

Congregate Meals

January 2025

Week 1

Thursday 2nd	Egg Salad	Lettuce/Tomato Broccoli salad Croissant grapes Milk
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Week 2

Tuesday 7th	Beef Taco Salad	Pineapple Cheesecake Roll Milk
Thursday 9th	Baked Spinach and Feta casserole	Sweet Potato Mixed Vegetables Roll Mixed Fruit Milk

Week 3

Tuesday 14th	Chicken Manicotti	Roasted Potato Capri Vegetables Roll Mixed Fruit Milk
Thursday 16th	Chicken and Dumplings	Broccoli Salad Mixed Vegetables Roll Peaches Milk

Congregate Lunch Program 480-312-5810. Please call two days advance.

Congregate Meals

Week 4

Tuesday 21st	Greek Chicken Salad	Grapes Pita Cookie Milk
Thursday 23rd	Stuffed Cabbage	Green Beans Roll Peaches Milk

Week 5

Tuesday 28th	Cheeseburgers	Lettuce/Tomato Baked beans Peas Mixed Fruit Milk
Thursday 30th	Tuscan Turkey Stew	Brown Rice Green Beans Pea Salad Biscuit Apricots Milk

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