 E. Cactus Road
CCLB	Civic Center Library	3939 N. Drinkwater Blvd.
CHAA	Chaparral Aquatic Center	5445 N. Hayden Road
CHAP	Chaparral Park & Community Ctr.	5401 N. Hayden Road
CHES	Chesnutt Park	4565 N. Granite Reef Road
CHPS	Chaparral High School	6935 E. Gold Dust Road
CPRG	Copper Ridge School	10101 E. Thompson Peak Pkwy.
CSAR	Club SAR	8055 E. Camelback Road
ELDO	Eldorado Park & Community Ctr.	7641 E. Murray Lane
ELDA	Eldorado Aquatic Center	2301 N. Miller Road
ELSO	Eldorado South Building	1909 N. Miller Road
FENP	Florence Ely Nelson Desert Park	8950 E. Pinnacle Peak
GPCK	George "DOC" Cavallier Park	27775 N. Alma School Pkwy.
GRSC	Granite Reef Senior Center	1700 N. Granite Reef Road
HRZN	Horizon Community Center	15444 N. 100th St.
ISPK	Indian School Park	4289 N. Hayden Road
MCRR	McCormick Stillman Railroad Park	7301 E. Indian Bend Road
MMRA	McDowell Mtn Ranch Aquatics	15525 N. Thompson Peak Pkwy.
MSP	McDowell Sonoran Preserve	18333 N. Thompson Peak Pkwy.
MTNV	Mountain View Park	8625 E. Mountain View Road
MUST	Mustang Library	10101 N. 90th St.
NYCD	North Corp Yard	9191 E. San Salvador Drive
PNCC	Paiute Neighborhood Center	6535 E. Osborn Road
PPEC	Pinnacle Peak Equestrian Center	3701 E. Pinnacle Peak Road
PMPK	Pima Park	8600 E. Thomas Road
PPPK	Pinnacle Peak Park	26802 N. 102nd Way
RIMO	Rio Montaña Park	11180 N. 132nd St.
SCF	Scottsdale Airport	15000 N. Airport Dr.
SPFD	Scottsdale Police/Fire Dept.	8401 E. Indian School Road
SRPK	Scottsdale Ranch Park	10400 E. Via Linda
SSCX	Scottsdale Sports Complex	8081 E. Princess Drive
STAD	Scottsdale Stadium	7408 E. Osborn Road
SWTS	Solid Waste Transfer Station	8417 E. Union Hills Drive
VCCC	Vista Del Camino Community Center	7700 E. Roosevelt
VLSC	Via Linda Senior Center	10440 E. Via Linda
VSTA	Vista Del Camino Park	7700 E. Roosevelt

## TOT CLASS GUIDELINES

- For your child's safety, accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes if required.

## ART

### NEW YOUNG REMBRANDTS - JUNIOR TRANSPORTATION, DRAWING SEASON

(5-7yrs) Learn to create vehicles from simple shapes. Once we draw your favorite vehicles, students will be adding a simple scene around it, to make a complete scene! Racing cars, trains, boats, airplanes and more fun drawings awaits!

Sa 10:30-11:30 am 4/12(7classes) \$75(R)/\$113(N) HRZN Young Rembrandts 45891

## DANCE

### CREATIVE MOVEMENT

(1-3yrs and parent/caregiver) Designed to introduce music and movement through interaction and creative activities. This program develops motor skills, sociability, and gives kids a fun hands on introduction to the world of dance. We encourage parent/caregiver participation.

Th 9:15-10 am 4/10(6classes) \$75(R)/\$113(N) MTNV Dance Sequins Studio 45835



### DANCE COMBO

Learn basic tap and creative ballet movements. For this class, the instructor requests that parents/caregiver do not stay in the room while the class is in session. On the last day of class, they will perform a special dance routine and skills they have learned throughout the session.

(2-5yrs)

Th 10:05-10:50 am 4/10(6classes) \$75(R)/\$113(N) MTNV Staff, Dance Sequins Studio 45840 (3-6yrs)

M 5:5-45 pm 4/7(7classes) \$86(R)/\$129(N) CACT Dance Sequins Studio 45838 (3-5yrs)

Tu 4:30-5:15 pm 4/8(7classes) \$86(R)/\$129(N) CACT Dance Sequins Studio 45839

### TODDLER AND ME

(1-2yrs and parent/caregiver) In this class we'll have lots of fun with colors, numbers, and learning simple but fun dance routines! This class is designed for parent/guardian participation.

Tu 10-10:45 am 4/8(7classes) \$46(R)/\$69(N) ELDO Slade 47194

### BALLET

(4-6yrs) Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. The instructor requests that parents/caregiver do not stay in the room while the class is in session. At the end of the session you will be invited to see the children's progress and new skills.



*\*\*Parents must stay on site for the duration of class\*\**

Tu 3:55-4:40 pm 4/8(7classes) \$56(R)/\$84(N) MMRA Martin 45968



### INTRO TO HIP HOP

(2-4yrs) This class will help dancers learn to count music, we will learn foundational hip hop skills and technique, and we will do all of this in a fun and exciting environment! Each week we will do a fun 30 sec routine to showcase the skills we're learning and practicing! Parents must stay on site.

*\*All music for all classes will have clean and appropriate lyrics\**

Th 12:30-1:15 pm 4/10(7classes) \$46(R)/\$69(N) ELDO Slade 47195

### INTRO TO JAZZ

(2-5yrs) Intro to Jazz will give your dancer the foundational skills and knowledge to start their dance career! Our class will be sassy, energetic, and for dancers of all levels! Parents must stay on site.

F 10-10:45 am 4/11(7classes) \$46(R)/\$69(N) VSTA Slade 47196

## SPORTS

### 3-SPORT MULTI-SPORT

(3-5yrs) We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases and shoot and dribble a basketball. Each participant will need to bring their own, age-appropriate soccer ball for the first week of class, as well as their own tee/bat, and basketball for later in the session.

F	3:45-4:30 pm	4/11(5classes)	\$79(R)/\$119(N)	CACT	B.E.S.T. Sports	45774
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### BASKETBALL SKILLS & DRILLS

(3-5yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position.

F	4:35 pm-5:20 pm	4/11(5classes)	\$79(R)/\$119(N)	CACT	B.E.S.T. Sports	45802
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### GYMNASTICS

(4-5yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, bar strengthening, stretches, and conditioning.

Sa	1-1:45 pm	4/12(6classes)	\$46(R)/\$69(N)	CACT	Schaffer	45859
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### MULTI-SPORT & FITNESS FUN

(3-6yrs) Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

Th	6:05-6:50 pm	3/27(5classes)	\$97(R)/\$146(N)	CHAP	JumpBunch	45876
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Th	6:05-6:50 pm	5/1(5classes)	\$97(R)/\$146(N)	CHAP	JumpBunch	45877
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### MULTI-SPORT & FITNESS FUN JR

(1-2yrs and parent/caregiver) Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

M	9:15-9:55 am	3/31(8classes)	\$148(R)/\$222(N)	MTNV	JumpBunch	45878
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M	10-10:40 am	3/31(8classes)	\$148(R)/\$222(N)	MTNV	JumpBunch	45881
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### OUTDOOR SOCCER FOR KIDS

Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

(2-3yrs)

Tu	4:15-5 pm	4/8(18classes)	\$136(R)/\$204(N)	CPRG	Hatfield	45903
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F	9-9:45 am	4/4(16classes)	\$122(R)/\$183(N)	MTNV	Hatfield	45902
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(3-4yrs)

Tu	10-10:45 am	4/8(18classes)	\$136(R)/\$204(N)	HRZN	Hatfield	45899
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Tu	4:15-5 pm	4/8(9classes)	\$122(R)/\$183(N)	CACT	Hatfield	47298
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Th	4:15-5 pm	4/10(9classes)	\$136(R)/\$204(N)	CPRG	Hatfield	45901
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(3-5yrs)

M	3-3:45 pm	4/7(16classes)	\$136(R)/\$204(N)	CACT	Hatfield	45897
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(5-7yrs)

M	4-4:45 pm	4/7(16classes)	\$136(R)/\$204(N)	CACT	Hatfield	45898
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(4-6yrs)

W	4:15-5 pm	4/9(18classes)	\$136(R)/\$204(N)	CPRG	Hatfield	45900
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### SUPER SOCCER STARS JR

(2-2.5yrs) An exciting physical learning experience allowing your child to improve their natural ability in a fun and engaging way, with aspects of parent participation incorporated into the curriculum.

W	10:15-10:55 am	3/26(5classes)	\$97(R)/\$146(N)	MTNV	Super Soccer Stars	47304
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W	10:15-10:55 am	4/30(5classes)	\$97(R)/\$146(N)	MTNV	Super Soccer Stars	47305
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### SUPER SOCCER STARS JR

(2.5-3.5yrs) An exciting physical learning experience allowing your child to improve their natural ability in a fun and engaging way, with aspects of parent participation incorporated into the curriculum.

W	11-11:45 am	3/26(5classes)	\$97(R)/\$146(N)	MTNV	Super Soccer Stars	47306
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W	11-11:45 am	4/30(5classes)	\$97(R)/\$146(N)	MTNV	Super Soccer Stars	47307
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## REGISTRATION QUESTIONS?

Call us before Feb. 24 so we can guide you through the process, making registration a breeze!

**480-312-7957**



## SUPER SOCCER STARS

(3-4yrs) Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

Tu 5:10-5:55 pm	3/25(5classes)	\$97(R)/\$146(N)	MTNV	Super Soccer Stars	47308
Tu 5:10-5:55 pm	4/29(5classes)	\$97(R)/\$146(N)	MTNV	Super Soccer Stars	47309

## SUPERHERO TRAINING

(3-6yrs) We focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so much more!



Th 5:15-6 pm	3/27(5classes)	\$97(R)/\$146(N)	CHAP	JumpBunch	45942
Th 5:15-6 pm	5/1(5classes)	\$97(R)/\$146(N)	CHAP	JumpBunch	45943
W 5 pm-5:40 pm	3/26(5classes)	\$97(R)/\$146(N)	MMRA	JumpBunch	45944
W 5:45-6:25 pm	3/26(5classes)	\$97(R)/\$146(N)	MMRA	JumpBunch	45945
W 5-5:40 pm	4/30(5classes)	\$97(R)/\$146(N)	MMRA	JumpBunch	45946
W 5:45-6:25 pm	4/30(5classes)	\$97(R)/\$146(N)	MMRA	JumpBunch	45947

## YOGA STARS

(2-5yrs) Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength and breathing techniques. With our engaging weekly sessions, our stars explore simple yoga poses with songs, props, and stories.

F 9:30-10:15 am	4/11(6classes)	\$58(R)/\$87(N)	CACT	Stretch-n-Grow	46002
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## HOBBIES & INTEREST

### CARS, TRUCKS AND THINGS THAT GO VROOOOM! TRIP

(2-5yrs and parent/caregiver) Is your child thrilled at the sight of trash trucks, police cars and fire trucks? Register to get an up close look at some of the city's most exciting and important vehicles. This class is designed for parent and child interaction. Please wear closed toe shoes to be able to participate.

F 9-9:55 am	4/25(1class)	\$15(R)/\$20(N)	NCYD	Leisure Education	45819
F 10:30-11:25 am	4/25(1class)	\$15(R)/\$20(N)	NCYD	Leisure Education	45820

### TAKEOFF TO THE SCOTTSDALE AIRPORT

(2-5yrs and parent/caregiver) Tour the Scottsdale Airport and get an up close look at how the airport contributes to the city of Scottsdale and the national airspace system!

Th 10-10:55 am	4/17(1class)	\$15(R)/\$20(N)	SCF	Leisure Education	47204
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### XERISCAPE GARDEN TOUR AND NATURE DISCOVERY

(2-5yrs and parent/caregiver) Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor classrooms. Only children who are registered for this class will be allowed to attend.

Tu 9:30-10:30 am	5/13(1class)	\$5(R)/\$8(N)	CHAP	Leisure Education	45979
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## ART

### YOUNG REMBRANDTS - CARTOON DRAWING CLASSES

(8-13yrs) 7-Day LEARN TO DRAW CARTOONS! This entertaining program combines Young Rembrandts - innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations.

Tu 5:15-6:15 pm	4/8(7classes)	\$75(R)/\$113(N)	CHAP	Young Rembrandts	45890
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## DANCE



### DANCE AND CHEER

(5-9yrs) This is an upbeat dance and cheer course for youth. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

Tu 5:20-6:05 pm	4/8(7classes)	\$86(R)/\$129(N)	CACT	Dance Sequins Studio	45837
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### DANCE FUSION

(6-13yrs) This is an upbeat dance and cheer course for youth teaching the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique, and a dance routine. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

M 5:50-6:35 pm	4/7(7classes)	\$86(R)/\$129(N)	CACT	Dance Sequins Studio	45841
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### HIP HOP AND STREET DANCE

(8-12yrs) Creative Network is partnering with city of Scottsdale Parks & Recreation to offer weekly Hip Hop and Street Dance classes culminating in a family performance.

M 4-4:55 pm	4/7(7classes)	\$86(R)/\$129(N)	VSTA	Creative Network	47199
W 4-4:55 pm	4/9(7classes)	\$86(R)/\$129(N)	CACT	Creative Network	47200
W 6-6:55 pm	4/9(6classes)	\$75(R)/\$113(N)	MTNV	Creative Network	47201

## SPORTS



### 3-SPORT MULTI-SPORT

(6-9yrs) Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F 5:25-6:10 pm 4/11(5classes) \$79(R)/\$119(N) CACT B.E.S.T. Sports 45775

### BASKETBALL SKILLS & DRILLS

(6-9yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

F 6:15-7 pm 4/11(5classes) \$79(R)/\$119(N) CACT B.E.S.T. Sports 45803

### GYMNASTICS

(6-9yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

Sa 2-3 pm 4/12(5classes) \$40(R)/\$60(N) CACT Schaffer 45858



### KOKIKAI KIDS - MARTIAL ARTS

(8-13yrs) Kokikai Kids is an introductory martial arts class. Students will engage in activities such as stretching, rolling, conditioning exercises and movement for self-defense. Youth may come away from this class with increased confidence, mind-body awareness, and an appreciation for traditional martial arts. Please wear loose, athletic clothing.

Tu 4:15-5 pm 4/8(7classes) \$44(R)/\$66(N) VSTA Lehart 47193

## SUPER SOCCER STARS

(5-6yrs) The goal of the program at this stage is to improve children's elementary capacity through fun games, technical skill development, and group activities. Every class includes ball activities with high repetitions to promote muscle memory that builds confidence and ball control skills.

Tu 6-7 pm 3/25(5classes) \$114(R)/\$171(N) MTNV Super Soccer Stars 47310  
 Tu 6-7 pm 4/29(5classes) \$114(R)/\$171(N) MTNV Super Soccer Stars 47311

## MUSIC



### PIANO/KEYBOARDING

(5-12yrs) Elements is an innovative piano program designed to give your child the best opportunity for a successful start on the piano keyboard. Keyboards are provided for students class use; recital held for family and friends on the last day of class.

Sa 9:15-10:15 am 4/12(6classes) \$124(R)/\$186(N) HRZN Elements Music 45909

## HOBBIES & INTEREST

### HOW TO RIDE A BIKE FOR KIDS

(5-11yrs) Is your child struggling to learn how to ride their bike? Our very own Scottsdale PD will assist in teaching your child about bike safety and how to ride a bike. Please bring your own good working bike, a helmet that fits and closed toe shoes. Parents are required to stay onsite for this class.

Sa 8-10 am 4/12(1class) \$15(R)/\$20(N) CHAP Leisure Education 46770



### NEW INTRO TO CROCHET: SQUIGGLY CREATURES

(8-12yrs) Start from the very beginning and learn the fundamental crochet skills. We will cover the slip knot, chain stitch and single crochet techniques while working to create our very own fantastical squiggle creatures out of spiral crochet strands.

Sa 10-11:15 am 4/12 (6 classes) \$61R/\$92NR CHAP Schaapherder 47328



Check out our Youth programs offered through Scottsdale Public Libraries! See pg. 32 for more information!

## AFTER-SCHOOL PROGRAMS

### NOW THROUGH MAY 2025

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2024. Snack will be provided by Scottsdale Unified School District.

Cost is \$65 a month

### COMMUNITY CENTER PROGRAMS

#### Horizon Community Center

15444 N. 100<sup>th</sup> St. | 480-312-2650

M-F	School release - 6 pm	Grades 1-6	\$65/mo	41065
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#### Mountain View Community Center

8625 E. Mountain View Road | 480-312-2584

M-F	School release - 6 pm	Grades 1-6	\$65/mo	41031
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### SCHOOL COLLABORATION

#### AFTER-SCHOOL PROGRAMS - 480-312-2329

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2024. Snack will be provided by Scottsdale Unified School District.

#### Hohokam | 8451 E. Oak St.

M-F	School release - 6 pm	Grades K-5	\$65/mo	41030
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#### Navajo | 4525 N. Granite Reef Road

M-F	School release - 6 pm	Grades K-5	\$65/mo	41032
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#### Echo Canyon | 4330 N. 62nd St.

M-F	School release - 6 pm	Grades K-5	\$65/mo	41029
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#### Yavapai | 701 N. Miller Road

M-F	School release - 6 pm	Grades K-5	\$65/mo	41033
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#### *New this spring!*

#### Pima | 8330 E. Osborn Road

M-F	School release - 6:30 pm	Grades K-5	\$65/mo	46109
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Scottsdale After-School Programs are not licensed childcare under ARS section 23-882. To ensure a clear understanding of how the City of Scottsdale After-School Programs operate, caregivers are required to attend a mandatory parent information session before youth can attend program.

