



JAN. ACTIVITIES

Senior Services

GRANITE REEF SENIOR CENTER ACTIVITY LIST

Activity Time Location

MONDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Open Arts & Crafts	9 a.m. - Noon	Room 6
Mah Jong	10:30 a.m. - 2:30 p.m.	Room 11
Monday Bridge	12:45 - 4 p.m.	Room 1

TUESDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Friendship Discussion Group	10 - 11 a.m.	Room 8
Chair Exercises	10 - 11 a.m.	Room 1
Backgammon	10 - noon	Room 10
Duplicate Bridge	12:45 - 4 p.m.	Room 1

WEDNESDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Walking Club	9 - 10 a.m.	GRSC Lobby
Open Arts	9 a.m. - Noon	Room 6
Current Events Discussion Group	10:30 a.m. - Noon	Room 8
Pinochle	Noon - 5 p.m.	Room 11
Prickly Pear Duplicate Bridge	1 - 4 p.m.	Room 1
Table Tennis \$2 drop-in	1 - 4 p.m.	Room 2

THURSDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Double Deck Pinochle	10 a.m. - 3 p.m.	Room 12
Chair Exercises	10 - 11 a.m.	Room 1

Activity Time Location

THURSDAY:

Open Chess	11 a.m. - 3 p.m.	Room 5
Blood Pressure Check		
2nd & 4th Thurs	11:15 a.m. - 1:15 p.m.	
Canasta Newcomers	Noon - 4 p.m.	Room 10
Current Events Discussion Group	Noon - 2 p.m.	Room 8
Canasta	Noon - 5 p.m.	Room 11
Ballroom Dance \$8 Fee		
2nd & 4th Thurs	Noon - 2:30 p.m.	Room 2
Open Art	1 - 4p.m.	Room 6
Tremble Clefs	3 - 5 p.m.	Room 2
Senior Karaoke		
2nd & 4th Thurs	2 - 5 p.m.	Room 1

FRIDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Bingo	9 - 11 a.m.	Room 1
Scottsdale Strummers	10 a.m. - Noon	Room 8
International Mah Jong	Noon - 5 p.m.	Room 11
Friday Bridge	12:45 - 4p.m.	Room 1
Line Dancing	11:30 a.m. - 12:30 p.m.	Room 2
Scrabble	Noon - 5 p.m.	Room 12
Matinee Movie	1 - 3 p.m.	Room 8

SATURDAY:

Open Cards	8 a.m. - Noon	Room 11
Table Tennis \$2 drop-in	8 a.m. - Noon	Room 5
Fitness Center		
\$3 drop-in	8 a.m. - Noon	Fitness Center

GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group	1st Monday 1:30 p.m.	GRSC
Hospice of the Valley - Grief and Loss	1st and 3rd Tuesday 1 p.m.	GRSC
Scottsdale Amputee Support Group	2nd Wednesday 6-7:55 p.m.	GRSC
Tremble Clefs (<i>Parkinson's Support</i>)	Thursdays 3 p.m.	GRSC



Granite Reef Senior Center

1700 N. Granite Reef Rd | Scottsdale | 480-312-1700

