Scottsdale Mayor's Youth Council

Presents

Essential Life Skills for Success

Join the Scottsdale Mayor's Youth Council for an interactive event designed to prepare you for life beyond high school!

Take part in three expert-led breakout sessions covering essential life skills:

Nutrition: Hear from Blue Zones Aly Axelrod, Nutrition Consultant on how to shop smart and make healthy choices on a budget.

Financial Literacy: Master the basics of budgeting and managing your expenses.

Personal Success in College & Career Skills: Engage in discussion with Tawni Rachel, Counseling Faculty member from Scottsdale Community College on how to develop strategies to thrive in academic and professional environments.

> **Food** Choices

Financial Smarts

Conflict Resolution





ASU Sky Song | Building 1 Global Room 201 1475 N. Scottsdale Road

Free dinner, raffle prizes and fellowship.



To Register Scan QR Code