Register at [Recreation.ScottsdaleAZ.gov](https://Recreation.ScottsdaleAZ.gov) and search "After-School Programs"

# SCOTTSDALE SUMMER CAMPS MARK YOUR CALENDARS!

## JUNE 3 - AUGUST 2



Scottsdale Summer Camps offer dynamic, enriching recreational opportunities for youth of Scottsdale that address the changing lifestyles and needs of families. Our goal is to provide children a safe, comfortable and enriching place to play and engage others during the summer.

Online registration opens April 21 for residents of Scottsdale, and April 24 for everyone else.

Go to [ScottsdaleAZ.gov](https://ScottsdaleAZ.gov), search "Summer Camps"

## ART

To view the supply list for classes, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Art Supply."

### ADVANCED OIL PAINTING

(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits and special effect painting.

M	4:45-7:45 pm	4/7(7classes)	\$87(R)/\$131(N)	VLSC	Fried	45785
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### CHARCOAL & KNEADED ERASER

(18+) Learn to "see", observe and create drawings utilizing proportion, perspective and shading. Still life subjects will be provided. Bring vine charcoal, kneaded eraser and a newsprint pad (18x24).

M	9:15 am-12:15 pm	4/7(7classes)	\$98(R)/\$147(N)	HRZN	Milman	45852
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### COLORED PENCILS

(18+) Learn how to create rich, vibrant artworks with colored pencils and become familiar with fundamental layering and blending techniques.



M	5:45-7:45 pm	4/7(7classes)	\$79(R)/\$119(N)	ELDO	Gin	46020
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### DRAW/PAINT

Have the freedom to use any medium you choose: pencil, colored pencils, pastels, watercolor, oil, and acrylic. Teacher emphasis is on individual attention and projects.

(18+)

Tu	5:45-7:45 pm	4/8(7classes)	\$71(R)/\$107(N)	ELDO	Chestney	45846
W	9:30 am-12:30 pm	4/9(7classes)	\$101(R)/\$152(N)	ELDO	Chestney	45847
W	1-4 pm	4/9(7classes)	\$101(R)/\$152(N)	ELDO	Chestney	45850
Th	9:30 am-12:30 pm	4/10(7classes)	\$101(R)/\$152(N)	ELDO	Chestney	45848
Th	1-4 pm	4/10(7classes)	\$101(R)/\$152(N)	ELDO	Chestney	45851
Th	9 am-noon	4/10(7classes)	\$106(R)/\$159(N)	VLSC	Consalvo	45849

### DRAWING OPEN STUDIO

(18+) Welcome beginners, intermediate and advanced artists. Focus on the basic fundamentals of drawing, learning various techniques including: perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils and charcoal. This class is non instructional. Instructor will provide guidance.

Tu	1-4 pm	4/8(7classes)	\$106(R)/\$159(N)	VLSC	Consalvo	45853
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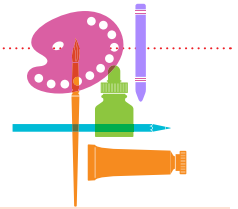
### GUIDED PAINTING: ABSTRACT MONOGRAMS

(18+) Paint along with a guided tutorial of colorful abstract techniques as a personal monogram, creating a memorable art piece to take home for you! All materials will be provided. \$5 supply fee due to instructor on the 1st day of class.

W	9:30 am-noon	5/7(1class)	\$23(R)/\$35(N)	HRZN	Dugie	47265
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### INTRO TO ART

(18+) Get comfortable with the core concepts in creating visual art. Play, explore and try a variety of mediums along the way! Lessons explore color, composition, patterns, perspectives, style and brief.



Th	4:45-7:45 pm	4/10(6classes)	\$91(R)/\$137(N)	VLSC	Dugie	45862
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### INTRO TO ART 2 - SKILL BUILDING

(18+) Please have completed Intro to Art 1 or have a strong understanding of color theory, composition, patterns, and perspective. All art materials except a mixed media sketchbook will be provided. \$5 supply fee due to instructor on the first day of class.

Tu	4:45-7:45 pm	4/22(5classes)	\$78(R)/\$117(N)	VLSC	Dugie	47267
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### INTRO TO CROCHET

(18+) Start from the very beginning and learn the fundamental crochet skills. In this class, we will cover the slip stitch, chain stitch, single crochet, and double crochet techniques while working towards completing your very own personalized granny square project.



W	10 am-12:30 pm	4/9(7classes)	\$111(R)/\$167(N)	GRSC	Schaapherder	46068
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### LEARN TO PAINT

(18+) You will learn how to set up your palette, color mixing, application, and complete a simple still life painting, which you will print from a picture I will email prior to the first class, as you progress at your own speed. You must attend the first class to continue.

W	4:45-7:45 pm	4/9(7classes)	\$87(R)/\$131(N)	VLSC	Fried	45896
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### NEW ART JOURNAL FOR YOUR JOURNEY

(18+) Create a unique journal to artfully document your journey for travel, quotes, thoughts, sketches, photos and more. A class kit is provided and contains custom materials to complete the journal. The kit fee is \$5.00 cash and is in addition to the registration fee.

Sa	10 am-1 pm	4/12(1class)	\$23(R)/\$35(N)	HRZN	Busch	45888
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### NEW GUIDED PAINTING: SPRINGTIME ABSTRACT

(18+) Paint along with a guided tutorial of colorful abstract techniques on canvas board using bright and fresh Springtime colors, creating a memorable art piece to take home for you! All materials will be provided. \$5 supply fee due to instructor on the 1st day of class.

W	9:30 am-noon	4/9(1class)	\$23(R)/\$35(N)	HRZN	Dugie	47266
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**NEW MONOCHROME DESIGN IN CIRCLE - ONE STROKE PAINTING**

(18+) In this workshop we are going to learn painting decorative flowers and leaves in one stroke painting technique and will create composition in circle and in monochrome hue with different shades of chosen color on paper.

Tu	4:45-7:45 pm	4/8(2classes)	\$41(R)/\$62(N)	VLSC	Kalayda	47251
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**NEW SPRING IS BLOOMING - BOOKMAKING WORKSHOP**

(18+) Express your creativity while learning the ancient art of bookmaking. \$28 kit fee is due to the instructor on the 1st day of class.

Th	4:30-7:30 pm	4/3(2classes)	\$31(R)/\$47(N)	GRSC	Sweetman	47263
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**NEW ACRYLIC PORTRAIT PAINTING 101**

(18+) Artists of all skill levels will learn to mix flesh tones from primary colors, develop a pallet, and capture likeness. Developing exercise and an opportunity to receive direct feedback and support in creating the portrait of your choosing.

F	1:30-4:30 pm	4/4 (8 classes)	\$87R/\$131NR	GRSC	Wilson	47913
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**OIL AND ACRYLIC PAINTING**

(18+) New and continuing students will focus on developing basic skills, exploring color, style and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints.

M	9 am-noon	4/7(7classes)	\$87(R)/\$131(N)	VLSC	Wilson	45895
Tu	9 am-noon	4/8(7classes)	\$98(R)/\$147(N)	VLSC	Oden	45892
Tu	1-4 pm	4/8(7classes)	\$87(R)/\$131(N)	GRSC	Wilson	45894
F	1-4 pm	4/11(7classes)	\$106(R)/\$159(N)	VLSC	Consalvo	45893

**OIL PAINT STUDIO**

(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors or mixed media. Enjoy exploring art making and expanding your skills. This class is non instructional. Instructor will provide guidance.

W	1-4 pm	4/9(7classes)	\$87(R)/\$131(N)	VLSC	Fried	45905
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**PAINT OPEN STUDIO**

(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors or mixed media. Enjoy exploring art making and expanding your skills.

M	1-4 pm	4/7(7classes)	\$78(R)/\$117(N)	VLSC	Khamis	45904
Sa	9-11:30 am	4/12(7classes)	\$67(R)/\$101(N)	VLSC	Khamis	46023

**PASTELS**

(18+) New and continuing students will learn techniques using Pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease.

Th	1-3 pm	4/10(7classes)	\$72(R)/\$108(N)	VLSC	Schneider	45906
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**PORTRAITS**

(18+) Unlock your creative potential in Portrait Art Class, where you'll explore the beauty and complexity of human expression through the art of portraiture. Multiple mediums are welcome such as graphite, charcoal, colored pencils, and watercolor.

M	1-4 pm	4/7(7classes)	\$114(R)/\$171(N)	CHAP	Gin	47028
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**WATERCOLOR**

(18+) Transparent watercolor for the beginning, as well as intermediate student will include basic techniques, color and composition using landscape, still life, and portrait. Individual attention with emphasis on learning to see as the artist does.

M	1-4 pm	4/7(7classes)	\$117(R)/\$176(N)	GRSC	Amsellem	45861
W	9 am-noon	4/9(7classes)	\$117(R)/\$176(N)	VLSC	Godwin	45975
F	9 am-noon	4/18(6classes)	\$102(R)/\$153(N)	VLSC	Amsellem	45976

**CERAMICS**

**HOME ACCENTS**

(18+) Rev up your house and patio with fireplace sculptures, book shelf decorations, lamps, flower pots, bonsai dishes and more! Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket. \$20 non-refundable cash glaze material fee per registered class due to instructor at first class.

Sa	9:30 am-12:30 pm	4/12(6classes)	\$104(R)/\$156(N)	ELDO	Peterson	45821
Sa	1-4 pm	4/12(6classes)	\$104(R)/\$156(N)	ELDO	Peterson	45822



**INTRODUCTION TO CLAY**

Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class.

(18+)

Tu	9 am-noon	4/8(7classes)	\$118(R)/\$177(N)	ELDO	Bogan	45823
Th	9 am-noon	4/10(7classes)	\$118(R)/\$177(N)	ELDO	Bogan	45824
Th	12:30-3:30 pm	4/10(7classes)	\$118(R)/\$177(N)	ELDO	Bogan	45826
Th	5-8 pm	4/10(7classes)	\$118(R)/\$177(N)	ELDO	Fitzgibbons	46066

(14+)

M	5-7:45 pm	4/7(7classes)	\$118(R)/\$177(N)	GRSC	Peterson	45825
Tu	5-7:45 pm	4/8(7classes)	\$118(R)/\$177(N)	GRSC	Fitzgibbons	47025

### OPEN STUDIO

(18+) Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller, and staff-fired Cone 5/6 electric kiln, plus slips, glazes, and more. NO INSTRUCTION. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns. Please bring \$20 (cash) non-refundable material fee per registered class to first meeting.

Tu 12:30-3:30 pm	4/8(7classes)	\$118(R)/\$177(N)	ELDO	Bogan	45827
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## DIGITAL PHOTOGRAPHY



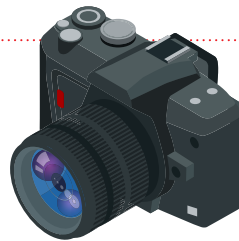
### BEGINNING

(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Bring your DSLR camera to each class.

M 6-7:30 pm	4/14(5classes)	\$41(R)/\$62(N)	VLSC	Bochenek	45843
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### INTERMEDIATE/ADVANCED

(15+) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos. We'll expand on topics like the use of light, what makes an image impactful, and ideas for more artistic images.



M 6-7:30 pm	4/7(7classes)	\$56(R)/\$84(N)	HRZN	Marple	45844
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## COMMUNICATION

### FRENCH - CONTINUING

(18+) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation, and learning essential grammatical facts in a supportive and fun environment. Purchase: French Made Simple, by Haze, 2006 edition, \$13.

Tu 5:30-7:30 pm	4/8(7classes)	\$123(R)/\$185(N)	HRZN	Gabor	45854
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### GERMAN LANGUAGE AND CULTURE FOR BEGINNERS

(14+) This introductory German class prepares you for your journey, or it just feeds your brain! Students will develop a modern view of Germany and practice basic reading, writing, listening and pronunciation skills.

W 6:15-7:45 pm	4/9(7classes)	\$79(R)/\$119(N)	GRSC	Dayal	47189
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### INTRODUCTION TO FRENCH AND FRENCH CULTURE FRENCH - LEVEL 1

(18+) We will begin with a focus on basic conversation, no prior knowledge needed. You will be introduced to level one grammar concepts and vocabulary acquisition. This includes present tense verb conjugation and an understanding of nouns, adjectives and gender. This course is for beginners and will include French culture and travel enrichment.

Tu 6-7:15 pm	4/8(7classes)	\$81(R)/\$122(N)	VLSC	Philipp	45863
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### ITALIAN - LEVEL 1

(14+) This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. Students will develop basic speaking, listening, reading, writing, comprehension and cultural awareness skills.

W 6:15-7:45 pm	4/9(7classes)	\$71(R)/\$107(N)	HRZN	Orso	45865
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### ITALIAN - LEVEL 2

(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs "essere," "stare," and "avere," this course is the next step for you.

Th 6:15-7:45 pm	4/10(7classes)	\$71(R)/\$107(N)	HRZN	Orso	45866
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### SPANISH - LEVEL I

(14+) We will begin with a focus on conversation, no prior knowledge required but helpful. You will be introduced to typical high school level one listening, reading and speaking grammar concepts including present tense verb conjugation, nouns, adjectives & gender and vocabulary acquisition.

W 4:30-5:30 pm	4/9(7classes)	\$59(R)/\$89(N)	VLSC	Philipp	45929
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### SPANISH - LEVEL II

(14+) This class is a continuation from SPANISH ONE maintaining the learning focus on conversation while expanding into writing as well as listening and reading. The scope and sequence will adjust according to class makeup.

W 5:40-6:40 pm	4/9(7classes)	\$78(R)/\$117(N)	VLSC	Philipp	45930
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**SPANISH IV**

(18+) This course is a continuation of Spanish III. Students should be comfortable with the basics of the present subjunctive, preterit and imperfect, and various progressive tenses. This course will cover pages 465-556 of the required text.

Th	3:45-5 pm	4/10(6classes)	\$50(R)/\$75(N)	GRSC	Ellis	47190
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**ONLINE SPANISH: STEP 1**

(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice to converse, listen, and reviewing simple vocabulary, grammar, and sentence structure.

M	9:30-11 am	4/7(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner	45932
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**ONLINE SPANISH: STEP 2**

(14+) If you are comfortable using simple sentences in Spanish, but you want to improve fluency and mix use of the present and past, this class gives you more challenging practice.

W	10-11:30 am	4/9(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner	45934
W	6-7:30 pm	4/9(7classes)	\$66(R)/\$99(N)	ONLINE	Buettner	45933

**DANCE**



**BALLET - BEGINNING**

(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

Tu	2-3 pm	4/8(7classes)	\$40(R)/\$60(N)	GRSC	Moore	45794
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**BALLROOM DANCE - BASICS I**

(18+) Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing, and much more. No partner required, however, we cannot guarantee there will be enough partners to share during class.

M	6-6:55 pm	4/7(7classes)	\$43(R)/\$65(N)	VLSC	Dale	45795
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**BALLROOM DANCE - BASICS II**

(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing, and more.

Tu	5:45-6:40 pm	4/8(7classes)	\$43(R)/\$65(N)	FENP	Dale	45796
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**BALLROOM DANCE - BASICS III**

(18+) After completing 4-5 sessions of the Basics I AND Basics II level classes, this level will continue with introducing step patterns and technique in basic levels of social dancing. Must have taken at least two Basics classes before enrolling into Basics III.

Tu	6:45-7:40 pm	4/8(7classes)	\$43(R)/\$65(N)	FENP	Dale	45797
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**BALLROOM DANCE - BEYOND THE BASICS**

(18+) Here's a chance for the student who has taken 4-5 sessions of the beginner's class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

W	5:50-6:45 pm	4/9(6classes)	\$43(R)/\$65(N)	VLSC	Dale	45798
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**BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM**

(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! A fun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.



W	6:50-7:45 pm	4/9(6classes)	\$43(R)/\$65(N)	VLSC	Dale	45799
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**LINE DANCING: BEGINNERS**

(18+) Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for country, latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class.

Tu	10:35-11:35 am	4/8(7classes)	\$56(R)/\$84(N)	VLSC	Chapman	45871
Tu	1:30-2:30 pm	4/8(7classes)	\$56(R)/\$84(N)	VLSC	Chapman	45871

**LINE DANCING: HIGH BEGINNER/LOW INTERMEDIATE**

(18+) This is a high beginner low intermediate class and it does require a full knowledge of all the basic dance moves and terminology you learned in the beginning classes.

Tu	9:20-10:20 am	4/8(7classes)	\$56(R)/\$84(N)	VLSC	Chapman	45872
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### TAP - INTERMEDIATE

(18+) This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both rhythm and Hollywood styles. Tap shoes required.

Tu 6:15-7:15 pm	4/8(7classes)	\$44(R)/\$66(N)	MTNV	Campi	45961
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### TAP - SENIOR BEGINNING TECHNIQUES

(18+) Learn the basics of different dance steps and combinations while improving your memory and having fun.

Th 2:45-3:45 pm	4/10(7classes)	\$44(R)/\$66(N)	GRSC	Campi	45962
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### TAP - SENIOR INTERMEDIATE LEVEL I

(18+) Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th 4-5 pm	4/10(7classes)	\$44(R)/\$66(N)	GRSC	Campi	45963
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### TAP - SENIOR INTERMEDIATE LEVEL II

(18+) Learn more challenging dance routines while improving your memory and having fun. Please note, if you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

Th 5-6 pm	4/10(7classes)	\$44(R)/\$66(N)	GRSC	Campi	45964
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### AWARENESS THROUGH MOVEMENT®

(18+) Awareness Through Movement® (ATM) lessons help you get to know yourself in a new way. These lessons can lead to more ease and ability in your daily activities and hobbies, your posture, and even how you think and learn, by helping you become aware of your habits and tensions.

Th 10:30-11:30 am	4/10(7classes)	\$39(R)/\$59(N)	GRSC	Haynes	46021
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### BARRE EXPRESS

(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body.

M 5:45-6:35 pm	4/7(7classes)	\$68(R)/\$102(N)	MMRA	Spencer	45800
MW 6:10-7 am	4/7(12classes)	\$109(R)/\$164(N)	MMRA	Spencer	45801



## FITNESS & HEALTH



### 30/30/30

(14+) The class will start off with 30 minutes of Aerobics, followed by 30 minutes of Strength Training and finishing up with 30 minutes of Pilates, stretch and meditation.

W 5:30-7 pm	4/9(7classes)	\$63(R)/\$95(N)	CACT	Alfraid	45778
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### AEROBICS

(18+) Start your day off right with this 'work at your own pace' cardio class! Warm-up, stretch, hi/low impact cardiovascular activity are all included. Modifications are provided.

M 8:15-9 am	4/7(7classes)	\$46(R)/\$69(N)	GRSC	Alfraid	45786
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(14+)

Sa 8:05-8:55 am	4/12(7classes)	\$46(R)/\$69(N)	VLSC	Alfraid	45787
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### BETTER BALANCE FOR SENIORS - LEVEL 1

While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. This class will be done sitting or using the chair as a prop for standing exercises.

(18+)

M 11:15 am-12:05 pm	3/31(8classes)	\$66(R)/\$99(N)	VLSC	Yancy	45810
W 11-11:50 am	4/2(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45808

### BETTER BALANCE FOR SENIORS - LEVEL 2

While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. This class will be done sitting or using the chair as a prop for standing exercises.

(18+)

Th 10:15-11:05 am	4/3(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45809
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### BODY AND MIND

(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & pilates providing a full body workout including cardio, strengthening, and flexibility.

F 11:15 am-12:15 pm	4/11(7classes)	\$46(R)/\$69(N)	VLSC	Alfraid	45811
MW 9:15-10:15 am	4/7(14classes)	\$81(R)/\$122(N)	GRSC	Alfraid	45812



The City of Scottsdale fully supports the provision of the americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services, and public facilities so that the full participation may be enjoyed by all. See page 6 for details.

**BODY CONDITIONING**

(18+) Exercise class concentrating on enhancing body tone, strengthening, and stretching. This will include an educational aspect to incorporate fitness into everyday life.

W 8:15-9 am	4/9(7classes)	\$46(R)/\$69(N)	GRSC	Alfraid	45813
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**BOLLYWOOD DANCE WORKOUT: WHERE FITNESS MEETS FUN!**

(18+) A Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. This 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

Th 6-7 pm	4/10(7classes)	\$62(R)/\$93(N)	ELDO	Chaughule	47019
Sa 10-11 am	4/12(7classes)	\$62(R)/\$93(N)	MMRA	Chaughule	47020

**BOLLYX - THE BOLLYWOOD WORKOUT!**

(14+) A Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. This 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

M 6:45-7:45 pm	4/7(7classes)	\$68(R)/\$102(N)	HRZN	Patel	45814
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**CARDIO-CORE FITNESS**

(18+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. All levels are welcome.

Tu 8:15-9:05 am	4/8(7classes)	\$39(R)/\$59(N)	VLSC	Robertson	45818
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**CORE AND MORE**

(14+) Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body.

Th 5:30-6:30 pm	4/10(7classes)	\$42(R)/\$63(N)	MMRA	Teisch	45834
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**H.I.I.T.**

(14+) This dynamic workout is the perfect way to jumpstart your 2025 fitness goals. Expect to tackle exercises like burpees, squats, lunges, push-ups, and core work, with modifications provided to ensure everyone can participate and succeed.

Tu 6:15-7:15 am	4/8(7classes)	\$54(R)/\$81(N)	CACT	Horvath	46039
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**HATHA YOGA**

(14+) The benefits of Hatha yoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. All levels welcome.

M 6-7 pm	4/7(7classes)	\$41(R)/\$62(N)	MMRA	Malaekah	45860
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**HOT HULA FITNESS®**

(18+) HOT HULA fitness® is a fun, new and exciting dance workout. It provides a "total body workout" in 60 minutes. All ages and fitness levels will enjoy.

Tu 9-10 am	4/8(6classes)	\$62(R)/\$93(N)	GRSC	Iglesias	46731
W 6-7 pm	4/9(7classes)	\$71(R)/\$107(N)	ELDO	Iglesias	46732



**SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING**

(18+) A one hour class including Cardio and Strength Training portions. Each class will be broken down into five segments: Warm Up (including stretch), Work, Cool-Down, Final Stretch and Relaxation.

Th 12:30-1:30 pm	4/10(7classes)	\$61(R)/\$92(N)	GRSC	Brancati	45923
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**NEW STRENGTH & CONDITIONING**

(18+) This class focuses on technique, balance and corrective work, then emphasizing work capacity, hypertrophy and conditioning. Important movement patterns that translate to life and exercise, while continuing to improve muscular strength, power and coordination.

Tu Th 8-9 am	4/8 (14 classes)	\$117R/\$176NR	MMRA	Hollenbeck	47562
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**SENIOR STRENGTH TRAINING**

(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. Focus will be geared to those issues related to senior citizens.

MW 5:45-6:45 pm	4/7(14classes)	\$82(R)/\$123(N)	VLSC	Teisch	45924
MW 11-noon	4/7(14classes)	\$117(R)/\$176(N)	VLSC	Hollenbeck	45925
Tu Th 10-11 am	4/8(14classes)	\$111(R)/\$167(N)	VLSC	Brancati	45926
Tu Th 11:30 am-12:30 pm	4/8(14classes)	\$111(R)/\$167(N)	GRSC	Brancati	45927

## SHIFT YOUR SHAPE

(18-99) Balance and muscular endurance are promoted. There is emphasis on increasing flexibility, through various yoga poses and traditional stretches. Join us in a friendly class to promote long term fitness and flexibility!

Tu Th	11:15 am-noon	4/8(14classes)	\$35(R)/\$53(N)	ELDO	Reznikoff	45928
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## STEP AEROBICS

(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility, and balance.

Tu	6-7 pm	4/8(7classes)	\$58(R)/\$87(N)	HRZN	Martin	45935
Th	6-7 pm	4/10(7classes)	\$58(R)/\$87(N)	HRZN	Martin	45936

## STEP AND STRENGTHEN

(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed.

Sa	9:15-10:15 am	4/12(7classes)	\$46(R)/\$69(N)	HRZN	Alfraid	45937
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## STRENGTH TRAINING - BEGINNING

(18+) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

M Th	9-10 am	4/7(14classes)	\$117(R)/\$176(N)	MMRA	Hollenbeck	45938
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## STRENGTH TRAINING - INTERMEDIATE/ADVANCED

(18+) Using resistance training principles to progress total body strength and increase muscle mass for health and performance improvements. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.



W F	8-8:55 am	4/9(14classes)	\$117(R)/\$176(N)	MMRA	Hollenbeck	45939
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## STRETCH IT OUT!

(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W	Noon-1 pm	4/9(7classes)	\$47(R)/\$71(N)	VLSC	Alfraid	45940
Sa	10:15-11:45 am	4/12(7classes)	\$45(R)/\$68(N)	GRSC	Isaacson	45949

## TAI CHI

### BEGINNING

Will cover positions from the first section.

(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration.

M	10:45 am-12:15 pm	4/7(7classes)	\$50(R)/\$75(N)	GRSC	Isaacson	45958
Tu	6-7 pm	4/8(7classes)	\$34(R)/\$51(N)	MMRA	Oestreich	45959
W	9:30-10:30 am	4/9(7classes)	\$37(R)/\$56(N)	VLSC	Navarro	45953
W	10:45-11:45 am	4/9(7classes)	\$37(R)/\$56(N)	VLSC	Isaacson	45952
W	5:30-7 pm	4/9(7classes)	\$50(R)/\$75(N)	GRSC	Isaacson	45951
Th	9-10:30 am	4/10(7classes)	\$50(R)/\$75(N)	GRSC	Isaacson	45956
Th	11:15 am-12:45 pm	4/10(7classes)	\$50(R)/\$75(N)	VLSC	Navarro	45957
F	9:30-10:30 am	4/11(7classes)	\$37(R)/\$56(N)	VLSC	Navarro	45954
Sa	9-10 am	4/12(7classes)	\$37(R)/\$56(N)	GRSC	Isaacson	45955

### INTERMEDIATE (18+)

Students must be proficient in positions from the first section.

W	10:45-11:45 am	4/9(7classes)	\$33(R)/\$50(N)	VLSC	Navarro	45960
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### ADVANCED (18+)

Students must be proficient in the positions from the first and second section.

W	9:30-10:30 am	4/9(7classes)	\$33(R)/\$50(N)	VLSC	Isaacson	45950
F	9:30-11:00 am	4/11(7classes)	\$45(R)/\$68(N)	VLSC	Isaacson	45948



## THE TOTAL WORKOUT

(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance.

F	9:15-10:15 am	4/11(7classes)	\$46(R)/\$69(N)	GRSC	Alfraid	45966
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## TONE AND STRETCH

(18+) Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Please bring your own hand weights.

M	8:15-9:05 am	4/7(7classes)	\$39(R)/\$59(N)	VLSC	Robertson	45967
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## TOTAL BODY WORKOUT

(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Working out in your comfort zone is encouraged.

Th	8:05-9 am	4/10(6classes)	\$35(R)/\$53(N)	VLSC	Robertson	45971
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**TOTALLY TONING**

(14+) Strengthen and tone your major muscle groups using weights, exercise balls, body bars and gravity. Learn proper form and technique to maximize results.

Tu 5:30-6:30 pm	4/8(7classes)	\$42(R)/\$63(N)	MMRA	Teisch	45972
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**ZUMBA**

(18+) Zumba® is a fusion of Latin and International music & dance themes to create a dynamic, exciting and effective fitness system. It allows participants to maximize their caloric and fat burning output for total body toning.

Tu 9:15-10:15 am	4/8(7classes)	\$56(R)/\$84(N)	MMRA	Kenrick	46006
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(14+)

Th 6:15-7:15 pm	4/10(6classes)	\$50(R)/\$75(N)	CACT	Kenrick	46007
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**ZUMBA GOLD**

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

Tu Noon-1 pm	4/8(7classes)	\$45(R)/\$68(N)	VLSC	Scott	46008
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**ZUMBA GOLD**

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

M 1-1:55 pm	4/7(7classes)	\$56(R)/\$84(N)	VLSC	Kenrick	46010
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W 8:15-9:10 am	4/9(7classes)	\$56(R)/\$84(N)	VLSC	Kenrick	46009
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W 10:30-11:25 am	4/9(7classes)	\$56(R)/\$84(N)	GRSC	Kenrick	46040
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F 8:15-9:10 am	4/11(7classes)	\$56(R)/\$84(N)	VLSC	Kenrick	46011
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**ZUMBA TONING**

(18+) The addition of Zumba® Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba® Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning

Tu 10:30-11:30 am	4/8(7classes)	\$56(R)/\$84(N)	MMRA	Kenrick	46012
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Tu 6:15-7:15 pm	4/8(7classes)	\$56(R)/\$84(N)	CACT	Kenrick	46013
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**PILATES**

**PILATES**

(14+) This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

M 10-11 am	4/7(7classes)	\$76(R)/\$114(N)	MMRA	Nicholas	45910
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**PILATES**

(14+) Kick start your way to flat abs and fit arms and legs! Develop a body that looks and feels great! This routine focuses on developing core strength and flexibility. All exercises are modified for beginners and advance levels.

W 6-7 pm	4/9(7classes)	\$58(R)/\$87(N)	HRZN	Martin	45911
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**PILATES - GOLF CONDITIONING**

(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury.

Tu 4:45 pm-5:35 pm	4/8(7classes)	\$58(R)/\$87(N)	MMRA	Martin	45916
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Th 4:45 pm-5:35 pm	4/10(7classes)	\$58(R)/\$87(N)	VLSC	Martin	45915
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**PILATES FUSION**

(18+) A combination of exercises from Pilates, Barre, Core Sculpting and Yoga, this fun Pilates Fusion class will challenge and work your body and mind in different and new ways each week.

M 1:30-2:25 pm	3/31(8classes)	\$66(R)/\$99(N)	VLSC	Yancy	45784
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Tu 1:30-2:30 pm	4/1(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45913
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W 8:05-8:55 am	4/2(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45914
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Th 1:30-2:30 pm	4/3(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45912
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**PILATES GENTLE**

(18+) This pilates class contains all the benefits to a traditional pilates class, however this style is slower and a gentler approach.

W 10:30-11:30 am	4/9(7classes)	\$47(R)/\$71(N)	GRSC	Alfraid	45917
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**PILATES INTERMEDIATE/ADVANCED**

(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

W 10-11 am	4/9(7classes)	\$76(R)/\$114(N)	MMRA	Nicholas	45918
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## BEGINNER TO INTERMEDIATE MAT PILATES

(14+) This beginner-to-intermediate class will focus on the core principles, movements and breathing of classic Pilates. The initial 2 to 3 sessions especially focus on these core essentials so that you are able to ramp things up and move quickly & comfortably through beginner/advanced beginner and then into intermediate levels of this whole body exercise regimen. All levels are welcome. Class is performed standing and on the mat.

Sa	9-10 am	4/12(7classes)	\$51(R)/\$77(N)	GRSC	Dorsey	45806
(18+)						
M Th	9:30-10:30 am	4/7(14classes)	\$91(R)/\$137(N)	ELDO	Dorsey	46034

## CHAIR & WALL PILATES

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. The exercises will target a strong core, a healthy back, shoulders, pelvis and knees ... with a little fun mixed in! Students must be able to stand and walk independently, without the support of a walker or cane.

Tu	8:15-9:05 am	4/1(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45828
F	8:15-9:05 am	4/4(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45829

## GENTLE CHAIR PILATES

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. The class will offer exercises targeting a stronger core, healthier back, shoulders, pelvis and knees, as well as better balance... with a little fun mixed in! Please note that exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane.

Tu	9:15-10:05 am	4/1(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45856
W	9-9:50 am	4/2(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45855

## YOGA & MEDITATION



### YOGA - ALL LEVELS

(14+) The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture.

W	6:30-7:45 pm	4/9(7classes)	\$48(R)/\$72(N)	MMRA	Malaekah	45981
(18+)						
F	9:30-10:45 am	4/11(7classes)	\$61(R)/\$92(N)	HRZN	Rothman	45986

### YOGA - BEGINNING

(18+)

W	10:30 am-noon	4/9(7classes)	\$68(R)/\$102(N)	CACT	Sikes	45983
Th	10:45-12:15 pm	4/10(6classes)	\$67(R)/\$101(N)	VLSC	Parrow	45984

## YOGA - GENTLE

(14+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. All levels welcome.

M	9:30-11 am	4/7(7classes)	\$68(R)/\$102(N)	GRSC	Sikes	45987
(18+)						
M	11 am-12:15 pm	4/7(7classes)	\$61(R)/\$92(N)	VLSC	Rothman	45988
Tu	9:15-10:45 am	4/8(7classes)	\$61(R)/\$92(N)	GRSC	Vershure	45990
F	10:30 am-noon	4/11(7classes)	\$77(R)/\$116(N)	GRSC	Parrow	45989

## YOGA - GENTLE/RESTORATIVE

(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. This time is used to find ways to relax, release stress and create a better awareness of the body.

Tu	10:15-11:40 am	4/1(9classes)	\$104(R)/\$156(N)	VLSC	Yancy	45992
Th	2:30-3:55 pm	4/3(9classes)	\$104(R)/\$156(N)	VLSC	Yancy	45991

## YOGA - INTERMEDIATE

(18+) The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture.



M	9:30-10:45 am	4/7(7classes)	\$61(R)/\$92(N)	VLSC	Rothman	45993
Th	9:15-10:30 am	4/10(6classes)	\$58(R)/\$87(N)	VLSC	Parrow	45994

## YOGA ALL LEVELS

(18+) The physical practice uses poses which both stretch and strengthen the body. Release tension, restore vitality and improve posture.

W	9:30-10:45 am	4/9(7classes)	\$61(R)/\$92(N)	MMRA	Stewart	45996
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## YOGA BASICS

(18+) Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly; also perfect for continuing students.

W	11 am-noon	4/9(7classes)	\$51(R)/\$77(N)	MMRA	Stewart	45997
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## YOGA FOR STRONG BONES - ALL LEVELS

(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance and muscular strength.

Tu	11 am-12:30 pm	4/8(7classes)	\$71(R)/\$107(N)	GRSC	Vershure	45998
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## REGISTRATION QUESTIONS?

Call us before Feb. 24 so we can guide you through the process, making registration a breeze!  
**480-312-7957**



**YOGA IN THE PARK - ALL LEVELS**

(18+) Enjoy our fabulous weather while discovering the joy of unifying body, mind and spirit in this lower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. Bring your mat, a blanket or large towel, and (optional) blocks.

W	9:30-11 am	4/9(14classes)	\$71(R)/\$107(N)	PMPK	Vershure	45999
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**YOGA NIDRA**

(18+) The class is beginner friendly and can help individuals with releasing emotional tension, allowing one's muscles to relax, and acts to calm the nervous system.

W	9:30-10:15 am	4/9(7classes)	\$51(R)/\$77(N)	GRSC	Scorza	47217
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**ACTIVE CHAIR YOGA**

(18+) A chair is used for support, balance, and depth of poses. Detailed instruction and variations make this class accessible to students with all levels and yoga experience.

Th	9:30-10:30 am	4/10(7classes)	\$60(R)/\$90(N)	GRSC	Mullins Bulka	45779
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**ALL LEVELS CHAIR YOGA**

(18+) This class is designed for those who want to take a yoga class, but have difficulty getting up off of and down onto the floor. Beginners are welcome and no previous yoga experience is needed.

M	9:15-10:10 am	3/31(8classes)	\$66(R)/\$99(N)	VLSC	Yancy	45788
M	10:15-11:10 am	3/31(8classes)	\$66(R)/\$99(N)	VLSC	Yancy	45793
W	10-10:55 am	4/2(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45792
Th	9:15-10:10 am	4/3(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45791
F	9:15-10:10 am	4/4(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45790
F	11:15 am-12:10 pm	4/4(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45789

**CHAIR YOGA - INTERMEDIATE**

(18+) This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class, but have difficulty getting up off of and down onto the floor. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

M	8:15-9:10 am	3/31(8classes)	\$66(R)/\$99(N)	VLSC	Yancy	45832
Th	8:15-9:10 am	4/3(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45831

**JOURNEY INTO YOGA**

(18+) Explore the fundamentals of yoga based on breath work, mindfulness, alignment, building strength and increasing flexibility. Beginner friendly and perfect for continuing students.

Th	9-10:15 am	4/10(7classes)	\$63(R)/\$95(N)	GRSC	Urata	45867
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**MYOFASCIA RELEASE AND RESTORATIVE**

(18+) This is a heavily restorative, low intensity, no impact class that uses several healing modalities (myofascia release, yoga, ancient Chinese meridian point, etc) to soften connective tissue restrictions/adhesion, release tension, stress, anxiety and trapped energy- restoring harmony and balance within.

Th	10:30-11:45 am	4/10(7classes)	\$63(R)/\$95(N)	GRSC	Urata	45882
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**NEW YOGA NIDRA WITH SOUND EXPERIENCE**

(18+) Yoga Nidra is a guided, restorative meditation to rejuvenate, refresh and reset; followed by a Soothing Sound Experience that uses healing vibrations to cleanse and harmonize at all levels, mind, body, heart and soul.

Tu	10:30 am-noon	4/8(6classes)	\$60(R)/\$90(N)	VLSC	Long	47212
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**MEDITATION FOR EVERYONE**

(18+) Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods.

F	12:15-1:05 pm	4/4(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45875
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**Don't miss the 3<sup>rd</sup> Annual 'Bunanza' at Scottsdale Civic Center!**

**SATURDAY, APRIL 19**

**9 A.M - NOON**




Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Bunanza" for details!

## MEDITATION FOR THE MODERN MIND

(18+) Come, sit and enjoy meditation to quiet the mind and soothe the soul. Experience a variety of meditation techniques and discover one that works for you.

Tu	1:30-3 pm	4/8(7classes)	\$68(R)/\$102(N)	GRSC	Long	46065
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## FLEX FLOW FOR BALANCE & STRENGTH

(18+) An inclusive introduction into the benefits of yoga, embracing and celebrating the current version of you.

M	6:45-7:45 pm	4/7(6classes)	\$45(R)/\$68(N)	CACT	Queen	46067
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## FLOW INTO SOUND HEALING

(18+) Enjoy guided breathwork and stretching before moving your body through a flow of yoga poses to increase strength, balance and flexibility. All levels are welcome as modifications will be offered and going deeper into the postures is also encouraged.

W	8:15-9:15 am	4/9(7classes)	\$51(R)/\$77(N)	GRSC	Scorza	47216
Sa	9:15-10:30 am	4/12(7classes)	\$61(R)/\$92(N)	VLSC	Scorza	45886

## GENTLE CHAIR YOGA

(18+) A chair is used for support, balance, and depth of poses. Detailed instruction and variations make this class accessible to students with all levels and yoga experience. Approximately 15 minutes of each class will be done standing, working to improving balance and mobility.

F	10:15-11:10 am	4/4(9classes)	\$73(R)/\$110(N)	VLSC	Yancy	45857
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## MUSIC



## BEGINNING ADULT GUITAR 1

(14+) Beginner 1 students will cover notes on the first three strings and then we add 6-8 chords to songs. Students use their own guitar. Acoustic or electric 6 string guitars welcome, small amplifiers can be used. Please bring a 3-ring binder to first class.

M	6-6:45 pm	4/7(7classes)	\$57(R)/\$86(N)	CHAP	Fahy	47191
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## BEGINNING ADULT GUITAR 2

(14+) \*\*Student needs to have taken Beginner 1 before registering for this class, unless you have instructor approval. Beginner 2 students will cover reading music, notes on all 6 strings and 11-15 chords. Please bring a 3-ring binder if you didn't have one from Beginning 1.

M	7-7:45 pm	4/7(7classes)	\$104(R)/\$156(N)	CHAP	Fahy	47192
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## PIANO/KEYBOARD

(13+) Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

W	6:30-7:30 pm	4/9(6classes)	\$124(R)/\$186(N)	HRZN	Elements Music	45908
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## HOBBIES & INTERESTS

### BRIDGE - BEGINNING

(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. Weekly review and open discussion help players develop communications skills with their partners.

W	9:30-11:30 am	4/9(6classes)	\$56(R)/\$84(N)	VLSC	Bigham	45815
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### BRIDGE - INTERMEDIATE

(18+) This class is a continuation of the beginning class. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Tu	9:30-11:30 am	4/8(6classes)	\$56(R)/\$84(N)	VLSC	Bigham	45817
Th	9:30-11:30 am	4/10(6classes)	\$56(R)/\$84(N)	VLSC	Bigham	45816

### CANASTA FOR BEGINNERS

(18+) Learn (or refresh) the basics of this stimulating and fun game. This game helps strengthen one's cognitive skills and provides students with a socially rewarding experience. Handouts will be provided.

Th	9:30-11:30 am	4/10(7classes)	\$47(R)/\$71(N)	VLSC	Bellet	45884
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### CHESS

(18+) Learn the fundamentals of Chess. You'll practice new tactics and strategies in a fun and inclusive environment.

F	9-11 am	4/11(6classes)	\$56(R)/\$84(N)	VLSC	Bigham	45833
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### CREATIVE WRITING I

(18+) Creative writing class will focus on craft. This will include creative writing prompts, plot/character development, help with revision and constructive feedback. All levels and creative writing forms welcome.

W	Noon-2 pm	4/9(7classes)	\$78(R)/\$117(N)	VLSC	Robertson	45836
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### CREATIVE WRITING II

(18+) In this class we will continue to hone our writing craft and prepare our writing for submission. Creative Writing I is a prerequisite for this class.

W	2:30-4:30 pm	4/16(5classes)	\$58(R)/\$87(N)	VLSC	Robertson	45885
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**DOG OBEDIENCE - TEACH FIDO MANNERS**

(16+) Learn simple methods to teach your dog manners within your life. Training can begin at 20 weeks to senior age. Reactive or aggressive dogs are better suited for private sessions and not permitted in the class setting. No retractable leashes.

W	5:45-7 pm	4/16(1class)	\$31(R)/\$47(N)	ELDO	Strauss	45845
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**ONLINE INTRODUCTION TO VOICE OVER**

(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. At the end of the 2-hour course, students know if this is something they want to pursue.

Th	6:30-8:30 pm	5/15(1class)	\$24(R)/\$36(N)	ONLINE	Reiss	45864
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**LET'S PLAY TABLE TENNIS**

(16+) In this class, we will practice improving our strokes and drills, improve your serves and how to read spin better. We will work in some game strategies to use, and there will be time for practice and open play, and match play too!

Th	4:30-6 pm	4/3(4classes)	\$57(R)/\$86(N)	VLSC	Mack	47246
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**MAH JONGG - BEGINNING**

(18+) Learn the american version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

M	12:30-2:30 pm	4/7(7classes)	\$79(R)/\$119(N)	VLSC	Weiner	45873
Tu	10 am-noon	4/8(7classes)	\$51(R)/\$77(N)	GRSC	Turner	47198

**MAH JONGG INTERMEDIATE - ADVANCED**

(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg american Version continuously for at least 6 months.

M	2:45-4:45 pm	4/7(7classes)	\$79(R)/\$119(N)	VLSC	Weiner	45874
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**NEW AZ RESIDENTS - TAX AND TRUST LAWS**

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.

Tu	6:15-7:45 pm	5/6(2classes)	\$21(R)/\$32(N)	HRZN	Shellander	45883
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**NEW PLANNING FOR YOUR FAMILY'S FUTURE AND LEGACY**

(21+) Nothing is more valuable than protecting your kids, spouse, and loved ones (whether they be the 2 or 4-legged kind). Come Learn and be Empowered by an experienced Scottsdale Attorney, practicing for over 30 years.

Sa	10 am-noon	5/24(1 class)	\$19(R)/\$29(N)	CHAP	Tritch	47315
Th	5:45-7:45 pm	5/29(1 class)	\$19(R)/\$29(N)	HRZN	Tritch	47320

**NEW SETTING UP & BUILDING YOUR BUSINESS**

(21+) Come learn from an experienced Scottsdale Attorney who has been practicing for over 30 years on the nuts and bolts of forming your company, taxation, contracts, employment, licenses, and intellectual property.

F	3-4:30 pm	4/25(2 classes)	\$23(R)/\$35(N)	CHAP	Tritch	47321
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**SUDOKU FOR BEGINNERS**

(18+) In this class you'll learn the fundamentals and basics of gameplay. We will learn several strategies such as naked pairs, hidden pairs, pointed pairs, crosshatching and intersection removal strategy.

F	11:15 am-1:15 pm	4/11(6classes)	\$56(R)/\$84(N)	VLSC	Bigham	45941
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**TRUSTS, WILLS AND ESTATE PLANNING**

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes.

Th	6:15-7:45 pm	5/8(2classes)	\$21(R)/\$32(N)	HRZN	Shellander	45974
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**FIRST AID & SAFETY**

**DESERT HIKING FIRST AID**

(18+) The Desert Hiking First Aid course is designed to enhance the natural Sonoran Desert experience and improve the overall safety of all visitors to the Scottsdale McDowell Sonoran Preserve and other urban hiking areas.

Sa	9 am-3 pm	4/12(1class)	\$75(R)/\$75(N)	FENP	Scottsdale Fire Department	45842
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**PET CPR & FIRST AID - BE READY!**

(14+) In this one day workshop learn to assess Pet's Vitals, Bleeding & Shock Management, Choking Management, Heat Emergencies, CPR and more. No pets allowed.



Sa	10 am-1 pm	4/5(1class)	\$58(R)/\$87(N)	HRZN	American Emergency Response	45907
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## SCOTTSDALE AQUATICS OFFERS:



**SWIM LESSONS  
FOR ALL AGES  
(YOUTH & ADULT)**



**WATER  
EXERCISE  
CLASSES**



**RECREATIONAL  
SWIM TEAM**

For more information, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Aquatics."

### POOL LOCATIONS:

#### CACTUS AQUATIC & FITNESS CENTER (CACT)

7202 E. Cactus Road | 480-312-7665

#### CHAPARRAL AQUATIC CENTER (CHAA)

5445 N. Hayden Road | 480-312-2361

#### ELDORADO AQUATIC & FITNESS CENTER (ELDA)

2301 N. Miller Road | 480-312-2484

#### MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA)

15525 N. Thompson Peak Parkway | 480-312-6677

### SPRING POOL HOURS:

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Aquatics" for specific hours of operation and entrance fees.

#### LAP SWIM RATES

Adult (R) \$4 / Adult (N) \$6	CACT / CHAA / ELDA / MMRA
Child (R) \$3 / Child (N) \$4	CACT / CHAA / ELDA / MMRA

### WE'RE HIRING!

Becoming a lifeguard is a fun and rewarding experience – and it's not just a summer job. Become part of Scottsdale's incredible aquatics team and enjoy a job with flexible hours, a great team environment, and valuable experience.

#### Here's How:

**Step 1. Get certified – Sign up for a course today!**

**Step 2. Complete and submit a City of Scottsdale job application**

**Step 3. Participate in a Skills Assessment\***

\*The Skills Assessment is an interview process consisting of various scenarios where the applicant must demonstrate basic competency in critical rescue skills. Application must be received by Scottsdale Human Resources prior to attending a skills assessment. Applicants will receive a phone call with the specific time and location of the skills assessment.

**Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Become a Lifeguard"**



### ADULT SPECIALTY CLASSES

All classes are 50 minutes in length unless otherwise noted.

Please Note: Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

Fees: Monthly pre-registration is recommended.

Drop-in Information: \$5 Resident / \$8 Non-Resident, space permitting (Drop-in participation is limited due to class size. Drop-in may not be accommodated if class registration is full).



#### ACHE AWAY EXERCISE

(13yrs+) Back Ache? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching and toning.

#### DEEP WATER EXERCISE

(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool features aerobic exercise, treading water, and activities that improve swimming technique and fitness. A variety of water equipment is used for conditioning and total body toning.

#### SHALLOW WATER EXERCISE

(13yrs+) Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

#### TONE & TAI CHI

(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance and energy. A great way to start your day or prepare yourself for water exercise or lap swim.



## LEARN TO SWIM LESSONS

All City of Scottsdale Instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Detailed information can be provided by the aquatic staff. Swim Lesson Assessments are also offered by the staff to help determine the child's current level. Please call if you have questions.

- Please note: If your child's skill level is not within the advertised age range, please contact the aquatic facility to discuss age override options.
- Each class is 30 minutes in length

Please Note: Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

**Waitlist Policy** - Waitlisted participants will be called and will have 24 hours to respond if there is an opening in a class. Waitlisted participants will be removed if they do not respond. Waitlists will not be managed after the 3rd class.

### SPRING SESSION DATES:

Lessons run on M/W and Tu/Th for four weeks.

M/W and Tu/Th Swim Lessons:	4/28-5/22	CACT / ELDA / MMRA
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### TEEN LEARN TO SWIM

(11-17yrs) It is never too late to learn to swim or improve your strokes! This class is geared toward youth who want to learn the basics and/or want to improve their swimming techniques.

### RECREATIONAL SWIM TEAM

(5-17yrs) This program focuses on enhancing and improving swimming stroke in a recreational environment. Participants must be able to swim 25 yards across the pool in all four competitive strokes.

### ADULT LEARN TO SWIM

(13yrs+) It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques.

### ADULT STROKE REFINEMENT

(13yrs+) This class is for adults who would like coaching to improve their swimming and stroke technique. This class will also introduce swimming for fitness.



**AQUATIC INCLEMENT WEATHER POLICY** - The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are cancelled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.



**Go to [Recreation.ScottsdaleAZ.gov](https://recreation.scottsdaleaz.gov) to search for times and locations.**

## YOUTH SWIM LESSONS

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions. Classes are 30 minutes.

**SPRING DATES: Lessons run on Weekdays**  
 April 28 - May 22 | M/W and Tu/Th

**NEW!** Check out the updates to our swim lesson classes and curriculum.



### SEA BABIES (6mo-3yrs / 1:8 ratio)

- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills
- Swim benchmarks in swim wear and regular clothes



### SEA TURTLES (4-7yrs / 1:4 ratio)

- Students must be comfortable moving independently in water 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes



### TADPOLES (2.5-5yrs / 1:4 ratio)

- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted front & back floats, tuck & stand
- Swim benchmarks in swim wear and regular clothes



### OTTERS (5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Backstroke concepts



### GUPPIES (3-6yrs / 1:4 ratio)

- Basic water safety skills (responding to cueing, boundaries based on swimming abilities, putting on a life jacket and kick 10 ft, and treading water)
- Front and back floats and tuck & stand
- Bobbing
- Jump or rolling in and recovering on back to breathe
- Assisted beginner stroke on the front and back with direction changing and rolling onto back to breathe
- Swim benchmarks in swim wear and regular clothes



### DOLPHINS (5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Water safety skills (emergency scenarios and Reach or Throw and putting on a life jacket and kick 30 ft in water)
- Elementary backstroke concepts
- Sidestroke concepts
- Introduction to butterfly



### STINGRAYS (6yrs / 1:4 ratio)



- Basic water safety skills meant for older non swimmers (Putting on a lifejacket & kick 20 ft)
- Assisted and unassisted submersion
- Assisted and unassisted front & back floats
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes



### ORCAS (6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Breaststroke & Butterfly stroke concepts
- Endurance building



### SHARKS (6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

**FIND SWIM LESSON AND CLASS INFORMATION ONLINE!**  
 Search for swim lessons by class name or by location at: [Recreation.ScottsdaleAZ.gov](https://Recreation.ScottsdaleAZ.gov)



## ADAPTIVE RECREATION

8102 E. Jackrabbit Road (ADSC)  
480-312-2234

CONTACT:  
AdaptiveRecreation@ScottsdaleAZ.gov

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Adaptive Recreation"

The City of Scottsdale Adaptive Recreation's goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

Please contact Adaptive Recreation if you need an accommodation for any program listed within the Scottsdale Leisure Education Guide.

### APRIL GAME NIGHT

Come play billiards, air-hockey, arcade games, ping-pong, Pop-A-Shot, board games and more with Adaptive Recreation friends.

Th	6-7:30 pm	4/1	FREE	ADSC	47232
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### APRIL BINGO

B-I-N-G-O! Choose your card and hope today is your lucky day.

Tu	6-7:30 pm	4/8	FREE	ADSC	47236
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### PANCAKES & PAJAMAS

Guests wear their favorite pajamas and enjoy pancakes and other breakfast items. This will include games, activities, and warm drinks.

Th	6-7:30 pm	4/10	FREE	ADSC	47238
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### CRAFT NIGHT: CLOUD DOUGH

This light, airy, and moldable mixture, also known as moon sand, is easy to make and customize with colors and fun add-ins.

Tu	6-7:30 pm	4/15	\$5(R)/\$7(NR)	ADSC	47244
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### APRIL WALKING GROUP

Appreciate the scenery, get your steps in, and enjoy the company of others as the group walks around Chaparral Lake.

Th	6-7:30 pm	4/17	FREE	ADSC	47239
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### APRIL KARAOKE

Showcase talent, enjoy music, and engage with friends in a lively atmosphere singing along to your favorite tunes.

Tu	6-7:30 pm	4/22	FREE	ADSC	47234
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### INTRO TO UKELELE

Learning the basics of playing the ukelele, including simple chords, strumming techniques, and easy songs.

W	6-7:30 pm	4/23	FREE	ADSC	47241
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### CHAIR FITNESS

This low-impact workout is designed to improve strength, flexibility, and balance, all while seated or using a chair for support.

Th	6-7:30 pm	5/1	FREE	ADSC	47243
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### MAY GAME NIGHT

Come play billiards, air-hockey, arcade games, ping-pong, Pop-A-Shot, board games and more with Adaptive Recreation friends.

Tu	6-7:30 pm	5/6	FREE	ADSC	47233
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### CARNIVAL NIGHT

This lively activity features games, prizes, and classic carnival activities like ring toss and more.

Th	6-7:30 pm	5/8	FREE	ADSC	47242
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### MAY BINGO

B-I-N-G-O! Choose your card and hope today is your lucky day.

Tu	6-7:30 pm	5/13	FREE	ADSC	47237
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### MAY WALKING GROUP

Appreciate the scenery, get your steps in, and enjoy the company of others as the group walks around Chaparral Lake.

Th	6-7:30 pm	5/15	FREE	ADSC	47240
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### CRAFT NIGHT: MASON JAR LANTERNS

Join us for a fun and creative craft night as we transform glass jars into beautiful lanterns using tissue paper and Mod Podge.

Th	6-7:30 pm	5/20	\$5(R)/\$7(NR)	ADSC	47245
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### MAY KARAOKE

Showcase talent, enjoy music, and engage with friends in a lively atmosphere singing along to your favorite tunes.

Tu	6-7:30 pm	5/27	FREE	ADSC	47235
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## DANCES

(16+) Bust a move to your favorite hits! Our monthly dances feature a live DJ and light refreshments. Advanced, online registration required.

**APRIL DANCE: NEON GLOW PARTY**

Sa	6-8 p.m.	4/5	\$5(R)/\$7(NR)	ADSC	46033
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**MAY DANCE: DISNEY!**

Sa	6-8 p.m.	5/3	\$5(R)/\$7(NR)	ADSC	47250
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## OFFERING:

- ▶ BASKETBALL
- ▶ FLAG FOOTBALL
- ▶ KICKBALL
- ▶ COED SOFTBALL
- ▶ MEN'S SOFTBALL
- ▶ INDOOR VOLLEYBALL
- ▶ SAND VOLLEYBALL

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Adult Sports" to learn more!

## Spring Registration

Registration Opens:  
2/3 (R) | 2/4 (N) at 8am

Early Registration Ends: 2/16

Last Day to Register: 3/2

## Summer Registration

Registration Opens:  
4/21 (R) | 4/22(N) at 8am

Early Registration Ends: 5/4

Last Day to Register: 5/18



## ADULT SPORTS

5401 N. Hayden Road | 480-312-0227 | [AdultSports@ScottsdaleAZ.gov](mailto:AdultSports@ScottsdaleAZ.gov)

## PICKLEBALL

Did you know Scottsdale has 21 Pickleball courts?

- 10 courts at Horizon Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Pickleball" for more information about courts.



## SCOTTSDALE PARKS AND RECREATION HAS BEEN ACCREDITED FOR OVER 25 YEARS!



For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization's commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency's overall quality of operation, management, and service to the community.

**Learn more at: [ScottsdaleAZ.gov/Parks](http://ScottsdaleAZ.gov/Parks)**

## TENNIS CENTER LOCATIONS

### INDIAN SCHOOL PARK (ISPK)

4829 N. Hayden Road  
480-312-2740  
ISPLeagues@ScottsdaleAZ.gov

### SCOTTSDALE RANCH PARK (SRPK)

10400 E. Via Linda  
480-312-7774  
SRPLeagues@ScottsdaleAZ.gov

### SPRING HOURS OF OPERATION

Feb. 19 - May 26 (President's Day – Memorial day)  
Mon. – Fri. .... 7:30 am – 9 pm  
Sat. – Sun. .... 7:30 am – 7 pm

## ADULT LESSONS & LEAGUES

Complete tennis programs, activity numbers, instructors, locations and more are listed online at [Recreation.ScottsdaleAZ.gov](http://Recreation.ScottsdaleAZ.gov).

### ADULT & SENIOR TENNIS LESSONS

(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (1.0-1.9) do not require a rating.

### TENNIS LESSONS

Session 1	(6 weeks)	4/14 - 5/24
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### ADULT TENNIS LEAGUES

League levels offered begin at the 2.5 level and up to the 4.5 level. Men's and women's singles, men's and women's doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA's National Tennis Rating Program (NTRP).

### LEAGUE REGISTRATION INFORMATION

Spring tennis leagues begin the week of 3/17

Early registration period	2/10/25 - 2/23/25
Late registration period	2/24/25 - 3/9/25

### RATINGS

All participants must have an NTRP rating to register. Need a rating? Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call **SRPK** or **ISPK** for an appointment. For the tennis rating schedule, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Tennis."



See our adult fitness, yoga, language classes and more.  
See pgs. 15-23 for all adult classes!



## JUNIOR TENNIS

### JUNIOR TENNIS LESSONS

(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-10yrs, 9-12yrs, & 11-17yrs. At ISPK, juniors are grouped by age; 5-8yrs and 9-12yrs.

### JUNIOR MATCH PLAY

(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

## JUNIOR LESSONS

### TENNIS LESSONS

Session 1	(6 weeks)	4/14 - 5/24
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For a full list of tennis lessons, go to [Recreation.ScottsdaleAZ.gov](http://Recreation.ScottsdaleAZ.gov) and search "Tennis."

## SENIOR CENTER FITNESS FACILITIES

A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

### GRANITE REEF SENIOR CENTER (GRSC)

1700 N. Granite Reef Road | 480-312-1700  
Hours: M-Th: 8 am - 8 pm | Fri: 8 am - 5 pm

### VIA LINDA SENIOR CENTER (VLSC)

10440 E. Via Linda | 480-312-5810  
Hours: M-Th: 8 am - 8 pm | Fri: 8 am - 5 pm

Daily	\$3(R)	\$5(N)
1 Month	\$15(R)	\$25(N)
3 Month	\$40(R)	\$60(N)
Annual	\$130(R)	\$195(N)

## AQUATIC CENTER FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time.

*Ages 14-17 must have a waiver signed by a parent or guardian.*

### CACTUS AQUATIC & FITNESS CENTER

7202 E. Cactus Road | 480-312-7665

### ELDORADO AQUATIC & FITNESS CENTER

2301 N. Miller Road | 480-312-2484

### MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway | 480-312-6677

<b>Fitness Center Fees:</b>	
Adult \$4(R) / \$6(N)	Youth \$3(R) / \$4(N)
<b>Adult Swipe Cards:</b>	
10 visits \$40(R) / \$60(N)	30 visits \$96(R) / \$144(N)
<b>Youth Swipe Cards:</b>	
10 visits \$30(R) / \$40(N)	30 visits \$72(R) / \$96(N)



Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Aquatics" for hours of operation. See pg. 24 for more information!



# CLUB SAR

## BOXING AND FITNESS CENTER

8055 E. CAMELBACK ROAD | 480-312-2669

Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, boxing equipment and punching bags.

For more information, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Club SAR."

## HOURS

MON. - THU.: 6 am - 9 pm  
FRI.: 6 am - 8 pm  
SAT.: 8 am - 4 pm  
SUN.: Closed

## CLUB SAR FEES AND MEMBERSHIP OPTIONS

All classes are included with membership or daily fee.

	ADULT (R)	YOUTH (R)	ADULT (N)	YOUTH (N)
	(18+)	(14-17)	(18+)	(14-17)
1 Year	\$99	\$50	\$150	\$75
3 Month	\$50	\$25	\$75	\$38
1 Month	\$20	\$10	\$30	\$15
Daily Drop-In	\$4	\$4	\$6	\$6

## CLUB SAR CLASSES

Subject to change, instructors may vary

Barre Workout	M & W	5:30-6:30 pm
Kickboxing	Tu & Th	5:30-6:30 pm
Spin	M & W	5-5:30 pm
Rowing / Boot Camp	Tu & Th	5-5:30 pm
Yoga	W	6:15-7:15 am
Yoga	M & Th	6:45-7:45 pm
Yoga	Sa	10:30-11:30 am

Personal Training Available On Request (additional fees)

# SCOTTSDALE

# reads



SPRING 2025 - APR | MAY

## SCOTTSDALE LIBRARIES

APR | MAY 2025

## Calendar of Events

LEARN MORE ABOUT LIBRARY PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

### Connect



ScottsdalePublicLibrary



@ScottsdalePublicLibrary



ScottsdalePublicLibrary



ScottsdaleLibrary

### HOLIDAY CLOSURES

Sunday, April 20 ..... Easter Sunday

Monday, May 26 ..... Memorial Day Holiday

### CONTACT US

480-312-7323 (READ)

480-312-2133 (Español)

### LIBRARY HELP LINE HOURS

Monday - Saturday ..... 10 am - 5 pm

Sunday ..... closed

### Checkout Limits

We are a fine-free library!

NEW ITEMS	CHECK OUT
DVDs	1 week
Books	2 weeks
CDs	3 weeks

MOST WANTED	CHECK OUT
DVDs	3 days
Books & TV Series	14 days

EVERYTHING ELSE
3 weeks

Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at [ScottsdaleLibrary.org](http://ScottsdaleLibrary.org). You can also renew items in person at the library or by calling 480-312-7323.

### LOCATIONS & HOURS

[ScottsdaleLibrary.org/locations](http://ScottsdaleLibrary.org/locations)  
480-312-READ (7323)  
480-312-2133 (Español)

- APPALOOSA - 7377 E. Silverstone Drive
- ARABIAN - 10215 E. McDowell Mtn. Ranch Road
- CIVIC CENTER - 3839 N. Drinkwater Blvd.
- MUSTANG - 10101 N. 90th Street

### BRANCH HOURS FOR ALL LOCATIONS

Mon. - Thu. .... 10 am - 7 pm  
Fri. & Sat. .... 10 am - 5 pm  
Sun. .... 1 - 5 pm

### DRIVE-THRU AND CURBSIDE HOURS

Mon. - Thu. .... 10 am - 6 pm  
Fri. & Sat. .... 10 am - 5 pm  
Sun. .... 1 - 5 pm

### PONY EXPRESS @ APPALOOSA HOURS

Mon. - Sat. .... 8 - 10 am  
Sun. .... 8 am - 1 pm

### PONY EXPRESS @ GRANITE REEF SENIOR CENTER

24/7 Hold Pickup

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event     = Registration Required    \*all programs subject to change

**FACILITY CODES:**

- APP ..... Appaloosa Library
- ARA ..... Arabian Library
- CC ..... Civic Center Library
- MUS ..... Mustang Library
- FRC ..... Family Resource Center

## YOUTH STORYTIMES

### 👉 BABY CUDDLES STORYTIME

(ages 0-24 months / 20 min / space is limited) This program develops babies' literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

M	10:30 am	4/7-5/12	FREE	APP
Tu	10:30 am	4/1-5/13	FREE	CC
W	10:30 am	4/2-5/14	FREE	MUS
Th	10:15 am&11 am	4/3-5/15	FREE	ARA



### 👉 TWOS & THREES TOGETHER

(ages 2-3 / 30 min / space is limited) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and develop their literacy and learning skills.

M	10:30 am	4/7-5/12	FREE	CC
Tu	10:15 am&11 am	4/1-5/13	FREE	ARA

### 👉 BOOKS 2 BOOGIE

(ages 0-5 / 30 min / space is limited) Share the joy of playful learning together! Children and their caregivers participate in music, movement and song in this program that promotes bonding and highlights the natural rhythms in language.



Tu	10:30 am	4/1-5/13	FREE	MUS
W	10:30 am	4/2-5/14	FREE	APP
Th	10:30 am	4/3-5/15	FREE	CC
Sa	10:15 am	4/12 & 5/10	FREE	ARA

### 👉 FAMILY STORYTIME

(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities.

M	6:15 pm	4/7-5/12	FREE	ARA
Sa	10:30 am	4/5-5/17	FREE	APP
Sa	10:30 am	4/12 & 5/10	FREE	CC
Sa	10:30 am	4/26	FREE	MUS



### 👉 SCOTTSDALE FOR ALL STORYTIME

(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to highlight special celebrations and themes.

Sa	10:30 am	4/26	FREE	CC	<i>Día de los Niños</i>
W	10:15 am	4/30	FREE	ARA	<i>Día de los Niños</i>
Sa	10:30 am	5/24	FREE	CC	<i>Body Positivity</i>

## Knowing & Growing!



### 👉 LITTEST SCIENTISTS

(ages 2-5 / 90 min / space is limited) Think like a scientist while engaging in playful exploration. Each week of the program brings new challenges. Space is limited.

Th	10:30 am	4/3-5/8	FREE	MUS
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### ✅ STEP UP TO LEARNING

(ages 3-5 / 45 min) This three-week series is designed to focus on children's approaches to learning, both socially and academically. Each session uses books, songs and parent/child interactions to help develop one of the most important domains in child development – how to learn. Registrants are expected to attend all six sessions. *For FRC registration call 480-312-0038.*

M & Tu	5:30 pm	4/21-5/6	FREE	CC
Tu	10 am	5/6-6/10	FREE	FRC

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✅ = Registration Required    \*all programs subject to change



**YOUTH PROGRAMS**



**TAIL WAGGIN' TALES**

(ages 6-10 / 45 min) Certified therapy animals love listening to kids practice their reading skills at the library. Beginning readers welcome!

Su	3 pm	4/6 & 5/4	FREE	CC
Tu	3:30 pm	4/8 & 5/15	FREE	ARA

**ANIMAL COMMUNITY HELPERS**

(ages 0-5 / 30 min) Join us for an exciting meet-and-greet with surprise 4-legged guests who help our community in unique ways!

Tu	10:30 am	4/15	FREE	APP
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**MAY THE 4TH BE WITH YOU**

(ages 3-8 / 60 min) Calling all Jedi and Padawans, feel the force with stories, activities and a craft with a Star Wars twist!

Sa	10:30 am	5/3	FREE	MUS
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**ELEPHANT TOOTHPASTE**

(ages 2-6 / 30 min) Explore the world of elephants as we learn about their habitats, behaviors and more. We will follow this with a fun science experiment: making Elephant Toothpaste!

M	11 am	4/7	FREE	MUS
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**CloudLibrary**

Calling all audiobook fans! SPL can feed your audiobook addiction with three online libraries that allow you to checkout and download audiobooks. Libby, Cloud Library and Hoopla have over 200,000 titles to choose from - truly something for every person and every interest! Ask a friendly librarian for more information or learn more at [ScottsdaleLibrary.org/downloadables](https://scottsdalelibrary.org/downloadables)



**Full STEAM Ahead**

Science, Technology, Engineering, Art, and Math Supporting education that helps children develop the skills to become creators and inventors.

**LEGO MASTERS**

(ages 6-11 / 45 min) Are you a LEGO Master? Join us for some build time while you complete our challenge by yourself or with some friends. We'll finish with an opportunity to present your build to the group.

W	4 pm	4/2, 4/16 & 5/7	FREE	CC
Tu	3:30 pm	5/14	FREE	ARA

**SEED BOMBS!**

(ages 6-11 / 45 min) Create your very own seed bomb and learn about growing plants using vegetable seeds from the seed library to plant in your backyard, or anywhere in your community.

W	4 pm	4/9	FREE	CC
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**ARIZONA BIRDS OF PREY**

(ages 6 and up / 45 min) Come and meet some amazing birds of prey that are native to Arizona. Presenters from Liberty Wildlife will teach us about the history, habitat, preservation and safety of each animal.

Tu	4 pm	4/15	FREE	APP
W	4:30 pm	4/16	FREE	MUS
Th	3:30 pm	4/24	FREE	ARA
W	4 pm	4/30	FREE	CC

**EGG DROP!**

(ages 6-11 / 45 min) Join us for some egg-citing fun with eggs! See if you can build a structure to protect an egg from cracking as we drop it from up high.

W	4 pm	4/23	FREE	CC
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**SCIENCE OF ILLUSIONS**

(ages 6-11 / 45 min) Have you ever wondered just how optical illusions work or how they relate to cartoons? Join us to find out and create some illusions of your own.

Th	4:30 pm	5/15	FREE	MUS
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## TWEEN & TEEN PROGRAMS

### WE NEED TEEN SUMMER VOLUNTEERS!

The library is looking for friendly, energetic, and responsible teens between the ages of 14-17 to assist with the 2025 Summer Reading Challenge and other special library projects. Earn volunteer credits and valuable work experience. Complete a volunteer application online at [ScottsdaleLibrary.org/teen/volunteers](https://scottsdalelibrary.org/teen/volunteers). Applications available and accepted April 1-30, 2025

### TEEN ADVISORY BOARD (TAB)

Teen Advisory Board (TAB) members focus on supporting the library in a variety of programs, services, and projects, as well as advising the library by brainstorming teen programs and collections. TAB members meet monthly and can receive school service hours credit for meetings and projects.

M	5 pm	4/7&5/5	FREE	MUS
Tu	5 pm	4/1&5/6	FREE	APP
Th	4 pm	4/3&5/1	FREE	CC
Th	5 pm	4/3&5/1	FREE	ARA



### TWEEN SCOTTSDALE ARTISTS SCHOOL PROGRAMS

(ages 8-12 / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to unique themes.

Sa	1 pm	4/5	FREE	CC	<i>Desert in Spring</i>
Sa	1 pm	5/3	FREE	CC	<i>Charcoal Drawing</i>

### ALL AGES SCOTTSDALE ARTISTS SCHOOL PROGRAMS

(ages 12 and up / 90 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes.

Sa	2:30 pm	4/5	FREE	CC	<i>Desert in Spring</i>
Sa	2:30 pm	5/3	FREE	CC	<i>Charcoal Drawing</i>

### DRAGON EYE CRAFT

(ages 12-18 / 60 min) Create awesome dragon eyes, long known as a symbol of protection, power and wisdom. We will use them to fashion rings that you can wear with pride. All materials provided.

Tu	3 pm	4/15	FREE	ARA
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### TEEN BOOK CLUB

(ages 13-18 / 60 min) Join us each month for lively conversation on book titles selected by teens within a variety of genres.

M	5 pm	4/21&5/19	FREE	MU
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### SPRINGTIME FLORALS WORKSHOP

(ages 10-18 / 60 min) Celebrate Earth Day at the Library! Scottsdale Artists' School will lead this free workshop on creating springtime florals in pastels. All materials provided.

Tu	3 pm	4/22	FREE	ARA
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### REVENGE OF THE FIFTH STAR WARS TRIVIA

(ages 12 and up / 45 min) Come test your Star Wars knowledge in this Kahoot! Trivia game.

M	4 pm	5/5	FREE	MUS
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### BIRDS IN CLAY WORKSHOP

(ages 10-18 / 60 min) Enjoy a free workshop creating birds in clay. Presented by Scottsdale Artists' School. All materials provided.

W	3 pm	5/7	FREE	ARA
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**The Knowasis Teen Center**  
at Civic Center Library is a unique space specifically designed for teens ages 12-18. Drop in anytime to game with our PS5, Xbox, Switch and board games, join one of our programs geared specifically for teens or just come to hang out!

### KNOWASIS CREATIONS: BOOKS ROCK

(ages 12-18 / 60 minutes) Create your own literary themed rock masterpiece.

Th	5 pm	4/10	FREE	CC
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### KNOWASIS CREATIONS: RAG RUGS

(ages 12-18 / 60 minutes) Create an upcycled mini rug from reused fabric strips.

Th	5 pm	4/17	FREE	CC
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### KNOWASIS KAHOTS TRIVIA

(ages 12-18 / 60 minutes) Test your trivia knowledge. Come with friends or meet new ones. Winning team earns a prize!

Th	5 pm	4/24	FREE	CC
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### COLLEGE & CAREER CORNER

The Civic Center Library's Knowasis Teen Center will soon be offering a comprehensive Scottsdale student assistance program for college and career readiness. This program will provide collection resources, 1:1 guidance, and workshops to assist students with the college application process. Stay tuned for more info in Spring / Summer 2025.



REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    🗳️ = Registration Required    \*all programs subject to change

### FACILITY CODES:

- APP ..... Appaloosa Library
- ARA ..... Arabian Library
- CC ..... Civic Center Library
- GRSC ..... Granite Reef Senior Center
- MUS ..... Mustang Library
- FRC ..... Family Resource Center

### TEA TASTING WITH THE SPICE AND TEA EXCHANGE

Start your morning with a sampling of teas from around the world with Spice and Tea Exchange. Discover the rich cultural heritage and diverse flavors of various tea varieties while learning about their origins, brewing techniques, and health benefits from seasoned tea experts.

Tu	1pm	4/1	FREE	APP
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### MEMORY CAFÉ

A shared session of activities and ideas for people with conditions impacting memory or cognitive function and the people who care for them.

Tu	10:30 am	4/8 & 5/13	FREE	GRSC
Tu	10:30 am	4/22 & 5/27	FREE	APP



### MEMOIR WRITING WORKSHOP

(2 hrs) In this three-part creative writing course, author and instructor Mark Johnson will lead aspiring writers on a creative journey to begin writing their own memoirs.

W	2 pm	4/9, 4/16 & 4/23 (3classes)	FREE	CC
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### TEA TIME

Ever wonder about the differences between white, green, oolong, and black teas, or loose tea vs tea bags? Come learn the basics of tea from the people at Scottsdale's Spice & Tea Exchange.

Tu	5:30 pm	4/22	FREE	ARA
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### STORYTELLING TREASURES

Do you have a special item at home that you would like to share with others? We all remember bringing a treasured possession to school and telling our friends why we love it so much. It's the story that counts. Please bring one item, small enough to carry, or a photograph of larger items.

Tu	2 pm	5/20	FREE	ARA
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### SOURDOUGH BREAD FOR BEGINNERS

(90 min) Learn the basics of making sourdough bread and leave with your very own sourdough starter.

Sa	2 pm	5/24	FREE	CC
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## LOCAL FOCUS



### SCOTTSDALE SOUNDS: LOCAL MUSICIAN SHOWCASE

Join us the first Wednesday of every month for music performed by local musicians. Bring the whole family and enjoy the show! Visit our online calendar for performer details.

W	5:30 pm	4/2 & 5/7	FREE	CC
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### LET'S READ! SCOTTSDALE'S LITERARY HISTORY: RESIDENT AUTHORS, POETS, WRITERS AND BOOKS

Explore Scottsdale's rich literacy heritage with community historian Joan Fudala, featuring local authors, poets and books inspired by the area. Be sure to drop in early for a beverage and a light snack before the presentation.

M	5:30 pm	4/7	FREE	MUS
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### MCDOWELL SONORAN CONSERVANCY PASTFINDERS: LISTENING TO THE MCDOWELL SONORAN PRESERVE AND THE MCDOWELL SONORAN CONSERVANCY

Explore the history of the Preserve through the voices of the citizens, stewards, scientists and political leaders. ASU-based historian Mark Tebeau will also reveal how digital technologies are changing the work of historians in universities, museums and libraries.

Tu	5 pm	5/27	FREE	MUS
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### STAYING HUMAN IN THE ARTIFICIAL INTELLIGENCE REVOLUTION

The revolution in Artificial Intelligence (AI) has only just begun. What is the current state of AI and what does it mean to be human in the age of AI? Dr. Matthew Goodwin explores the philosophical questions that AI raises, including ethical and privacy concerns.

Sa	1:30 pm	4/5	FREE	CC
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### TALKING CODE WITH A SECRET WEAPON: NAVAJO CODE TALKERS SPEAK

During WWII, a group of young Navajo men enlisted in the Marines unaware that they would develop a secret code against the Japanese military. Dr. Laura Tohe from ASU shares excerpts from live interviews with the Code Talkers telling their stories before, during and after the war that reflect their resiliency and their service to the U.S.

Tu	5 pm	4/22	FREE	CC
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REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change

## PLANTS, GARDENING AND MORE



The Seed Library has expanded to all four library branches! In partnership with Blue Zones and the Friends of Scottsdale Public Library, the Scottsdale Seed Library is stocked with edible plants and herb seeds appropriate for the Arizona growing conditions and seasons. Library cardholders are welcome to check out three seed packets per month.

For more details, visit [ScottsdaleLibrary.org/services/seed-library](https://ScottsdaleLibrary.org/services/seed-library)

### PLANT AND SEED SWAP

Celebrate Earth Month with a plant and seed swap! Bring seeds, plant starts or potted plants to exchange with fellow gardening enthusiasts and connect with local gardeners and Master Gardeners. We will also create biodegradable seed planters with Blue Zones Scottsdale. All ages are welcome!

Th	5 pm	4/3	FREE	CC
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## LIBRARY + PUBLIC ART EXHIBITION

### SUPERDELIC PSYCHONATURAL

Collaborations between Lex Gjurasic from Tucson and Ners Neonlumberjack from Indiana create artwork that emphasizes and amplifies their enthusiasm for the healing power of nature.

April 10-July 15	Civic Center Public Gallery
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### SUPERDELIC PSYCHONATURAL: MEET THE ARTIST OPENING RECEPTION

Join us for an opening reception of the Superdelic Psychonatural exhibition and meet the artists.

F	3 pm	4/11	FREE	CC
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## TRANSPARENT LANGUAGE

From Afrikaans to Welsh, learn-at-your-own-pace language learning is available online. Explore vocabulary, pronunciation, grammar and culture of 125 languages from around the world, including indigenous languages and American Sign Language. Learn more at [ScottsdaleLibrary.org/research/language](https://ScottsdaleLibrary.org/research/language)

## LIBRARY CREATIVES WORKSHOPS

### 🍷 FLOWER FUN

(2 hrs) Join exhibiting artist Lex Gjurasic for a workshop and gallery talk. Participants will create three-dimensional flowers using crafting materials to explore our relationships with nature.

Tu	10:30 am	4/22	FREE	CC
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### 🍷 NEON AND NATURE

(2 hrs) Join us for a brief tour and workshop inspired by Ners Neonlumberjack's vibrant art. We'll use brightly colored acrylics and natural materials to create abstract geometrical art. Feel free to bring any inspiring natural materials, like unique rocks, plants or desert treasures.

Th	10:30 am	5/22	FREE	CC
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## ARTS AND CRAFTS



### PHOENIX ART MUSEUM DOCENTS PRESENT: ART ALL AROUND US

Experience a new perspective on art through this presentation and conversation series by Phoenix Art Museum Docents. Check our online calendars for topics and details.

Th	1 pm	4/3 & 5/1	FREE	ARA
Tu	3 pm	4/15 & 5/20	FREE	CC

### IMPRESSIONISM: THE OTHER FRENCH REVOLUTION

Explore the romance of 19th Century Paris's Impressionist movement through works by Monet, Renoir, Cassatt, Morisot and more. Hugh Ruddock, a Phoenix Art Museum docent for 30 years, will lead this five-week course examining different aspects of Impressionism.

Th	3 pm	4/24 & 5/22	FREE	CC
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### 🍷 SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(90 min) Gather your inspiration and let the canvas of possibilities unfold. Participate in this creative workshop as instructors from Scottsdale Artists' School present different mediums and techniques each month. Perfect for the beginner or those wanting to refresh and refine their skills. All materials are provided.

Sa	2:30 pm	4/5	FREE	CC	Springtime Floral Pastels
Sa	11 am	4/12	FREE	MUS	Springtime Floral Pastels
Th	11 am	4/17	FREE	APP	Pencil Sketching Baby Animals
Sa	2:30 pm	5/3	FREE	CC	Charcoal Drawing
Sa	11 am	5/10	FREE	MUS	Wire Art Keychains
Th	11 am	5/20	FREE	APP	Marker Rendering

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

🍷 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change



Interested in crafting, but unsure of where to begin? Sample a different type of craft each month at Curious Crafter. Supplies are provided but no crafting experience is needed.

**CURIOS CRAFTER @ ARABIAN**

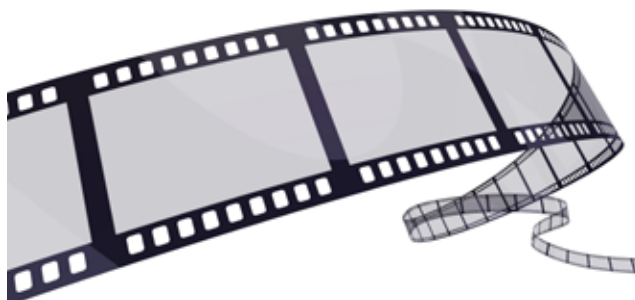
Tu	2 pm	4/8	FREE	ARA	<i>Earth Day Upcycled Teacup Craft</i>
Tu	2 pm	5/13	FREE	ARA	<i>Summer Cork Boat Centerpieces</i>

**CURIOS CRAFTER @ MUSTANG**

M	4 pm	5/5	FREE	MUS	<i>Paper Plants</i>
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**CURIOS CRAFTER @ CIVIC CENTER**

Thu	4 pm	5/29	FREE	CC	<i>Bad Art Fun Night</i>
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**FILM**

Visit our online calendar for full details on film titles or call 480-312-READ (7323).

**MUSTANG FILM SERIES**

Tu	1:30 pm	4/1-5/27	FREE	MUS
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**GUIDING EMILY MOVIE NIGHT**

(2 hrs) Experience the heartwarming story of Emily, a blind woman, and her guide dog, Garth. This Hallmark film is based on local author Barbara Hinske's bestselling novel, "Guiding Emily". A Q&A session with the author herself will follow the screening of the movie.

M	4 pm	4/7	FREE	CC
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**ITALIAN FILM SERIES**

Dive deep into Italian film history with Arizona State University lecturer Enrico Minardi. Two films will be shown during each program.

Sa	12 pm	4/12	FREE	CC
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**ITALIAN FILM FESTIVAL**

Join us for a two-day festival of contemporary short films from Italy, hosted by ASU lecturer Enrico Minardi. See online calendar for full slate of films

Sa	10 am	4/27	FREE	CC
Su	1 pm	4/28	FREE	CC

**CAREER CLASSES**

Learn to navigate the current job market with new skills and effective strategies. Programs provided by [City of Scottsdale Career Services](#).



**THE BACK TO WORKSHOP**

Learn strategies to prepare for the current job market: prepping resumes, submitting online applications, handling digital interviews and more.

Th	10:30 am	4/10	FREE	CC
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**INTERVIEW TECHNIQUES**

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th	10:30 am	5/08	FREE	CC
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**COLLEGE & CAREER CORNER**

See page 34 for more information.

**ESOL (ENGLISH FOR SPEAKERS OF OTHER LANGUAGES)**

Learning English as a second or third language can be tough, so the library is here to help. Classes are offered at several skill levels at multiple locations.

**BEGINNING CONVERSATION CLASS**

Tu	10:30 am	4/1-5/20	FREE	MUS
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**INTERMEDIATE CONVERSATION CLASS**

M	10:30 am	4/7-5/19	FREE	MUS
Th	4 pm	4/3-5/22	FREE	MUS

**ENGLISH AS A SECOND LANGUAGE CAN BE FUN!**

Tu	10:30 am	4/1-5/20	FREE	CC
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REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change

**FACILITY CODES:**

- APP ..... Appaloosa Library
- ARA ..... Arabian Library
- CC ..... Civic Center Library
- GRSC ..... Granite Reef Senior Center
- MUS ..... Mustang Library
- FRC ..... Family Resource Center

## MONEY MATTERS



### NAVIGATING SAFE INVESTMENTS IN TODAY'S MARKET

(2 hrs) With rising interest rates, and the current level of market volatility, where do people turn to protect their wealth while still earning something? We will explore ALL investments commonly referred to as "safe" while contemplating their future in this complex market.

Th	10:30 am	4/10	FREE	MUS
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### HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES

(90 min) This seminar clarifies Medicare fundamentals, empowering you to make informed decisions about enrollment timing, coverage evaluation, and cost efficiency post-enrollment. Presented by Allison Lubenow from Senior Advisors.

Th	1 pm	4/10	FREE	APP
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### UNCLE SAM & YOUR RETIREMENT - UNDERSTANDING SOCIAL SECURITY, TAXES, AND MEDICARE

(90 min) This workshop will cover how to maximize your social security benefits, how to minimize your total lifetime tax bill and when to enroll in Medicare. Presented by Allison Lubenow from Senior Advisors.

W	1 pm	5/7	FREE	APP
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### PREPARING FOR RETIREMENT: ESSENTIAL STRATEGIES FOR A SMOOTH TRANSITION

(2 hrs) If you are within ten years of retirement or in the early stages of retirement, this is for you. We will discover what is changing, why it is changing and how to position yourself or success in retirement.

Th	10:30 am	5/8	FREE	MUS
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## TECH HELP



### ASK THE EXPERTS

Get free advice about your computer, tablet, or smart phone from the Library Computer Learning Group's team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation. Advice will be offered first come, first served, between 1:30-3:30pm.

W	1:30 pm	4/2 & 5/7	FREE	MUS
W	1:30 pm	4/16 & 5/21	FREE	APP

### WORD SERIES

(2 hrs) Learn how to use fonts, type text, format your writing, and use features like Undo and Redo, Find and Replace, Bullets and Numbering, and Copy and Paste. This is taught using Word 2016, but you can apply these skills to other versions as well. Basic computer and mouse skills required.

M & W	1:30 pm	4/7 & 4/9 (2classes)	FREE	MUS
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### IPHONE SERIES

(2 hrs) We'll guide you through installing and managing apps, keeping in touch with contacts, browsing the web and more. Plus, you'll learn how to personalize your device with settings and security options. Bring your personal device and any passwords necessary.

Tu & Th	1:30 pm	4/8 & 4/10 (2classes)	FREE	MUS
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### PASSWORD MANAGER

(90 min) We'll explore a range of different password managers together and even do a hands-on demonstration to help you set one up! Class is lecture style; computers are not used.

Tu	5 pm	4/22	FREE	ARA
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### ZOOM

(90 min) Discover how easy it is to set up, schedule, and send out invites for your Zoom meetings! Plus, the tips you learn here will also come in handy for other online platforms like Google Meet or Apple FaceTime. Class is lecture style; computers are not used.

W	5 pm	4/23	FREE	APP
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REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    🗳️ = Registration Required    \*all programs subject to change

**IPAD SERIES**

(2 hrs) Let's make your iPad truly yours! We'll guide you through installing and managing apps, organizing your contacts, browsing the web and more. Bring your personal device and any passwords necessary.

M & W 1:30 pm	4/28 & 4/30 (2classes)	FREE	MUS
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**GOOGLE SEARCH**

(2 hrs) Explore the internet like an expert. Discover how to use Google Maps and Google Earth, along with many free apps that can help with documents and spreadsheets, languages and online storage. Bring Google email and password to class.

Tu 1:30 pm	5/13	FREE	MUS
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**INTRODUCTION TO AI**

(90 min) Ever wonder how AI and its buddy Machine Learning influence our everyday lives? This class will explore this fascinating field and discover how to make the most of these technologies in a safe and effective way.

W 5 pm	5/14	FREE	MUS
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**INTRODUCTION TO WINDOWS 11**

(90 min) Here's a friendly look at the latest operating system from Microsoft! We'll dive into its cool new features, sleek design, and how it makes your user experience even better. Class is lecture style; computers are not used.

Tu 5 pm	5/20	FREE	CC
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**PROTECTING YOUR DIGITAL LIFE**

(90 min) Stay savvy and secure in today's digital world! Join us as we explore how to spot sketchy websites, craft unbreakable passwords and keeping your gadgets safe. Class is lecture style; computers are not used.

Th 5 pm	5/22	FREE	APP
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**DISCUSSION GROUPS**

**STAFF PICKS BOOK DISCUSSION GROUP**

Join us each month for a lively conversation centered on titles selected by staff within a variety of genres. Visit our online calendar for full details on book titles or call 480-312-READ (7323).

**Meets Mondays at Mustang at 2 pm**

4/21 – *The Glassmaker* by Tracy Chevalier

5/19 – *This Time Tomorrow* by Emma Straub

**Meets Tuesdays at Appaloosa at 1 pm**

4/8 – *Four Treasures of the Sky* by Jenny Tinghui Zhang

5/13 – *The Ministry of Time* by Kaliane Bradley

**Meets Wednesdays at Civic Center at 1 pm**

4/16 – *Intermezzo* by Sally Rooney

5/21 – *The Remains of the Day* by Kazuo Ishiguro

**ARABIAN NIGHTS BOOK DISCUSSION**

Join us for an informal discussion. Please contact swaits@scottsdaleaz.gov to RSVP

**Meets Tuesdays at Arabian Library at 5 pm**

4/1 – *Project Hail Mary* by Andy Weir

5/6 – *Greenwood* by Michael Christie

**COOL GIRL BOOK CLUB**

Join us for a casual discussion on literary and contemporary fiction books that are trending on Tiktok and Instagram.

**Meets Wednesdays at Grounds on 2nd at 6 pm**

4/2 – *Blue Sisters* by Coco Mellors

5/7 – *The Lion Women of Tehran* by Marjan Kamali

**SURVIVORSHIP BOOK CLUB**

Connect with others whose lives have been touched by cancer for an informal discussion of survivorship. We will explore what survivorship means through several memoirs from the perspective of those who have lived with a cancer diagnosis—whether a loved one's or their own.

**Meets Tuesdays at Civic Center Library at 5 pm**

4/8 – *A Series of Catastrophes & Miracles* by Mary Elizabeth Williams

5/13 – *Everything Happens for a Reason* by Kate Bowler

**CAUGHT READ-HANDED**

Join us for a fascinating discussion on true crime topics, including white collar, cults, kidnapping, and of course, murder.

**Meets Wednesdays at Civic Center at 1 pm**

4/9 – *A Murder in Hollywood* by Casey Sherman

5/14 – *The Trunk Murderess: Winnie Ruth Judd* by Jana Bommersbach



**SCOTTSDALE BAKES**

Scottsdale Bakes is an informal virtual baking club. Register to receive a link to the virtual meeting. Registration closes one week before the discussion.

**Meets Fridays online at 10:30 am**

4/25 – *Copycat Bakes*

5/16 – *Garden Bakes*

**BRING YOUR OWN BOOK CLUB**

This informal club will discuss what you are currently reading, watching and listening. Library staff will be on hand to answer questions about library services.

Tu 1 pm	4/22 & 5/27	FREE	APP
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# SCOTTSDALE

SPRING 2025 - APR | MAY

# seniors



## SCOTTSDALE SENIOR SERVICES

APR | MAY 2025

### Calendar of Events

TO LEARN MORE ABOUT SENIOR SERVICES, GO TO [SCOTTSDALEAZ.GOV](http://SCOTTSDALEAZ.GOV) AND SEARCH "SENIORS"

## Come join us!

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

### HOLIDAY CLOSURES

Memorial Day..... Monday, May 26



Via Linda Senior Center



Granite Reef Senior Center

### LOCATIONS

#### GRANITE REEF SENIOR CENTER

1700 N. Granite Reef Road  
Scottsdale, AZ 85257

480-312-1700

#### VIA LINDA SENIOR CENTER

10440 E. Via Linda  
Scottsdale, AZ 85258

480-312-5810

### HOURS

Mon. - Thu. .... 8 am-8 pm  
Fri. .... 8 am-5 pm  
Sat. .... 8 am-noon  
Sun. .... Closed

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

 = Space is limited / Pick up Ticket 30 mins before event  = Registration Required \*all programs subject to change



## General Information

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

### FACILITY RESERVATIONS

The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

### FITNESS CENTERS

The senior centers offer state-of-the-art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

#### Fitness Center Closed for Senior Strength Training Classes

M & W	11 am–noon & 5:45-6:45 pm	VLSC
Tu & Th	10–11 am	VLSC
Tu & Th	11:30 am–2:30 pm	GRSC

Daily Drop-in	\$3(R) / \$5(NR)	1 Month	\$15(R) / \$25(NR)
3 Month	\$40(R) / \$60(NR)	Annual	\$130(R) / \$195(NR)

### GRSC FITNESS EQUIPMENT ORIENTATION

Starting 9/10

2 <sup>nd</sup> & 4 <sup>th</sup> Tu	10 am	FREE	45465	GRSC
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### LUNCH PROGRAM

Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.

M-F	11:30 am	\$4 ages 50+ / \$7 under 50 years old	GRSC
Tu & Th	11:30 am	\$4 ages 50+ / \$6 under 50 years old	VLSC

### COFFEE & CONVERSATIONS

Join us the second Tuesday of each month for coffee and casual conversation with a city of Scottsdale employee. Stick around for our lunch program afterwards! Registration is required for the lunch program.

2 <sup>nd</sup> Tu	10-11 am	FREE	VLSC
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### SOCIAL WORKERS

The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8 am-5 pm to provide support, education, and resources – free of charge.

## Special Events

### ENTERTAINMENT EXTRAVAGANZA

W	1-4 pm	4/23	FREE	Scottsdale Center of the Performing Arts
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### MOTHER'S DAY LUNCHEON & FASHION SHOW

Th	Noon-2 pm	5/8	\$10(R)/\$13(NR)	42674	VLSC
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### MOTHER'S DAY TEA PARTY

Tu	Noon-2 pm	5/6	\$10(R)/\$13(NR)	47325	GRSC
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## Events

### BINGO

Th	1-3 pm	4/17	FREE	47259	VLSC
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## Enrichment Programs

### BAGELS AND BANTER

Free Bagels and Coffee every Wednesday. Enjoy activities and guest speakers. Schedules of guest speakers available at the front desk.

W	9-10 am	FREE	GRSC
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### MUSIC MEMORY WORKSHOPS

Music is Therapy. Each workshop includes full body movement exercises, memory and hand-eye coordination games, reflective conversation; all set to music and rhythm.

M	10:30-11:30 am	FREE	GRSC
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## Coffee & Community

Café y Comunidad

**First Friday of Every Month**  
**8:30-9:30 a.m. / October - May**

*Primer viernes de cada mes de octubre a mayo.*

**Paiute Neighborhood Center**

## LINE DANCING

This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

F	11:30 am-12:30 pm	FREE	GRSC
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## BALLROOM DANCING

Join us for ballroom dance. Drop-in class. No advance registration needed. Every 2nd & 4th Thursdays of the month.

Th	Noon-2:30 pm	\$8(R)	GRSC
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## WALKING CLUB (OCT. - MAY)

Come walk with Scottsdale Police Crime Prevention Team. Meet outside the entrance and walk the park/desert garden.

Tu	8-9 am	FREE	VLSC
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## WALKING CLUB [OCT - MAY]

Come walk with Granite Reef staff. Meet outside of Granite Reef Senior Center entrance and walk around beautiful Scottsdale neighborhood.

W	9-10 am	FREE	GRSC
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## KARAOKE

Join us for a free afternoon of singing. No registration is required.

1 <sup>st</sup> & 3 <sup>rd</sup> Tu	2-5 pm	FREE	GRSC
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2 <sup>nd</sup> & 4 <sup>th</sup> Th	2-5 pm	FREE	GRSC
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## OPEN ART STUDIO

During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

## ADULT ART STUDIO

W	9 am-12 pm	FREE	GRSC
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## OPEN ARTS & CRAFTS

M	9-12 pm	GRSC
Th	1:30-4 pm	GRSC
W	12:30-4 pm	VLSC

## ART ALL AROUND US (PHOENIX ART DOCENT)

Th	1-2 pm	4/24	VLSC
Tu	10-11 am	4/1	GRSC

## OPEN KNITTING/CROCHETING/SEWING

M	2-3:30 pm	FREE	VLSC
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## KNITTING/CROCHETING (FLYING NEEDLES)

2 <sup>nd</sup> W	4-7:45 pm	FREE	VLSC
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## SCOTTSDALE STRUMMERS

Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

F	10 am-12 pm	FREE	GRSC
M	1-2 pm	FREE	Beginners GRSC

## FRIDAY MOVIE MATINEE

Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

F	1-4 pm	FREE	GRSC
F	1-4 pm	FREE	VLSC

## Fun & Games

### BRIDGE



### Duplicate Bridge

Tu	12:45-4 pm	FREE	GRSC
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### Duplicate Sanction Bridge (OCT.-MAY)

Sanctioned Duplicate Bridge games are scheduled weekly. If you would like emails concerning the schedule and results contact our director at [bridgebum@hotmail.com](mailto:bridgebum@hotmail.com)

W	12:30-4 pm	\$8(R)	VLSC
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Check out our art classes offered through Scottsdale Parks and Recreation! See pages 12-14 for more information!

### Fast Play Bridge (Intermediate Players)

Tu/Th	Noon-3:30 pm	FREE	VLSC
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### Prickly Pair Bridge (a partner is required)

W	12:45-4 pm	FREE	GRSC
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### DROP-IN PLAY

The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

### Open Card Play

M, Tu, W, F	8 am-5 pm	FREE	GRSC
M, W & F	8 am-5 pm	FREE	VLSC
Tu & Th	1-5 pm	FREE	VLSC

### Canasta

Th	11 am-5 pm	FREE	GRSC
Th	12:30-4 pm	FREE	GRSC

### Hand, Knee, Foot & Samba

M	9 am Sharp	FREE	VLSC
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### Rummikub

W	10 am-1 pm	FREE	VLSC
M	1-3 pm	FREE	GRSC

### Backgammon

Tu	10 am - noon	FREE	GRSC
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### Chess

Th	11 am-4 pm	FREE	GRSC
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### Mah Jongg

M	10:30-2:30 pm	FREE	GRSC
Th	1-4 pm	FREE	Beginners VLSC
F	Noon-5 pm	FREE	GRSC

### Mexican Train Dominoes

M	1-4 pm	FREE	VLSC
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### Pinochle

W	12:30-4 pm	FREE	GRSC
Th	9 am-3 pm	FREE	GRSC

## Recreation



### BILLIARDS

Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.

**Billiards Room will be closed at Via Linda Tu/Th for lessons 5:30-8pm**

### BILLIARDS LESSONS (10 WEEKS)

Tu	5:30-7:30 pm	\$150(R)/\$200(N)	Beginner	47322	VLSC
Th	5:30-7:30 pm	\$150(R)/\$200(N)	Advanced	47323	VLSC

### CHAIR YOGA EXERCISE

Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.

Tu & Th	10-11 am	FREE	GRSC
M & Tu	Noon-1 pm	\$10(R)/\$13(N)	VLSC

### YOGA, MEDITATION & SOUND HEALING

Enjoy a relaxing experience with gentle yin yoga postures, yoga nidra guided meditation, mixed with sound healing and aromatherapy.

M	3-5 pm	4/14	\$15(R)/\$20(N)	Parrow	47299	VLSC
Th	5-7 pm	5/15	\$15(R)/\$20(N)	Parrow	47917	VLSC



## TABLE TENNIS

Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various time throughout the week.

All levels are welcome.

Tu	3:30-7:30 pm	\$2 drop-in	VLSC
W	1-4 pm	\$2 drop-in	GRSC
F	1-4:30 pm	\$2 drop-in	VLSC
Sa	8-11:30 am	\$2 drop-in	GRSC

## Support Groups

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale's aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.



### ALZHEIMER'S SUPPORT GROUP

1 <sup>st</sup> M	1:30 pm	FREE	GRSC
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### AMPUTEE SUPPORT GROUP

2 <sup>nd</sup> W	6 pm	FREE	GRSC
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### DUET CAREGIVER'S SUPPORT GROUP

1 <sup>st</sup> & 3 <sup>rd</sup> Th	9:30 am	FREE	VLSC
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### GRIEF AND LOSS SUPPORT GROUP

1 <sup>st</sup> & 3 <sup>rd</sup> M	1:30 pm	FREE	GRSC
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### MENDED HEARTS SUPPORT GROUP

2 <sup>nd</sup> T	6 pm	FREE	VLSC
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### MULTIPLE SCLEROSIS SUPPORT GROUP

2 <sup>nd</sup> T	4:30 pm	FREE	VLSC
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### TREMBLE CLEFS (PARKINSON'S SUPPORT GROUP)

Th	3 pm	FREE	GRSC
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## LOW VISION SUPPORT GROUP

2 <sup>nd</sup> W	10-11:30 am	FREE	VLSC
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## MINDFUL ART

Come enjoy an engaging, creative session for you and your family member. Designed for those experiencing dementia or low vision. We will sing, tell stories, and create art together on seasonal themes. You'll go home with an original piece of artwork, and materials to support you as a caregiver.

Tu	10 am	FREE	VLSC
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## MATTER OF BALANCE

A.T Stills University created this eight-week program is designed to manage falls and increase activity levels. Set goals for increasing activity, reduce fall risks at home and promote exercise to increase strength and balance. *75% of the class is lecture & 25% exercise.* (Eight Weeks)

F	1:30 pm	3/28	FREE	45457	VLSC
F	1:30 pm	3/28	FREE	47324	GRSC

## Social Groups



### BOOK DISCUSSION GROUP

Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.

2 <sup>nd</sup> Th	10-11:30 am	FREE	VLSC
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## CURRENT EVENTS

Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W	10:30 am-noon	FREE	GRSC
W	2-3:30 pm	FREE	VLSC
Th	Noon-2 pm	FREE	GRSC

## FRIENDSHIP DISCUSSION GROUP

Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.

Tu	10 am	FREE	GRSC
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## MEN'S DISCUSSION GROUP

Informal peer led discussion group for men.

Tu	2-3:30 pm	FREE	VLSC
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## WHAT'S ON YOUR MIND?

General discussion group that talks about anything and everything except politics.

2 <sup>nd</sup> & 4 <sup>th</sup> Tu	1:30-3 pm	FREE	VLSC
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## Technology



### ACTIVE NET ONLINE TRAINING

Come learn how to register for classes online using Active Net. You can bring our tablet or laptop. Will teach you step by step instructions. Learn how to save credit cards, wish list functions, navigate how to find classes and lastly how to register online.

Tu	12:30-1:30 pm	4/18	FREE	46456	VLSC
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### TECH TIME WITH MARK

Ask your questions about smart phones, tablets, laptops & other technology. Individualized tutoring. No registration required.

2 <sup>nd</sup> Th	9-11 am	FREE	VLSC
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### TECH TUTORS

Do you find it challenging to use technology? Scottsdale Basis students will help/teach you to use your smart phone, tablet, or computer.

3 <sup>rd</sup> Sa	9-11:30 am	FREE	VLSC
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## Transportation

### AARP DRIVER SAFETY COURSE

Driver Safety class open to anyone & could get a discount on car insurance. AARP members \$20.00 & Non-Members \$25.00. Payment will be collected by AARP on class date.

2 <sup>nd</sup> Th	12:30-4:30pm	\$20(R)/\$25(N)	VLSC
1 <sup>st</sup> M (Every other month)	9 am-1 pm	\$20(R)/\$25(N)	GRSC



## Community Resources

### BENEFITS ASSISTANCE

The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. *To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.*

### BROWN BAG PROGRAM

The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. *For more information please call Granite Reef Senior Center at 480-312-1700.*

### CAB CONNECTION

This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to \$10). Participants may request up to 20 one-way vouchers per month. *Please call the Cab Connection office at 480-312-8747 for additional information.*

### DUET

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. *Please call 602-274-5022 to register or request assistance.*



### FOOTHILLS CARING CORPS

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. *Please call 480-488-1105 for additional information.*

### HOME DELIVERED MEALS

The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual's condition and safety. *For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.*

### HOME SAFE HOME

Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. *Please call 480-312-1817 to request your free visit.*

### LOCKBOXES FOR SENIORS

The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff's Office offer free emergency lockboxes to seniors whose annual income is less than \$25,000 and at a charge of \$25 for all others. The service is available to Scottsdale and Fountain Hills residents only. *For additional information or to arrange delivery, please call 877-229-5042 (toll free).*

### MEDILOAN PROGRAM

The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

### OPERATION FIX IT

Operation Fix-It (OFI) works in the community with dedicated volunteers and city staff to assist qualified Scottsdale homeowners. The program helps qualified applicants with code enforcement referrals and issues related to health and safety on the property. ***To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Operation Fix It."***

### VALLEY METRO PARATRANSIT

East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. *Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.*



## LIVE LIFE TO THE FULLEST

Living at our award-winning senior living community gives you the chance to write the next chapter of your life focusing on the things that bring you joy. When you take away the stresses of taking care of a home by yourself, the possibilities of how you can spend your time open up more than you ever imagined. Picture living in a well-appointed apartment home — with the privacy to retreat to your own oasis whenever you please — but with a wealth of services and support, engaging activities and wellness programs, and top-notch amenities right at your fingertips.

**Tour our community today and receive a complimentary lunch in our Four Peaks Restaurant!**



**McDowell Village**  
MBK SENIOR LIVING

Contact us at  
[McDowellVillage@mbk.com](mailto:McDowellVillage@mbk.com)  
or (480) 400-8510

8300 East McDowell Road, Scottsdale, AZ 85257 • [McDowellVillage.com](http://McDowellVillage.com)

INDEPENDENT & ASSISTED LIVING





## CAREER SERVICES

Vista del Camino Community Center

7700 E. Roosevelt St., Scottsdale, AZ 85257 | 480-312-2323

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Career Center"

Career Center Hours: Mon – Fri | 8 am – 5 pm | 480-312-0060

### CONTACT:

Sheila Williams, 480-312-0058 | [SWilliams@ScottsdaleAZ.gov](mailto:SWilliams@ScottsdaleAZ.gov)

The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities-all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.



## Sign Up With A Career Coach!

Career Coaches are available, virtually or in-person, to assist job seekers with essential employment strategies including:

- Resume development
- Job search strategies
- LinkedIn consultation
- Employment referrals
- Interview preparation

### ADDITIONAL EMPLOYMENT SERVICES:

- Employment Referrals
- Webcam for digital interviews
- Career Closet



## Download our Career Center Events Calendar!

Get the most up-to-date information and view our upcoming career help programs.

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Career Center"

**STAY CONNECTED!**  
Scottsdale Vista Career Center



## CAREER CLASSES

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

### THE BACK TO WORKSHOP!

Learn new strategies to prepare for this new job market: resumes, online applications, digital interviews and more.

Th	10:30 am	4/10	FREE	Civic Center Library
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### INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th	10:30 am	5/8	FREE	Civic Center Library
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## SCOTTSDALE FAMILY RESOURCE CENTER

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

Stay updated on events and children's literacy programs by downloading our Community Calendar! Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Scottsdale Family Resource Center" or call 480-312-0038.

## FAMILY PLAY TIME / TIEMPO DE JUEGO FAMILIAR

This is a free weekly program for parents and caregivers that provides an opportunity to explore and play with your child (ages infant – Pre-K) in a safe, indoor, open play area. We provide developmentally appropriate furniture, materials, and hands-on activities. Families can drop in anytime during the program hours. Registration is not required.

*Este es un programa semanal gratuito para padres y cuidadores que brinda la oportunidad de explorar y jugar con su hijo (de bebés a preescolar) en un área de juegos abierta, segura y cubierta. Proporcionamos muebles, materiales y actividades prácticas apropiados para el desarrollo. Las familias pueden pasar en cualquier momento durante el horario del programa. No es necesario registrarse.*

Th	10-11:30 am	Weekly	FREE	FRC
F	10-11:30 am	Weekly	FREE	FRC
2 <sup>nd</sup> Tu	5-6:15 pm	Every Month	FREE	FRC

### Scottsdale Family Resource Center

6535 E. Osborn Road | Scottsdale | AZ 85251 | Building 7

*¡Se habla Español!*

SUPPORTED BY

## SOCIAL SERVICES

Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Vista del Camino."

### Back-to-School



Ensuring every student has everything they need to succeed in school.

### Food Bank



Food boxes and other services to those who need it.

### Adopt-A-Family



Every family deserves a holiday season full of celebration.

### Utility Assistance



Eligible Scottsdale residents can apply and receive assistance.

### Emergency Rent & Mortgage Assistance



One-time support for families facing unexpected challenges paying their rent or mortgage

### Eviction Prevention



We have the resources for support when needed.

## SERVING AND BRINGING TOGETHER THE COMMUNITY

Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

### PAIUTE NEIGHBORHOOD CENTER



6535 E. Osborn Road, Scottsdale, 85251 | 480-312-2529  
 Mon. - Fri. .... 8 am – 5 pm

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

#### RESOURCES:

- Social Services
- Community Workshops & Events
- Food Bank
- English Classes
- Scottsdale Bar Association Legal Clinic
- Monthly Coffee & Community
- Family Resource Center
- Housing and Community Assistance
- Head Start, Hirsch Academy, and SARRC

### VISTA DEL CAMINO COMMUNITY CENTER



7700 E. Roosevelt St., Scottsdale, 85257 | 480-312-2323  
 Mon. - Fri. .... 8 am – 5 pm

Vista del Camino is Scottsdale’s Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

#### SERVICES LIKE:

- Food Bank
- Utility Assistance
- Career Center
- Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance

#### COMMUNITY ENGAGEMENT PROGRAMS:

- Family Recreation Program
- Leisure Education Classes

## SPRING FAMILY RECREATION PROGRAMS [ALL AGES]

This City of Scottsdale program at the Vista del Camino Community Center offers dynamic recreational opportunities for families to engage in safe, enriching, fun activities to include arts, crafts, games and light refreshments. The program is FREE to the community. Participants are expected to attend all sessions they registered for.

### APRIL

#### APRIL SHOWERS BRING...

(ages all / 180 min / space is limited) This program offers diverse activities that promote community engagement and family enrichment for all ages. What to expect: Educational program about growing plants from seeds and starting your own garden. Enjoy plant and gardening related crafts and go home with some seeds of your very own.

F	5:30 pm	4/4	FREE	VDC
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#### TIE-DYE NIGHT

(ages all / 180 min / space is limited) This program offers community engagement and family enrichment opportunities for all ages. What to expect: Make your own tie dye! Bring in a white shirt or item of clothing and we will provide dye and teach you how to make vibrant tie dye clothing to take home and brighten up your wardrobe.

F	5:30 pm	4/18	FREE	VDC
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### MAY

#### ... MAY FLOWERS!

(ages all / 180 min / space is limited) This program offers community engagement and family enrichment opportunities for all ages. What to expect: Crafty night to create bouquets of paper flowers that make great decorations or maybe even great Mother’s Day gifts for Mom.

F	5:30 pm	5/9	FREE	VDC
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#### SPRING FLING

(ages all / 180 min / space is limited) This program offers community engagement and family enrichment opportunities for all ages. What to expect: Outdoor field day! Lots of fun activities including, cool treats, cornhole, parachute games, water balloon toss and more!

F	5:30 pm	5/23	FREE	VDC
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## HOUSING & COMMUNITY ASSISTANCE

Federally and locally supported programs that improve the quality of life for low to moderate-income families and assist in the stabilization of Scottsdale neighborhoods.

Housing and Community Assistance Office administers the city's affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

### ▪ Housing Rehabilitation Programs:

- **Green Housing Rehabilitation Program** offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
- **Roof Repair and Replacement Program** provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
- **Emergency Repair Program** provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.
- **Operation Fix It (OFI)** program provides assistance to address code enforcement referrals and issues related to health and safety on the property. OFI works in the community with dedicated volunteers and city staff to assist Scottsdale homeowners.

## Rental Assistance Programs

**Housing Choice Voucher Program** - The HUD housing choice voucher program (HCV) is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants are able to find their own housing, including single-family homes, townhouses and apartments.

**Veterans Affairs Supportive Housing** - The HUD-Veterans Affairs Supportive Housing (HUD-VASH) program combines HUD's Housing Choice Voucher (HCV) rental assistance for homeless Veterans with case management and clinical services provided by the Department of Veterans Affairs (VA).

**Foster Youth to Independence** - HUD Foster Youth to Independence (FYI) vouchers are Housing Choice Vouchers designated for child welfare involved individuals. They provide dedicated rental assistance to support youth who are exiting foster care and are at risk of homelessness, or who have become homeless after having been in foster care.

**Family Self Sufficiency** - The HUD Family Self Sufficiency (FSS) is a program that enables HUD-assisted families to increase their earned income and reduce their dependency on welfare assistance and rental subsidies.



### Landlord Connection

Wednesday | April 2  
9-10:30 am

Paiute Neighborhood Center  
6535 E. Osborn Road | Bldg. 9

Join Scottsdale's Housing and Community Assistance Office for an informational presentation about the housing programs we offer. Learn about resources, services, and benefits available to landlords, as well as a Q & A session with staff. We are eager to make this partnership a success.

### Housing and Community Assistance

6535 E. Osborn Road | Bldg. 8  
Scottsdale, AZ 85251

Phone: 480-312-7156

TDD: 480-312-7411 or AZ Relay 7-1-1

#### Contact:

[ScottsdaleHousingInfo@ScottsdaleAZ.gov](mailto:ScottsdaleHousingInfo@ScottsdaleAZ.gov)  
Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "HCA"

# SCOTTSDALE

SPRING 2025 - APR | MAY

# explores

## SPRING IS A GREAT TIME TO ENJOY THE PRESERVE!

Scottsdale's McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. amenities vary at each trail head; visit the City's website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and searching "Preserve Maps."

The Preserve is divided into two primary regions – the Southern and Northern.

- The **Southern Region** is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.

**Trailheads: Sunrise, Lost Dog Wash, Gateway, and Tom's Thumb.**

- The terrain of the **Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

**Trailheads: Pima Dynamite, Brown's Ranch, Fraesfield and Granite Mountain.**



### BROWN'S RANCH INTERPRETIVE TRAIL

Enjoy this new installment in the northern region of the McDowell Sonoran Preserve! The trail features 20 interpretive stops along a roughly 0.3-mile trail. Signage at the stops provide educational messaging and graphics regarding the various historic remnants of the ranch.

## PINNACLE PEAK PARK

**Pinnacle Peak Park | 26805 N. 102<sup>nd</sup> Way**

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It's a great hike for all ages and activity levels – with fantastic views!

**Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Pinnacle Peak Park"** for more information about the park, trail information, hours and more.

*\*Dogs are not allowed on the Pinnacle Peak Park trail.*



## PINNACLE PEAK PARK EVENTS

### FULL MOON & SUNSET HIKES

These cool evening hikes to the Grandview Overlook allow visitors to experience the park after hours at their own pace. These 90 minute, 1.5 mile hikes are safe and fun for the whole family! Staff and volunteers will be on the trail to assist visitors and answer questions. No fee but registration is required. Meet at Pinnacle Peak Trailhead

Sa	4/12	6:30 pm	Sunset/Full Moon
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### ASTRONOMY EVENINGS

NASA Solar System ambassador Mark Johnston will highlight that evening's visible objects, including planets, multiple star systems, globular clusters and nebulae through a high end refractor telescope. Beginners are welcome and no hiking is required. Participants are encouraged to bring binoculars and a small penlight flashlight.

F	4/18	7:30 pm
F	5/2	7:30 pm

### WILDLIFE DISCOVERY

Local non-profit wildlife rescue, rehabilitation, and education organizations will be near the Ramada exhibiting live animals. This education opportunity is free for visitors of all ages.

Sa	4/12	10 am	PHX Herpetological Society
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For all event information, visit [ScottsdaleAZ.gov/parks/pinnacle-peak-park/tours-and-events](http://ScottsdaleAZ.gov/parks/pinnacle-peak-park/tours-and-events)



MCDOWELL  
SONORAN  
CONSERVANCY

conservancy women

# *Learn. Support. Connect.* **Join Conservancy Women Today!**



**Conservancy Women** is a friend-raising and fund-raising group of philanthropically minded individuals interested in learning more about the Sonoran Desert.

Members of **Conservancy Women** make an annual donation of \$200 to the McDowell Sonoran Conservancy.

**In addition to fun educational and cultural events, Conservancy Women offers:**

- Book Club
- Movie Group
- Hiking Group
- Walking Group
- And More!



Scan to sign  
up now!



Support the Conservancy, make new friends, and learn about the desert in which you live!

**Sign up today at: [mcdowellsonoran.org/conservancywomen](https://mcdowellsonoran.org/conservancywomen)**



# WESTWORLD

O F S C O T T S D A L E

WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

Learn more about these events  
at [WestWorldAZ.com](http://WestWorldAZ.com).



# SCOTTSDALE COMMUNITY SERVICES

**44  
PARKS**

**30,500  
ACRES OF  
PRESERVE LAND**

**11 TRAILHEADS AND 232 MILES  
OF NON-MOTORIZED TRAILS  
IN THE PRESERVE**

**982 TOTAL  
ACRES**

**37 PLAYGROUNDS**

**5 URBAN  
LAKES**

**74 ATHLETIC  
FIELDS**

**39 BASKETBALL  
COURTS**

**3 OFF-LEASH  
AREAS**

**4 AQUATIC  
FACILITIES**

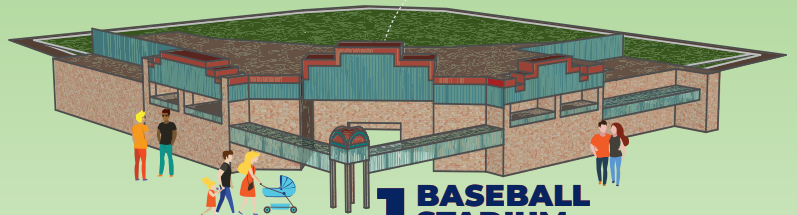
**35 VOLLEYBALL  
COURTS**

**30 PICKLEBALL,  
RACQUETBALL &  
SQUASH COURTS**

**6 SPRAY  
FEATURES**

**2 SKATE  
PARKS**

**49 TENNIS COURTS  
2 TENNIS CENTERS**



**1 BASEBALL  
STADIUM**

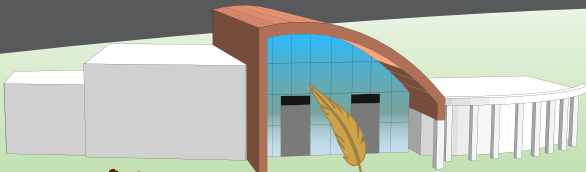


**1 RAILROAD PARK**

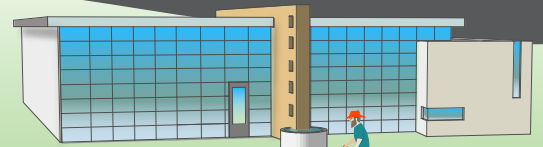


**3 EQUESTRIAN  
FACILITIES**

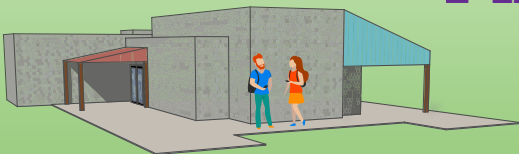
**123 MILES OF PAVED PATHWAYS, 156 UNPAVED**



**4 PUBLIC  
LIBRARIES**



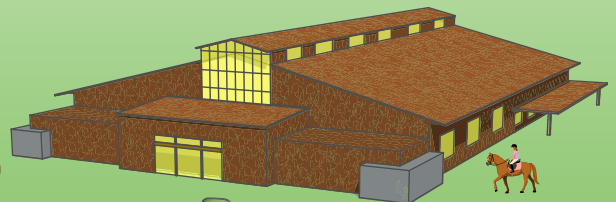
**2 SENIOR  
CENTERS**



**6 COMMUNITY  
CENTERS**



**376 COMBINED  
SPECIAL EVENT DAYS  
AT WESTWORLD**



# SPRING COMMUNITY EVENTS



## APR

5-6

**Tents by the Tracks**  
*McCormick-Stillman Railroad Park*  
10 a.m. - 3 p.m.  
Visit [Therailroadpark.com/events](http://Therailroadpark.com/events)

4-27

**Tracks & Tunes Concert Series**  
*McCormick-Stillman Railroad Park*  
7. - 8:30 p.m. Sunday nights  
Visit [Therailroadpark.com/events](http://Therailroadpark.com/events)

5-25

## MAY

8

**Mother's Day Luncheon & Fashion Show**  
*Via Linda Senior Center*  
Noon - 2 p.m.  
See page 41 for details

24

**Dive-in Movie**  
*Eldorado Aquatic & Fitness Center*  
7 - 9 p.m.  
See page 25 for details



**View this guide online!**



Visit: [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) search "Activity Guide"

SCOTTSDALE  
**COMMUNITY  
SERVICES**